



**CONSULTATION AND TRAINING ON CHOIR CONDUCTING  
PROGRAMME (Ni 17-18 September, 2025)**



**CKKP LEH SYNOD CHOIR KALSUANNA (PYF 25th BIENNIAL  
CONFERENCE cum GOLDEN JUBILEE CELEBRATION, FALKLAND AIZAWL  
& TUIKUAL KOHHRAN)**

To,

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**Hinna Vâk**

AN ORGAN OF THE TANGPHAI PRESBYTERIAN CHURCH



KOCHUAM NGAISAK

- Khristian Sum Matdan Pha
- Khamthei I Do Nau Em?
- Nauhual Kikhawp Matdan

**EDITORIAL | SERMON | KOCHUAM HUANG | REPORTS | SÛNNA ETC.**

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### A SUNG AH THU UMTE

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Hinna Vâk ah thu kisua zosia hi Editor ngaidan a hi suak puai



## Pauchapna Thupi:

1. Kochuamte'n Beigual tha thagaulam malzawlna tamtak tawh i mat thei ziak un kipak thu gen hitiu.
2. Presbytery tin te'n Presbytery Kikhawmpi Taksa leh Thagau ah lawting tak ah i mat chiat thei ziak un kipak thu gen hitiu.
3. Maban ah Kochuam Nibik/ Ni pawimawte Kochuam te'n lawting tak ah i mat theina ding un Pauchap hitiu.
  - 1) NEICC Pauchapgual
  - 2) Nauhual Kikhawp
  - 3) Kochuam Numei Ni
  - 4) Khawvel Sunday School Ni
  - 5) Synod Kikhawmpi
4. Gamsung buaina ah panlatu pawl chuam chuam ah puitute â ding in pauchap hitiu.

## DIKTATNA A H'EM DIKTATLONA?

HINNA VÂK simtu dawitakte thokit Jesu Khrista min in chibai!

Tulai Khristian hinkhua ah i taksap uh tam tak lak ah diktatna hi le a pang hi ti leuhin genkhial puai'tiu. Nisîn ah i khawsawkdanteu et in diktatlona hi a dik gual ah ngâi ah hinkhua mang hita leuhin a kilawm hi. Diktatna hi gingtu dik tak teptena a hilam helo gual in i khawsa zo tau. A khawk khawpmai hi.

Electric Department ah sem mi pakhat tawh gari chung in ka chuang khawm ua. Ka holimnau ah chun Electric Bill sân thu ka vak dawt leh, ama chun, “Electric Bill a sân ziaik chu a **gûk ah vâkte** leh **connection bawlo** zosia â tawh ki-**bill** khawm sek a hi” ti in ei dawnhu hi. A dik leh a diklo vang ka he pua, dik ngei ding in le ka gingchai.

Ka ngaituana ah hung um chu- Khristian ka hi kiti, kochuam mi leh sa hi ngal, Biak In ah kikhawm zing, diktatlo leh gin umlo bangzat phet a ki-um ta diam? Government Tax, Tui Bill, Electric Bill leh a dang dang ba leh pelo bangzat a ki-um ta diam? Tuilawng a gûk ah vit ah tui ne bangzat a ki-um diam? Posting na mun ah chialo a h'em semlo bangzat law la a ki-um diam? Mi â di nêkgûk piak lah beilo. I Job Card kuandanteu le et thak ngâi ina. Sawm ah khat pelo leh pe diklo bangzat phet a ki-um ta diam? Diktatlona chi chuam chuam i taklat lai un mi diktat le i bei puau ti hi le he kit leuhin. Govt Teacher khenkhat sêmlo ah law la nuamlo a um ui. Job Card, BPL Card, Old Age Pension leh PM Kishan diklo tak ah bawl nuamlo le i um kit ui.

Kochuam sung ah diktatlo leh ginumlo zosiate Bible ah kigen, Anania leh Sapphira te nupan gual ah thi di hi leuhin i gam sung ua hing hawi di hi kitam khel pua'na. I Biak In chutna teu hile tam tak hawm ngei ina. Unau, nang in Diktatna or Diktatlona khawi zawk la têt zaw diam leh?

Nisîn ah i thilhi, nasepna leh i thilpiak teu ah hin ginum tak leh diktat tak in i bawl nau em? ti hi kidawng chiat hitiu. Pathian thu chun, “*Thi tiang in ginum in um in, tichun hinna Lallukhuk mu'nla*” ti thu ei tiampiak ngal ah. Gingtute hi chu diktatna hinkhua mang ding in Pathian in ei phût a hi. Lalpa'n simtute zosia malzawl chiat ta hen!



**Kochuam Huang**

## **Presbytery Kikhawmpi 2025 matzaw hita**

Tangphai Provisional Synod nuai ah Presbytery palite chun Ni 9-12 October 2025 sung in Presbytery kikhawmpi buaina umlo ah i matzaw chiat ziak un kipak a um hi. Lamka South Presbytery chun Mata Pastor Bial, Lingsiphai kochuam ah Kikhawmpi 14-veina mangin Kochuam Upa 7 puanlatna a nei ui. Lamka North Presbytery chun Lamka Pastor Bial, Nazareth Kochuam ah Kikhawmpi 14-veina mang in Kochuam Upa 4 a namdet ui. Tanggam Presbytery chun Kawlhen Pastor Bial, Kawlhen Kochuam Biak In ah Kikhawmpi 14-veina mang in Kochuam Upa 4 a namdet u'i. Lamka Central Presbytery chun D. Phailian Pastor Bial, Jubilee Kochuam ah Kikhawmpi 1-veina mang in Kochuam Upa 10 a namdet ua, Kochuam Upa 3 puanlatna a nei bawk ui. Rev. C. Lalremruata, Consultant chun Lamka South Presbytery a va matpi ah, Rev.

Kamkhotinthang Neihsial, Executive Secretary in Tanggam Presbytery a va matpi ah chuleh Upa Tinliankham, Finance Officer in Lamka Central Presbytery a va matpi thei hi.

## **Nauhual Kikhawp**

Sunday School Kikaihuaaina Bung 9na dungzui in Nauhual Kikhawp hi Kochuam tin in mangchiat thei ding ah kineppi ihu a, tukum 2025 ah hin Ni 26 October ah Nauhual Kikhawp mang di i hui. Nauhualna Card hi Synod Office ah lak thei zing a hi. Nauhual Kikhawpna hi Kikaihuaaina dungzui in ziagual ah hin mat di a hi.

- Puitu : Beginner Dept. Leader
- Pantu : Bible sim leh pauchap
- La sakkhawm
- Thawmlawm lakkhawm
- Nauhualna leh thugen chawm
- Solo/ Bible châng gen
- Nau Hualna Card hawpdawna
- Nausente pauchappiakna
- La Sakkhawm
- Tawpna

## **Khawvel Sunday School Ni**

Kochuamte'n kumsin ah i lah mat zing Khawvel Sunday School Ni chu Ni 2 November, 2025 hi hung hikik di a hita, i

## HINNA VÂK

Synod Puitute'n tukum thuzil ding ah ei guatpiak "Robert Reikes" Piting thuzil leh "Mary Jones" Naupang thuzil ah kipat malzawlina tamtak tawh Khawvel Sunday School Ni mangthei chiat ding in kisakhawl hitiu.

### **Synod Kikhawmpi 4-veina**

Synod Kikhawmpi 4-veina chu November 17-23, 2025 sung in Gangpimual Pastor Bial zintunna in Gangpimual Kochuam Biak In mun ah mat

hidi a hi. Ni 17 & 18 November, 2025 ni'n Synod Executive Committee Meeting um intin, ni 19 November, 2025 ni'n Synod Pastoral Committee leh ni 20 November, 2025 ni'n Synod Nomination Committee Meeting um di a hi. Synod Puipate, Committee chuam chuamte, Palai-te, Zintunte leh Kikhawm di zosiate'n Taksa leh Thagau ah Synod Kikhawmpi i lawkpi chiat theina ding un Pauchapna'n delzui zing hitiu.

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**Alexander MacLaren:** "Khrista ah um i hi chun hun chiasate chu hiatmil a khawp pua, hun hung tung di- mabân di ngaitua ah buai a ngâi pua, tulai tak hun â ding ahin taimat a kisua thei sek hi."

**Charles Finney:** "Revival chu bangma dang a hi pua, Pathian thu awi ding ah a thunuai ah kituklut thakna a hi pen hi."

**Peter Marshall:** "Thilpha neucha kibawl chu thil lopi tak kilemguat sang in a pha zaw'i."

**John Newton:** Mi'n Pathian tawh a kikâl a sukfel a hi chun midang chung in a dawthei a, ama leh ama chu dawichilgil tak in, nasa tak in a kithunun sek hi. Pathian tawh a kikâl fellote chu midang chung in a dawichilgil ua, ama leh ama chu vang a kiduat ah, a tinalona leh fellona te ah le a kingâithiam ma ma sek hi."

# KOCHUAM NGAISAK

~ Rev. Ph. Thianneilal  
i/c Delhi Presbyterian Kochuam

**K**ochuam ngaisak tihin ei kawkmawp chu Pathian ngaisak ti hi a hi. Zia thumal panite hi khentheilo paisa-thik (*coin*) lelam-lamgual a hi. Thagaulam thu in kigen taleh mi'n Pathian a ngaisak chun Kochuam a ngaisak ngei ngei sek a, Kochuam ngaisakte chu Pathian ngaisak leh Pathian mite ti a hi sek u'i. Himaleh, tulai (*post-modern*) hun ahin taksalam leh khawvella lunggulna ziaak a (*hukdamna leh thagau ah masawn leh changkanna di le hi diak lo ah*) Kochuam hi kapu-kapate phudaw, ka umna lui a hi tia maww ngawlp i ziang le a um thei a, ziate chu Pathian ngaisak a hiloleh Kochuam ngaisak ti hin a genchian zo khello maithei a hi. Tuni i gennawp pen uh chu Thagaulam ah Pathian ngaisakna tak tak ziaak ah a lo theilo ah Kochuam ngaisakna hung um, Khrista ah zungkaina tak tak chu a hi. Kochuam ngaisak i hi leh i hilo kietchianna di leh Kochuam diktak chu i hi ua, i ngaisak deu deu theina dingun hiat di pawimawte a ban ban in vak taklang hitiu.

**1. Bible ah Kochuam hi bang a hi em?** Kochuam i tiu hi Grik pau ah '**ekklesia**' (ἐκκλησία) ti a hia, 'ko dawte' (*those who are called out*) a hilo leh 'kipunkhawm' (*assembly*) tina a hi. Grik society a chun khua leh tui (*citizen*) mipite pungkawm ding ah kodawte tina a hi. Hebrai pau a chun '**qahal**' (קהל) a hia,

'pungkhawm' leh 'Pathian mite pungkawm' (Dan 9:10, Neh. 8:2) tina a hi. Septuagint Greek Bible a chun 'qahal' chu '**ekklesia**' tiin a letdaww u'i. English pau ah 'Church' a tiu hi '*cirice*' (*Old English*) leh '*chirche*' (*Modern English*) ah pat kisiam a hia, ei pau ah Kochuam i tiu a; Grik pau ah 'kuriakos' ti paumal

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kilet dawk a hia, zia chu ‘Lalpa â’ (*belonging to the Lord*) tina a hi. A dik tak a chun Kochuam hi Lalpa â, Lalpa mite tina a hi. Thagaulam ah Kochuam (*spiritual meaning of the Church*) chu building hilo in gingtute genna a hi (“*Zia suangpi chung ah hin ka kochuam chu lem ingka tin; mithi kul kotkhak chun lang zo pua’na*” - Mat 16:18). Khrista taksa a hi (“*Nanghaw hi Khrista taksa ah a bâte la hi chiat ui*” – 1 Kor. 12:27). Khrista Mo a hi (Eph. 5:25-27). Pathian chenna In -temple a hi (1 Ko 3:16). Ko dawte, mithiangtho teldawte a hui (1 Pe 2:9). Kochuam chu khawvel ah pat ko dawte, Pathian â ding a kikawi chuam leh hukdamte kikhawp khawmna a hi.

### 2. Kochuam i hiatdan tangpiu

Ei un Kochuam ti ah i hiatdan tangpiu hi khawvel mun chuam, chi leh nam chuam chuam ah gingtuten Thugin (*doctrine*) leh hidan, gindan leh chiadan (*tradition*) chuam chuam zia a **pawl min** chuam chuam ah kikonate hi a hi. Etsakna: Presbyterian Kochuam, Baptist Kochuam,

Evangelical Kochuam, Pentecostal Kochuam, UPC, tite hi a hi. Bible hi Kochuam thil ah “*Têna diklo theilo (infallible)*” a hi dungzui in Bible in Pathian Kochuam a ti lai ah “*Pu Dikthanga Kochuam*” kiti ziang taleh a diklo a hi. A dik tak a chun mihingte hi kihepi tua in, kipumkhat in, kihethiam tua in Kochuam khat chau a hin ki-um khawm thei leh zia chu Jesu pauchapna hibukimtu le kihi mai ina. Khawvel pumpi ah hin Kochuam pakhat bep um taleh a min di chu “*Pathian Kochuam - Church of God*” ti hi mai intin Bible tawh kituak chet di a hi (1 Ko 1:2; Nas. 20:28; 1 Ko 11:22, Gal. 1:13; 1 Ti 3:15). Chutileh, a nawp didan leh i kipumkhat diu dan, missionary nasepna ah le i pankhawm thei didan uh hi nasa ma ma di a hi. A gam gam ah i kochuam min diu chu Church of God in India, Church of God in USA, Church of God in UK, Church of God in China, Philipian, Australia, Brazil, Italy, etc. Chutileh, Head Office munkhat in kinei intin, sukgentheina leh haksatna a gam gam in i tuak teu agenda

genkhawmna um thei intin, panlak nawp ma ma di a hi. Pankhawm didan ka vak suangtua sek a, keima mimal ahin nawp tuak kasa ma ma sek hi. Tu i umdan uh hi, Manipur buaina hung um a hin “Khrista Taksa - Kochuamte” i kipumkhat theilodan uh ka muchian ma ma hi. Kochuam hi pumkhat hileu hin unau nam chi chuam chuam lak ahin le ziagual ahin kituaklona um ding in ka gingcha puai. Nam neucha hileu hinle Vaiphei nam hin puitu masate sepguan dungzui in kochuam khat bep chu a la himan leu hin tuchung gal ahin le hiti lawm lawm ahin genthei puai tiu, mi musit inle kium khello maithei a hi. Tuhin Kochuam sang ah **pawl min** i ngaisak zawk ziaak ua Pathian Kochuamte kipumkhat theilo i hiu.

**3. Pawl (Denomination) Dik leh Diklo a um diam?** A tângpi in khawvel ah Kochuam chuam chuam puitute gendan in Jesu Khrista a mit ngei ah mutute leh a nungzuite’n Jesu a ginnau, Pathian Thu a lah kihilnau leh hinkhua thiangtho a matdan uh tawh kituak

ah Kochuam leh pawl min chuam chuam a la phudawk teu, tulai ah mainline church itiu (*Evangelical, Reformed, Baptist, Methodist, Presbyterian, Lutheran, Anglican, Pentecostal, Orthodox, leh Catholic*) tite hi a lim ah a ginna pangai uh, Pathian thu a hiatteu, hinkhua thiangtho a matdanteu a zui zing ua leh denomination dik a hiu a tiu hi. A dang hi chu bang min kisak leu le Jesu nungzuite leh apostlete hun phu chuleh amau ah pat kilasawn a hi ta puau a, mi tawh kituaklo ziaak a pawl dang hung kisiam a hin, a dik lo a hiu. Thagaulam hinkhua â ding ah le lau-um a hi a ti sek u’i.

**4. Kochuam ngaisak a pawimawna:** Kochuam hi kipak ni leh lusûn ni bep ah bel di hilo a hi. Mi khenkhat chu kichenna bep in kochuam a vak mang ua, a kichen zaw tak uh leh Kochuam leh Pastorte bangma simlo, thulaklo in, ama nawpdan dan in Kochuam le hilo, pawl siamkawm fellowship ah ten a va pang un a thamuanpi ma ma sek tau a hi. Kochuam mite leh Pastorte kipâklona ah um hi

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launa châng le a he diak puau. Mi umdan phalo chu gen di le kisanla um a hi. Maleh, bangkim a phatlai in a pha mai ah, siatni a hung tun kit phat leh Kochuamte ma a hung bêl kit sek ua, Kochuam chu Pathian chate, hepina haute a kihi nai! Maleh, i umdan uh hi ki-enchian thak tiam hitiu. Pathian thu'n a gendan hi Kochuam kikhawpnate hi a ngaipawimaw ma ma hi. "Mi khenkhatte gual in i kikhawpnateu haisanlo in, kitîlhat tua chiat hitiu, ni chu a nai tai ti la het ua leh kitîlhat tau in" (Heb. 10:25). Amau chu i pawl ua kipat a pawtdawk tau a; himaleh, i pawl ua pang a hi puau hi; i pawl ua mi hileu chu i lak un um zing di a hi ngal un. Himaleh, i pawl ua mi a hilodan uh kichetna ding in a pawtdawk tau hi (1 Jn 2:19). Bible gendan gual tak hile chu a chungchang thu ah khut kisawp mai ut a um chang a um sek hi.

**Thutawpna:** John Calvin chun, "Kochuam hi Pathian Thagau chenna mun a hin, ngainep chu Pathian chenna In (*temple*) ngainepna a hi," a ti. Charles

Spurgeon chun, "Kochuam ngaisaklote chu mei-âm meikuang ah pat kiladawk tawhbang a hin, chawmlo kal ah hung vawt tana," a ti. Chuleh, hukdamnalam in le Augustine chun "Kochuam pawlam in hukdamna a um puai," a la ti hial hi. Cyprian chun Thupuan 21 ah Pathian in ama gingtute Pathian a hi di thu a genna kha hilchianna'n, "Kochuam a nu gual ah neilote chun Pathian chu Pa gual in nei thei puana," a ti kit hi. Chuti a hi ziak in unaute haw, bang pawl pawl a hem khawvel ah umnawpna leh lungawina di tam nan ah himaleh nangma lunggel bep in pil kisa kinla, Pathian muang in haksa leh le a Kochuam chu nu nei in nei gaw ham ham hitiu. Chutileh, i Kochuam dam intin, nangma le dam in la tin, Upa leh Pastorte le dam in au. *La hotuteu thu mang unla, a nuai un kitulut un; amau in la thagau uh hun vêng bit ah, la chanchin uh hil ding a hi ngal un. Zia chu kipak tak leh thatho tak in sêm zawu hen, achutiloleh, nanghaw â dingin khawk zaw di a hi* (Heb. 13:17).

# KHRISTIAN SUM MATDAN PHA

(Haggai 2:8; Sam 24:1)

~ Rev. H. Lamthianmuan  
i/c Dumlian Pastor Bial

**Thumapui:** Mihing hinna ding ah nisîn pawimawpen (*basic necessity*) chawmtu leh mamaw chawkna ding ah ei thununtu (*influence*) chu sum a hi. *Artificial Intelligent* te mulawkdan ah chun, tunung leh sum in vaihawmlo in, Khawlthil mang ah kidawr tuana (*electronic transaction*) mang in i khawvel hung lua dim di a ti a hi.

Zia hun hung tung masang ah chun, tu hun ah sum mamawna leh ngainatna a lian ma ma ziang ah, i thâtzwawlo di khawp in mitin hinkhua a sawi nasa ma ma hi. Zia zia ah chun, sum suak leh sum suangkul ah pat Khristiante i zalen theina ding un, sum i laklutdan ah pat leh i matdan ah pat in pilvang hitiu.

## 1. A neitu hilo in, Vawpsaktu i hiu

Sam ziktu'n, "Lei chung leh a sung ah um zosia, khawvel leh a sung ah cheng zosia hi Lalpa â a hi" ati'n. Chuleh, "Dangka leh Sana zosia hi le kei â a hi ti'n Sepai hawnte Lalpa chun a ti a hi."

Job in, "...ngawnchang in ka hung pawtdawk in, ngawnchang ma'n kilekit di ka hi. Lalpa'n ei pia'n, Lalpa'n a lakit tai" a la ti a hi kha.

Mihing in vang zia hi kei â a hi, ka go khawlsa leh ka thil neisa a hi ti ding in kumkhawtuang ah nei den di bangma i nei puau hi. Pathian in lenggam le a bawtdawk ah midang kiang in a pesawn sek hi. Sum, nei leh go chungchang a hin, i thulo khawpmai u'i. Mihing dinmun a kibangpua, laklutdan le a kibanglo a hi. Lalut tam chun a mang tam ah, lalut tawm chun a mang tawm hi. Ahin, laklut zat sang

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in matdaw zat tawm zawthei leh chu, i thupi in a thiltuppen chu hi di a hi.

Pathian a neitu chun, sum leh pai ei vawpsak ah, ama tawh sum i vawpkhawmlo vang leh, damlona ziak ah te, tuaksiat tuak ziak ah te, i insung buai ziak ah te'n i neisa le ei lak mang piak thei sik sek a hi ti hiai tiu. Zia ziak chun, neitu chan i chang thei puau a, vawpsak ah um mai mai i hui.

### **2 Neitu sum, bang ti vawp phat di**

Pathian in ei piak mihingte'n i sepdaw theite chu; Bu leh bâl, thing leh gua, huan thai leh theiga, khut thiamthil leh hiatna ah kipat in sum i sua dawk ua, ziate chu vawpsak in i um u'i. Pathian in tamtak nei ding in ei dawi ah, niang leh tai ah la um theina ding un, a suhsethei; zu leh va, ganhing, khaubepi, a ga hût, a nget leh gucha te'n a neksiat theina ah pat la bit theina ding un Lalpa Pathian thupiak chu zawm un a ti a hi. (Mal 3:10, 14)

Pathian dawilolam tak sum vawpsak ah umte chun, a pung dawina ziak ah, mi dang khut

ah kawite, *society* matsakte, a thua ah hawpte, mamaw leh pawimawna ziak hikhello ah thil gun tak tak nei tupna te hin a neitu (Sum Neitu) lungthim put chu i bawl khalo maithei hi.

Sum leh pai sukpunna (*Invest*) hawitak chu Lalpa kiang ah tut hi a hi. Sepai hawnte Lalpa chun, "la In ua nek di a um theina ding in, la sawm ah khat ah te, la thawlawm thillat ah te, ga masa ah te leh thilpiak te ka kiang in hung chawi khawm un, tichun, ka vân tukvante hawng in a kawina'n a dawlllo di khawp malzawlina'n ka hun vuk paw na ve em, ei patep un" ti'n ei chial a hi. Zia thupiak chu i zui a hi chun, Pathian in tasam leh basam in ei kawi pua'ntin, a huntak ah i mattheina ding in a neitu kiang ah tut di a hi.

### **3. Vawpsak ah um, bang ti'n man pha tak ah mat ding**

Pathian ei piak sum enkawl zing (*stewardship*) i hui ti hezing kawm in, vawpsak ah um sum chu phachuam tak ah i mat theina ding un zia gual hin pilvang hitiu.

**(1) *La sum etkawl (nei) zat hechian in***

Sum mudan leh laklutdan a kibang puai. Sum mutam chun, a matna le a tam maithei hi. Ahin, la sum etkawl/ nei ah pat matthei di zat khêl ah la mat chun, bat nei la hi ngal hi. Bat nei ah thatdana khut chu, chatgana tuntú a hi tin ei hil hi (Tpl 10:4).

Ei ma sepgimna hilo ah, sum tang (*work scheme* ah pat) kaw-he guat hin, a kiakhakna awng hi le a lian ma mai ti het a phai. Sapte thuching in, “*easy come easy go*” a ti gual hin, ziagual thil bawl ah sum vawpte chun, a sum vawpsak ah um zat a hechian puau ah, a maitua ding uh, i gam a hin, *tax collector* leh *percent cut* tu di a kidai khawp mai hi.

La nei zat khêl in tawi kin, la hina khêl in um gaw kin, kuama ngaisâng law chuam puanla. Sum laklut tawm ziaak in lungthuai diak kin, la inveng pa vâksa la hi puai. Diktat tak ah la lawdaw a hi chun, a chiana

het in um intin, la matna di le tawm intin, la lungthim le thachawl pua’na. Pathian in a hung vawpsak la sum etkawl zat ah chun lungawi tak in um mai in.

**(2) *Sum mat masang in Pauchap phawt in***

I sum matna di zosia’n Pathian dawng zing leu hin, Pathian hetpina ngei ah chun, i dawí thil zosia chawk leh a lemchang taphawt chawkna ah pat in ei veng intin, i pawimaw leh mamaw ma ma bep chawk na’n i mang bep thei ding uh a hi.

Thil lam ding leh *project* liantak nei ding la hi chun, Pathian lemtipina la masa’n. In-satu chun, a In sakna ding ah sum lut di zat sût masa zetlo di kua hem um? Mi nuizat bûk ah In sazo theilo pa hi khâk di a lau um hi. (Lk 14:28)

La thil nei/ chawk in, nang â ding ah bang pawimaw awnghuk in la mang phachuam em? Mamawlo thil nei leh etkawl zui ngaite hin kitodelna di leh kinkhawk

kivenna bei in ei kawi a hi. La invengte thil nei awtcha kin ti a hi kha. La sepdaw zat ah pat la thil nei leh lam dawte ah kihilungawi theite chu a damdawi phapen a hi. Ziagual ah sum mangte chu a Insung dam intin, a zi leh chate chu Olive selthak gual in bit leh muang intin uh, a haksat hun in mualpho puan ah (Sam 128:1-6).

### **(3) *Khawvel changkangna'n kithuzaw sak kin***

La thil nei in na a septhei (*function*) naklai chun, a suak thakpen pen (*latest version/model*) nei guat a ngai puai. Lem channa khawvel ah minthanna di tup ah kitaitetpi (*competition*) di hawl a ngai puai. Bang gual tuk in kisiam hawi gawle chun le, nang â lo di te'n hung bel diak pua'na.

Leng Solomon in bawn a lopina zosia a kivan khan, zia hampa gamlak ah pakcha Lily, nikhat um ah a zing ah keugawp di bawn tuk zolo a hi a ti'i. (Lk 12:27) Nang, la kai-zatamte (*fans*)

kampha dawnna di mai ngaituana ziak in la hun leh sum manphatak chu mat chai di chu phal kin.

Gingtu hinkhua ah la lei taksa mit hi, la khawvel khualzinna mapuitu in mang kin, thepzaw in um kha'nla. Ahin, Thagaulam mit lunggil thiangtho tak ah Lalpa dawitelna hiatna mit chun kipuisak zawn. Chutileh, tu la damsung leh tunung â ding in go manpha tak khawl dawktu hi di la hi.

Tulai Khawvel changkangna'n a kentel, bailam tak ah sum muna, *Internet* ah pat *apps* chuam chuam mang ah sum laklut te, *games* kihel ziak ah sum mu dite, *online server* bawl ziak a te, *Stock marketing* leh sum pung dang invest-nate ah pat kikawi kâng in. Gingtu bawl ding in a kilawm puai. Lâ phuaktu khat in "Sep gimna chu chawl'na nuam a hi" a la ti'i. Khawsa-ul pawtlona gim leh tha chawllona hin *side-effect* tamtak ei tun thei a hi ti hiat a phai.

**(4) Budget guanggal in, zui thiam kizil in**

Sum vawpdan ah la kitaksan zawlo a hi chun, *budget* siam in la zui thiam didan kizil le chun nang â ding in phapen di a hi. *Budget* siamdan ah chun, la sum muna/ laklutna (*income*) di zosia a tawm leh a tam zil in sûtkhawm inla, la sum chiana di zosia guangtûp in. I thil chîn leh bawl zawmlo ding ah pha i sakte, i Inchên leh khawsakna suhbuai theite chu, bawlo ngam leh haisan ngam hi mi piting zemawitak a hi. Pathian ah kingazo in la, lei leh ha ei piak nak chun, a thai di le ei pekhawm di a hi.

I Kochuam in, Sum vawp didan ei ziltılna hi mang phachuam leu hin, ei un le kumsin in i budget-

te khumkhel in lawting tak ah kibulphuna det tak nei thei di i hiu. Khristian sum matdan pha chu nang in le mang/ zui thei di la hi. Zia chun, niang leh tai in um hitin uh, bangtik hun in buaina leh haksatna'n ei zintun hen la, bang gual emergency um leh le Pathian zal in mualpholo in galzo ngei ding i hiu.

**Thukhakna:** Kochuam kiziltılna hi gingtu hinkhua ah, khawvel hinkhua tawh zawtmat di chi a hi puai. Kochuam ah kiziltılna hi i Pathian lekha thu zosia tawh kituak ah i hinkhua ah mat ding ah kiziltılna a hi. Zia zia ah chun, Khristian sum matdan pha kiziltılna, chipchıl zaw diak ah zil di tamtak a umlai in, i kiziltıl thei sunte mang phachuam thei ding in Lalpa'n ei malsawm chiat ta hen.

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**THILPIAK MANTAM**

Hun kiti hi nang â ding ah thilpiak lulpen a hi. Sum tampi la lawdawk thei a, hun vang la siam thei puai, la lawdawk thei puai.

Mi kua a h'em khat la hun la piak hi la hunkhua bangtik ah le la mu kit taklo di pia la hi. Zia zia chun, thilpiak lulpen mi la piak thei umsun chu la hun mantam tak hih a hi.

~ Rick Warren

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# KHAMTHEI I DO'NAU EM?

~ Rev. C. Kailianson  
i/c Singngat Pastor Bial

**Thumapui:** Kum 2000 tuam vêl lak kha a hi ta, gâl leh tual a um mun ziaik leh, gamsung dinmun nêk leh châk haksatna ziaik leh khawtâng hindan mawng mawng a la niam ziaik in, sum leh pai hawlna a haksat ma ma ziang ah, mi hausa i la ti-teu kha le nêk leh châk kiningting-te kha a la hi bep u'i. Ziagual dinmun chu a hi ziaik in naupang cha cha-te le sum leh pai muna di a hi nâk leh kilawfa in nasem in a kipang sek hi.

Zia Article ziktu ngei hile zia dinmun lai tak ah hin kilawfa in ka la pang sek hi. Mi piting in chêng 250/300 nikhaw tha a law lai in, mun khat kilawfana mun ah chun naupang ziangte kha le chêng 300/350 leh 400 ziang le a kûl hun in ei la law sak sek u'i.

Genthei haksat lai tak, nekkawm ziang di le a kimu zaw seklo lai ah ziagual ah kilawfana di mun hawi tak mai ka la muna mun chu Thangting Tâng, tâng hausa tak mai leh nêk leh châk pianna mun hawi tak mai a hia; a tâng nuai ah khua tamtak umte haw khun Kani- Poppy a chinna mun uh a hi. A hun lai khan a genthei diakte chun a va kichîng pha pua, kilawfa ah a hang kipan thei kha le vângpha leh lawk kikisa ma ma ziang a hi.

Kani lei bawl-te demna nasa tak in a um nai puai. Mun

khenkhat ah chun a dodâl le a la um ngei in au, ahinla, kani lei bawl-te zâl in a lâwkpi a kitam ma ma ziaik le hi ngei in a, sawisêl leh demtu, tuhun gual lawm lawm a hin a lah um puau hi.

Kum 10 vel a hung chiat zet ah, i gam sung pumpi le gen nai da ingka, Thangting tâng dung leh a sevel ah chengte khua chu nei leh lam in a khangto ma mau a, ahinla, kani lei bawlte insung ah chun kani chêp/ kani addict khat bek hung um ta gual in a gen ui! Zia tiang ah hinle, tu hun

gual ah hin gen a law nai diak puau a, kum 20 zet a hung liam ah chun, khawsung tin in No.4 addict/ khamthei bawl a kawlichiat tau a hi. Tichun, i gamsung pumpiu a, khamthei addict i hung pun nasat ma ma phat un, i hung pau puak pan ua, ahinla, sial lut nung ah sial dai kai gual mai in, a suksiat thei didawl cheng chu a susia ta a hi. Tuni chan in le Kani lei bawl a um zing ui ti thu hiat a hia, mun khenkhat vâng ah chun No. 4 bawl na machine ziang le bawl daw in a um tai a tiu a hi! A tak leh taklo vâng ka hechian puai, ahinla, ka ginglâ kei puai!

‘Khamthei’ ti thumal a git phat phat leh i lungthim ua um masapen leh i suangtua masak pen uh chu Brown Sugar, No. 4, Ganja (Marijuana), WY, RP, Dendrite, Zu te haw a hi tângpi hi. Chun, mihing khamthei bawl ah i ngaite le umna di le helo, a dung a vai ah vak vel vel ziang, gawng deu deu ah thîksia chawm kawm kawm ah sun leh zan umlo ah vuang pai vang vang te haw khu a hi deu tângpi hi. A dik hi! Lelanghatlam tak in ziagual hin ngaitua kit leu hin, amau bep haw khu khamthei

bawl hui henla, amau bep hawn a bawl uh bep chu i gam ah khamthei um hileh, tuni hun ah i thupi hi i chanchin bu ah hin zik ngai khel ding in ka gingcha pua, i kochuam leh i khawtâng hin ziagual lawm lawm ah hi i ngaisak uh leh i buai piu ngailo di a hi!

No. 4, Dendrite, WY leh a dang dang-te haw bep hi i gam chawkbuai leh i insungteu chawkbuai khamthei a hilo chun, bang dang chu le khamthei a hi diam, bang gual ah khamthei chu i genchian uh a ngai ta diam? Khamthei i do di chun ‘Khamthei’ chu hawitak cha i suichian, i genchian uh, i hiatchian uh a pawimaw ta a hi.

Tulaitak ah ei susia i hiat uh, i muthei uh khamthei chu a chung ah i gen khamthei-te hi a hia, ziate haw masang ah hin i do ding uh khamthei tamtak a um hi, zia haw chu le theidan dan in genkhawm di i hui.

Mithiam-te’n a gen sek gual un ti hin vak en leu hin, ‘Khamthei’ ti ah eimi-ten i hiat uh hi Sappau ah chun ‘*intoxication*’ ti thei mai ina. Zia chun thil tamtak

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khaikhawm thei ina. Tu ah i hiat uh khamthei bawlte bep hilo in, thil bangkim a hi di gual tak ah a umlo tak leh *intoxication* a ti sek u'i.

I gam sung ah thil tam tak hi ei uh â ding in khamthei a kisuak gamta, khamthei in ei sukbuai gam a hi ta dia aw a ti thei hial ta a hi. Khamthei tamtak lak ah a challang diak No. 4, WY, Dendrite-te haw'n ei subuai ma ma ziang a, zia gâl hi i do zing uh chu a hia, i gâlzaw theilo zia uh hi, khamthei dang tamtak do ding ah le i la gêllo, i la kawilo i dolo zia uh hi in a kilang ta a hi. Zia haw zosia chu a theidan dan in zia lekha zik ah hin enkhawm in suikhawm di i hiu.

### **1. Khamthei bawl a pun ma ma zia bang a hi diam?**

Zia thupi ah 'khamthei' i tiu hin No. 4., WY, Dendrite, leh a dang dang damdawi i mat khialteu hi ka kâwksak ût hi. Ni cheng phial ah hin Khanglai, naupang, Lekha zillai-te khamthei tep kha a za-têl in a um zing hi. Zia za-têl lak ah chun 20% a test kha te hin a khamthei bawl a chîng theng u'i. Zia khamthei bawl

chîng theng-te hin khamthei chawkna di a pawimaw zêlua, a hung zuak pan tau a, khamthei bawl bep hilo a zuak le tam in i tam tau a hi.

Chun khamthei zuak lawiupa (Druglords)-te hin Brown sugar, No.4 nuai deu chet ah a hia, zia chu man tawmcha cha'n a zawk sak ua, a bulkipatna di vang ah chun a thawm in a hawm ua, naupang haw a *test* sak sek nalai uh a hi. Ziagual ah chun khamthei bawl a hung tam ma ma ziang ta a hi.

Tuhinle, a pung deu deu a, khawtâng in i hiatpi nailo, *Addict* le hi chet nailo khangthak khamthei bawl Insung mite bep in a hiatpi uh a tam ma ma ziang a, Insung mite'n le a hiatpi nailo, khamthei a la tep kha, a lemchang cheng leh bawl sek le i tam ma ma ziang uh a hi. Zia dinmun ah kipat mulâwk thei um chu Khamthei addict, i musit ma ma'u, khawsung leh kochuam sung ah um ding ah i dawilo uh chu i insungtin un hung um ngei ngei ding in a kilang ta a hi. Tu ziang a hin le, nang Insung chet in umlo maleh, la chanaute a h'em, la laigui kizawpmatpi khatbek

um tei tei ding in gingchat a um hi. Phung leh châng, Nam leh bing ah i buai buai kâl un, i nam bei theina hial di natna'n ei chûm ah, i kimulo sak nalai set uh a hi, Nam lungsiat um tak vang i hui!

## 2. Bang ziak ah khamthei i bawl uh a hi diam?

Manipur ah eimite hih numei chapang sim in nuai 6 le kiting ding in gingchat a um pua, ziagual mihing population lak ah khamthei bawl leh zuak i hiti tam ziang uh hih sui ting, sui kham, sui pawimaw, sui daw ngei ngei ah sukdam theina ding ngaitua pawimaw tak zet in ka hia a hi. Ziagual ah hih i chiazing uh chun i nam pumpi nam dang in ei valzo intin, nam ah kiding talo di a hi.

I gamsung ah khamthei bawl na hih sui ditdet le hin kum tam tak i nung kîk kit ngai maithei ina. Pi leh Pu, i tuanthu'u sui him him in le zu leh sa mangcha kinawppâwl, lim tak ah hun a lah mangkhawm sek nam-te i hui a, tu hin chu kinawppâwl, kipâwllim hitalo in Zu leh Sa'n, khamthei in ei neksiat, ei nekmang i hi tau hi.

Khamthei mi'n a bawlsek ziak uh hi ding ah mithiam-te'n a suidawteu chu ziate hih a hi:

**1)Tep nawpna ziak:** Kibawl mawng mawng leh bang gual in a um diam? Movies leh Album vêl, Korea-te Drama vâng vâng ah khun Zu a dawnua, a tui tuak ma ma ziang ah, a kham tak uh leh a nawp tuak ma ma ziang a, zia haw khu khangthak-ten a mu tak uh leh amau ah tep nawpna a piansak sek hi.

**2)Role Model-te ziak:** Wiz Khalifa, Snoop Dogg leh a dang dang mi vawm Rapper-te haw khun Ganja (Marijuana) a chêpua, a lasak uh tawk kitawn in kicheina chuam deu deu in a kicheiua, Ganja chepna nal tak tak a siamua, Ganja le amau brand mang in a siam kit ua, Khangthak tamtak in a ên ua, a ngaisângua, Ganja addict amau et ziak in a tam khawlaw ma ma ziangta a hi. Ziagual ah chun Zu leh Khamthei dang dang le a Khangthak-ten a hung bawl pat ziak uh chu a ettawn uh a diklo ziak a hi sek hi.

**3)Lawi leh pai ziak (Peer Pressure):** Lawi leh Pai ziak ah khamthei bawl hi a tam zaw a dia aw ti thei hial khawp in i tam uh a hi. “Ka chapau hi mifel tak a hia, zia pa ziak, zia nu ziak a khu hung kipesia a hi” tia, nu leh pa-ten a gen sek uh hi 80% thudik a hi. Ei phatlo, mi dang ngawlo di i tiu a, a dik tho a hi. Zia ziak chun, lawi leh pai pawl pilvâng a pawimaw hi. Khamthei bawl tam zawte’n a gen sek uh chu ‘ka lawipa’n ei tepsak a hi’ tite, ka lawipa’n ‘ka bawlo leh ei kivawppi talo di’ tite, ‘ka lawiten ka bawlo leh mi phazolo, mi tuai ei ti ding uh’ tia, a la bawl ta mai hi a tam ma ma ziang u’i.

**4)Insung seiletna khamthei tawh kisai dinmun:** A pa a h’em, a nu a h’em khamthei bawl umna Insung ah chun a chate’n khamthei a bawl na ding uh *chance* nu leh pa khamthei bawlo-te sang in 10 lak ah 8 lam in a lianzaw a hi, Nu leh Pa khamthei bawlte’n a chi uh a chateu ah a thâsawn uh hin khamthei a hai nung ziangua le chî um ziak ah chun bawlnawpna a

piansak sek a, ziagual chate chun khamthei sal ah tân a bailam diak ma ma’u hi. Ziagual ma chun, Nu leh Pa khamthei ah nêk hawl chate’n le khamthei bawl na di *chance* a nei lian ma ma’u hi.

**5)Insung seiletna dinmun ziak:** Nu leh Pa kikâl boruak hawilo, Nu leh Pa leh Chate kikâl ah boruak hawilo, Insung dinmun kituplo ziak in chate’n khamthei a bawl na ding uh *chance* a hawi ma ma hi.

**6)Kinawptel ût ziak:** Khangthak tam tak hih chu kinawptel ût ziak him him ah khamthei bawl a hi sekui.

**7)Chêp leh muam ah thiantholo ziak:** Khamthei sangtak i Insung uh leh i khawtâng uh suse thei di hial i bawl masangun, chêp leh muam lam ah hin i changkâng ma ma’u hi. khangthak chep leh muam (Zarda, Kuva, Sikhar, dummum, Talab, leh a dang dang) bawlo kei hih muthei leh hiatthei ding in i tawm ma mau a, i gamsung ah hin chu zia haw hih khamthei in le i sim talo hial uh a hi.

Zia bep chu hilo, Fashion leh kibawl thei sakna ah i ngai hial uh a hi ta dia aw ti thei hial in khangthak lekha thiam tak tak leh changkang tak tak te le chêp leh muam in i thiangtholo uh a hi. Nam changkang leh gam khangto-te chun chêp leh muam bawl hih thring/ ho a sau a hi!

A tângpi ei gam ah khamthei a hi ti lân ma ma zia k hih ti deu hin vak khaikhawm hi tiu (Zia hin chu keima mimal ngaidân ah pat ka zik a hia, i ngaidan uh kibang khel pua'na) :

i) I gam sung ah khamthei hi a mu a bailam ma ma ziang a, a bailam ma ma zia k ah hin a man le a la tawm deu intin, a bawl le kipung deu deu didan a hi. Lamka sung ah School thiamzilna mun ding ah i neiteu hih thiam a zilna mun bep uh a hi ta pua, khamthei in le mun a la khual zêl hi. Mi tam tak zia tawh kisai ah hin ka holimpi ta, School naupang khamthei bawlte mangcha'n damdawi/ khamthei School sung ah pawlût in man tawm cha chan a zuak sek uh hi in

thu a kidawng hi. Zia bep chu hilo, a kipattil vang ah chun Brown Sugar haw neu cha cha a thawn ah hawm in naupang-te a try sak sek uh hi in a kilang hi! Zia hih thu dik a hi chun, i gamsung dinmun uh hih ngaitua a hun ma ma ta a hi. Chanchin khat ka la hiat chu, Lamka sung ah School khat ah hin Naupang Class V/VI simlai khat hi Brown Sugar chûn lian thim khat tawh a man dawkua, a naupangpa chun 'ka U-ten ei puak sak uh a hi' a ti mai ah, School-te chu lungna ma ma in a Nu leh Pa-teu a ko-ua, a nu leh pa-teu chu kisuangla tak in hung in ngaidam hung dawn in au a tiu le, kisuangla malak salak in khatveina bep a hi pan chulam 'Ngaidam ziang tangun aw' a ti nalaiui, a tiu a hi.

ii) Nidanglai ah khan i Inkiang uh Burma lam ah pat in khamthei i la pawlûtua, zia hunlai ziang ah khan le khamthei kha a bailam ta a hia, tu hin chun ei'un i chîngua, i chîn bep uh hilo in a siamna di machine le umta hial in thu a kithang ta a hi. A tak hi ding in le

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gingchat a um a, zia hih thu dik a hi vang chun ei gam sung a le South America lam ah Pablo Escobar, El Chapo a nei gualua eiun le i nei uh tam ta ma ma di a hi.

South America ah Colombia leh Mexico vêl ah khun Drug Lord Khamthei Lal tamtak a um ua, a hausa ma ma' u a, Government tawh le a kido hial ua, amau business suhsia thei ding ah a hiat uh chu mihing bep hilo gancha le a hâwi puau a, a that chet chet ziang uh a hi. Khristian, Catholic gam a hiu a, Kochuam in le kam a kêk ngam pua, Catholic Priests/ Pastor-te ziang tawh le a pang khawm ua, Government Police leh Sepai, Thingnuai mite tawh le pang khawm in Khamthei a buai piu a, tu hin khawvel ah gam nungtâwl pawlte lak ah sim khawm in a um char char uh a hi. Khristian gam hinapî in tu hin chu kizuak tamnapen, nauchaga tamnapen, kimat, kitha tamnapen, naupang lekha zillo tamnapen, migenthei tamnapen a hi hial tau a hi. A gam leilung a hausa, a mite a genthei ui, mihing matthei

di (Human Resource) a tam ma mau a, a mite a genthei ui, a zia chu khamthei ah a buai zia uh a hia, khamthei a buai pi zia uh a hi.

South America lam dinmun neu cha i vak gen khau a, ei'uh chanchin kizik, kisim tawh a kikhiatna umlo tawh bang hial a hi. I simlo-uh chun i maban diu chu zia a chung ah chanchin i zikteu hi tawh a kikhiatna hung umlo di a hi, tu hin le a ga i tep pan tau a hi!

iii) Ni dang ah khan Meitei-te zu huan i dawn ua, i khawpiu ah Meitei vêng um zosia kha i suk hausat uh a hi. Meitei-te zu huan hawilo dawn zia ah thi le i tam ma ma' u a, Zu i du zia un i hiatsa sau inle i dawr tei tei ua, amau umlo di le lau hial khawp in i pawimawu a, Meite-te'n le mak ei sak hial uh a hi. I hung kikhien tau a, 'tu hin chu, Meitei um talo, zu leh sa lam a le neukhat bek kipa deu ta'na' ti in a tam zaw i kipâkua, Naisailo! Zu huan thiam kitam deu deu leh kilawm, Meitei-te umlai sâng in ZU leh Sâ'n i niangzaw hial tau a hi!

iv) Chêp leh muam ah i zalên ma ma ziakun, khangthak tamtak in a sâng zaw khamthei bawl/ tep khawk i hung salo pan ua, zia hin nasa tak mai in khamthei a zalên sak a, khangthak tamtak a sal in i tâng uh a hi.

v) Dry State/ Khamthei/ Zu leh Ganja zawk phallo bilbelna gam i hi zing laiun, bangma cha kântu umlo gual tak in a zuak i tam ma ma'u a, Kochuam nasemtu pha tak takte le Beer leh Soju (*Korea-te Zu*) zuak ah nêk hawl i um bep uh hilo in, a pawimaw cheng leh dawn thei le i tam uh a hi. Chun, dân leh mual enkaitu Police leh VA, CSOs leh Tangval-te, Kochuam leh Ho lamkaite le thipbek ah enthatu (Silent Spectators) i hi gam tau a, Khamthei chu a zalên deu deu mai ta a hi.

### **3. Bang ziak ah khamthei i do ding uh a hi diam?**

Zia kidawtna hi chu dawt ngai in le ka he puai, kidawtdi chi le hi khel pua'ntin, ahinla, i kidawt uh a pawimaw ta a hi. A ziak chu, tu dinmun ah hin chu i do tak tak zolo uh a hi dia aw ti thei hial khawp in khamthei a zalên a hi.

Kamthei bawl umna Insung bep ah Insung mite'n a thawk uh, a bawltu bep in a thawk gual ah i ngai uh bang gual tak in, a tam zawte hi pau le i pau puak puau a, nget in thing a nêksiat gual in, i gamsung leh i khangthakteu khamthei in a ne sia char char ta a hi. Ka inkam nget in a nêk siatlo man ah ka Insakpa inkam nget in a nêk siat ka buaipilo chu invêng tâklo ka hi zia suhchiantu a hi gual tak in, ka insung mi khamthei ah kipat ka bit ziak ah ka muan hiat hiat mai chu i gam sung mi tâklo, i gam lei lung chên tâklo ka hizia suhchiantu ti thei ina.

Khamthei i do uh ngaina ziak point pawimaw tak tak in khaikhawm hitiu:

1) Khamthei in gam a suksiat hih a tam ma ma ziang a, a nam pumpiu ah Kani chêp ziak ah bei chai ta vâng le a lah um hial uh a hi. A history uh sui det det leu hin hung sau talua di a hi ziak in, i gên nawp chu, nam mi tawm cha, i hui a i bawnua kigawm ah nuai 7 le tinglo-te hin tu gual ah khamthei hi i zalên sak zingua i dolo uh chun ei sumangthaizo ma ma di a hi. Manthailam manaw zing

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kihi nalai a hi.

2)Khangthak leh Zillai thiam leh pil tak tak, Khamthei zia ah i chân uh a tam ma ma ziangta. Khawvel dang ah khangthakte'n Car lên didan a buaiپی laiua, ei khangthak leh zillai-te khamthei zia ah nunkhua-khankhua le genpi theilo ah tam tak i um mai uh hi, i gamsung leh i nam , i kochuam maban di a bing a hi. Do tak tak ah i do uh a ngai ta a hi.

3)Kum 20 vêl chiata ah khan Manipur ah Train hung tung di, tia a kigen zung zung lai in, mi tam tak ngaidan kha, “kei chu ka útlo taluai, khutdawtam ah hung tam di, In leh lo neilo pung talua di, i gam pawlche talaw di a hi” ti in i gen sup sup ui, Train a hung tunglo vâng in Khamthei zia in i gamsung in khutdaw dim in a dim ta, In leh lo, Insung mite kiang ah kithawl talo a dim in i umua, In leh lo bel di neilo gual ah Lei nuai ah giak, gucha leh suammang dim in i dim ziang tau a hi. Train hung tung di zia ah gamsung pawlche khâk di lau ah a hung lût di le dodâl ngam dite khan bang zia

ah khamthei i Insung uh leh i gamsung uh sumelsia, suhpawlche hih i dolo ding uh a h'em, do tak tak ah i do uh ngai a hi. Thasiat um tak leh da-um tak mai chu i gamsung ah Rehab Centre in khamthei bawl i nei uh ei dawl talo a hi!

4)Khamthei bawl/ addict-te bep hih i buaiپی ding uh hi henla, i galdo ding uh hih amau bep ah kichai di hileh, nuam ma ma intin, a gâl hile sawt lam ah khan zo ngei tai tiu. Zia sâng ah gâl i zaw ding uh pawimaw zaw chu a zuak-te, Khamthei ah nêk leh châk hawlte hi a hi zaw dia aw ka ti a hi. Zia lai tak hih a hi, a haksâ leh tu dinmun vâng ah chun a awmlô gual tawh kibang a hi. A zia chu, khamthei business hin zung a kai sau ma ma ziang ta, a zung zosia bawt daw k a, i hâl tum guatlo uh chun, ‘khamthei do’ ti i buaiپی a, khamthei bawlte i buaiپی piu hin, khuai hâng changkhat hung lêng daw k i la tha mai mai gual uh hi di a hi, a bûpi i suksiat uh a ngai a hi. Khamthei zawk/ khamthei business i hâl tum uh a ngai a hi.

5)Khamthei i do zawlo zia kun i gam uh hawi ma ma ziang, lei pha ma ma ziang nisin in suksiat a hia, a tâng a tâng ah mê t mui a hia, a kum a kum ah mat thei tâklo ding ah nutsia zêl a hi. Hausate i mawsak ua, Tangvâl-te i mawsak ua, maw chang di i hawl vel vel ua, maw le maw kha vekna'n au, i pankhawm thak ua, i dolo uh leh khang hung chiaz el di khangthakte'n ei kâ khum in tin uh, ei awimaw talua di a hiu. I khang chiaz el ding uh, i suan leh pâkteu â di gam/go i nutsia ding uh hi tânggawchâk kisuak gam di a hitai!

6)Khamthei i dolo ua, i suktâwp uh a hilo chun hun hung chiaz el intin, kum cheng ah Government sepnate ah lawting kitawm deu deu intin, i khanglaiteu in a buai pi ding uh chu kitha-kimat, kizuauthep, kinawptelinalam bep hung hi di a hi.

7)Khamthei hi numei-paw salna thânghuaina tawh kizawp mat, taikhawm a hi zia k in, khamthei bawl a pun lai sia leh khamthei zuak a pun laisia chu

numei-paw salnal am ah thânghuaina'n le mun lua lian zêl di a hi. 2018 ah Serampore University in a Zillaiteu Practical a piak sek uh, khamthei bawlte lak ah nasepna sukpitinna ding in ka lawite tawh keile ka va pang ve a, zia hun ah chun, ka la ginchat keilo thil tam tak ka va tuak daw k hi, ziate chu a point in hung tâklang ing ka:

i) Lamka sung ah P h i l a n t r o p h i c Organization bang zat hem te ka va kihopin au ah chun, Lamka sung ah hin Khamthei bawlte etkawl na a bial a bial in a kikhen u a, NGO khat in bial khat chet chet a enkawl u a, zia NGO-te nuai ah chun 'k h a m t h e i b a w l t e , kizuakte, HIV/AIDS natna veite'-te'n min a khum chiatun, Bial khat sung mai a le numei kizuak 800 vâl chiat ka enkawl ui a tiu a hi. Zia ah kizuakte chu College kai laite, numei kum 20-35 kikâl a tam zaw a hi nailai set u'i! 100 lak ah 90 kizuak te hih khamthei zia k ah a

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thilbawl uh bawl ngen a  
hiu!

ii) Khamthei i dolo uh a hi  
chun a tâwp leh 'Sin city'  
a tiu 'Gitlona Khawpi'  
Los Angels chu a nêpte  
hung hi di i hiu. Thailand  
gam, Philippnes gam ah  
khawpi lân tak tak te  
khu khawpi ipmu khalo,  
dâkkal 24 sung khamthei  
bawl na di, kinawptelna  
di numei a um zia in,  
sâp kângte a chia zingua,  
kinawptelna tâwp khawk  
a va muna mun uh a hi.  
Tu ah i dinmun uh hih i  
siamphatlo ua, khamthei  
hih do tak tak ah i dolo  
uh chun zia ah khawpite  
gual hih hung hi ngei  
ngei di i hiu.

iii) Lungmuanglehthamuang  
tak ah i um zing laiua hin,  
i chanu teu, i chapateu  
khamthei thâng ah a lah  
awk gamta, i chanutau  
in a taksau a la zuak gam  
ta i hî khâk dîng uh hih  
lau a um na e! Numei-  
pawsalna a zalen ma ma

zia in, khamthei bawl  
khello nungak tam tak  
kizuak le a um tau a hi  
ti hi kichian tak in zia ah  
NGO te hin ei hil uh a hi.

iv) Chun, Khamthei tawh  
chiakhawm thil tung  
huaisia ma ma kit khat  
chu Numei leh Numei,  
Pawsal leh Pawsal taksa  
kinawptelna hih a hi  
kit hi. I khawpiu neu  
cha sung ah hin ziagual  
ah tatthânghuaina  
hin mun a lua lian ma  
ma ziang a, Kochuam  
nasemtu pangai tak tak  
le zia thâng ah hi awk a  
hidan uh le hiatchian a  
hi. Gingtute khawpi la  
hi puau ti ah ei gen leu  
thipi ngam di khawp ah i  
dinpi dîng uh khawpi hin  
Pathian hing umpi tâklo  
nungchang leh khanchan  
pangai tak ah i zalen sak  
uh hi chu a kipêl deu ta  
a hi. Khamthei do hitiu, a  
zungpi a hi ngei hi ti leng  
le gen khiallo di ka hi.

***[sutzawp di.....]***

# Naupang Sunday School-ah NAUHUAL KIKHAWP MATDÂN

~ Rev. Lalremliana Colney

**S**unday School hi khawvel ah School lianpen, Pathian thu zilna bep tilo ah, hinkhua lampi dik kikawkmuna leh mimal lungthim put didante kizilna mun pawimaw tak a hi. Beginner ah kipat Senior tiang Sunday School phatak ah hung kâikim zette chu kipalpai chang nei sek maleu, a mangthai theng tak tak ngaipua' u hi. Fawell kiti New York ah ukîl pakhat chun "Tangval gilo 2700 ka court ah a hung puiteu chu Sunday School kâi ngailo ngen a hiu" a tia. Zia umzia chu Sunday School kâi sekte sang in Sunday School kâi ngailote hinkhua chu a khawlo zawi tina hi mai ina. Sunday School chun i hiatlo kâl in sual lak ah pat nasa tak in eila vengzing sek a hi. Sunday School hin Pathian mimat lopi leh lawting tam tak a sêkdawk ta, a sêkzing ah, sêkdawk zêl di a hi.

Mumal tak ah i chate' u Sunday School ah a chia thei uh hi thil kipak um tak a hia, khawvel ah kumtuang hinna tiang ei kawkmun thei School hi, nu leh pate' n i ngai pawimawu a kûl takzet hi. Manipur ah hin le Sunday School hi pha tak in Kochuam tamzawte' n i nei thei ua, kipak a um hi. Tu sang ah phazaw leh mumal zaw ah Sunday School i neitheina ding uh leh, Sunday School ah naupang pawl châwn hi kum

dungzui ah châwnsak sek a hi zêl theina ding ah naupang chu a kum dik tak ah Sunday School a hung kai pat theina ding in, Sunday School kâi ding ah **Nau Hual** hi thil pawimaw tak a hi.

Nau Hual hi Kochuam mi, nausen hung piangte chu kum li (4) a tin phat ua leh Sunday School kâi ngei ngei ding ah Kochuam in a hual lawkna a hi. Zia hi hun pawimaw tak a hiziak in nausen nu leh pate' n

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i ngaipawimaw chiat ding uh a hi. Nau hualna hi kumsin ah khatvei nei sek di a hia, Sunday School pumpi thasang in Beginner Pawlte'n ma a lâk mai uh lemchang ina.

### Nau hual ziaik

- 1) Nausen chu kum li (4) a tin phatleh Sunday School hung kâi ding ah hual lawkna a hi.
- 2) Nausen chu Pathian leh a kochuam â ding ah hual lawkna a hi.

### Nau hual lulnate

- 1) Naupangte makhua ding ah nu leh pate leh Sunday School zilsaktute sephawmna a hi.
- 2) Nu leh Pate chun chate Pathian hiatna leh a thu zilsak pawimawzia a hiatdawsak sek hi.
- 3) Kochuam in a chate'u chu a hepha, a ngaisak hi ti nu leh pate a hiatsak hi.
- 4) Nu le pate'n a chate'u Sunday School kaisak a pawimawzia a hiatdaw khawlaw thei u'i.
- 5) Mi kikawikângdeute le kochuam leh Sunday School ah nuam tak in a hung pang theisek u'i.

### Kisingsakna

- 1) Zilsaktute chu bial kihawm in, kochuam sung ah nau hual ding a um leh umlo Intin ah chia in hawl intin uh, nau hual dite min, a pian ni, tha leh kumte tepte inau.
- 2) Nau hualte min teptena bu (*Register*) nei di a hia, ziatâk ah chun nau hual min, pa/nu min, pian ni, tha leh kumte ziklut zel di a hi.
- 3) Sunday School Zillai Bu hi mithiamten naupangte kum leh a psychology uh tawh kituak ding ah, department chuam chuam ah um dite kum bithiak dungzui ah a hung siam uh a hi ziaik in naupang kum leh a umna department kimillo hi a dik thei pua'i. Sunday School ah naupangte chu a kum dungzui tak ua department dik tak ah a kai theina ding un, Nau Hual hin nasa tak ah hung panpi di a hi.
- 4) Kochuam Sunday School Committee/Kochuam Committee guanggalna in kikhawpna mun chu kilawm tak ah chei di a hia, a thei chun banner-te, balloon-te,

Jesu leh naupang limte tâk in, chei hileh.

5) Nausen nu leh pate chu Nau Hual ni phatleh pang ngei ngei ding ah chial di a hui a, a chutna ding uh le a chuam ah siampiak di a hi. (*Zilsaktuten bangkim a masang in a guanggal lawk ding uh a hi*)

6) Superintendent leh Secretary min sign sa Nau Hualna Card nei lawk ding a hia, zia Card hi Synod Office ah a thawn ah lâk thei a hi.

### **Nau hual kikhawp**

1) Puitu: Beginner Dept. Leader

2) Pantu: Bible sim leh Pauchap

3) La Sakkhawm

4) Thilpiak lâkkhawm

5) Nau Hualna leh thucha chawm

6) Solo/Bible Chang gen

7) Nau Hualna Card Hawpdawna

8) Nausente Pauchappiakna

9) Lâ Sakkhawm

10) A Tawpna

A hithei chun kikhawppel ah naupang/nausente leh Beginner Department ah kikhawm zosiate kipakna di lam thilhâwm hileh. Etsakna'n Sweets, nekthei, etc. (Beginner department bep hi kikhawm chuam kham umlo a hilo leh mun kiningtinglo a hilo chun naupang department pumpi ah Nau Hual Programme hi mat mai le khawp pua'na.)

***Hiat ding ah pawimaw:*** *Nau Hual Kikhawp hi i Calendar/ Syllabus dungzui ua chun October 26, 2025 hileh mat ding ah guanggal a hia, Kochuam tin in zia hi supiting thei ding ah panlak chiat hileh pha ma ma ina.*

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*Pauchapna in Pathian a theng danglam pua'n, ama a Pauchap tu kha then danglam in a um zaw sek hi*

*~ Kierkegaard*

# PANPI NGAITE PANPI

(Sam 116: 5-6)

~ *Pu Gensamuella Duhlian*  
*Rengkai*

*Lalpa chu mi hepi thei tak leh dik tak a hi; I Pathian uh hi mi lainat thei tak a hi; Lalpa'n mimawlte a humbit a; tawden ah ka um phat leh ei hukdawk sek hi.*

**Thumapui:** Khawvel a hin panpi ngailo kuama a um puan, a neupen ah pat a têkpen tiang in, ahinla, haksatna leh panpi ngaina a kibang puai. Khawilam ah kipat haksatna chu hung ziang taleh, panpitu mamawlo kuama a umpua'n, zia panpina chu Pathian ah pat pawt hepina a hi chun panpitu leh panpina dawngtu chun kipakna leh limna a chang gel gel sek uh a hi.

Gingtute kingakna Bible ah Pathian kipaksakdan i mu te'u lak ah pakhat chu Hebraite 13:16 *"Ahi'n, thilpha hi leh kipanpitua di hemil puai tiu, zia chu Pathian pawmtâk kithawina chu a hi"*, ti'n a la gen a hi. Ziagual ma chun gingtute chu panpi ngaite panpi dite, genthei liangvaite sawmdawl di, nekdi neilote nekdi pia leh, midangte â ding ah malsawmna hi ding ah thupiak i hiu. Zia chu Pathian dawidan leh kipakna a hi.

Panpi ngaite panpi ti thupi hin thil tamtak gen thei um

ngei di a hi. Ahi'nla, tuni "Panpi ngaite panpi" ti thupi hin kawkbîk leh thu chiapidan bîk i nei ding uh chu midangte hinkhua hiatpi leh panpi a ngaina'u ah panpi di ti hi di a hi.

## **1. Midangte hinkhua ah buai di a hi**

Khawvel kihei danglam zel in, nidanglai guallo takmai in tulai ah hin eima buai in i buai zo tau ah. Khawpi lak vâng ah chun, eima Inkiang leh kîmvelte natiang le hetalo tamtak i um tau, zia chun thil khawktak a piangdawk ah,

ziate chu; i kîm, i kiangte hin haksatna a nei uh em? tâksap a nei uh em? bang dinmun ah ding a hui em? ti ngaitualona hi a hi. Tamtakte chun “midang te hinkhua’n buai kin” tihi tulai paukam tamtakte lak ah pakhat a hi. Ahi’nla, kua h’em khat la panpi theina ding ah chun ama la hetchian a ngai ah, la hetchianna ah pat chun ama haksatna leh panpi didan hung kilang di a hi.

Buddhism sakhua mudawkpa Siddhartha Gautama hi Lal chapa a hi’n, “Buddha” tia kihe langsâl zawk khan lal In nuamtak sâng ah genthei kihuam ah a pawtdaw nawpziak chu mi genthei, damlo leh haksatna thuak a mute hinkhua ah a buai ziaak a hi. Muslim sakhua mudawkpa prophet Mohammed khanle Mecca khawpi mite’n pathian a ngaisakloda uh a mu khan a hinkhua’u ah khan a buai ah, tutiang ahin ama zuitu tamtak a neisak a hi. Chun, Jesu Khrista khawvel ah a hung ziaak chu mihingte hukdam ding in ahi’n, mite hinkhua a buai ziaak in ama a kikawiniam ah, ama kisudam mailo in, natnate sudam in ei hukdam a hi. Mite hinkhua khan a hi a buai uh.

**(1) Missionary:** Ei kochuam inle Lalgam â ding ah hun pumpi nasêm ding ti’n missionary i sawldawk theita kipâkum khawpmai hi. Ginglote lak ah Chanchinpha puang ding ah kuandawkte leh kochuam hotute hin midangte hinkhua ah i buai ziaak un missionary i sawl uh a hi. Zia khawvel ah, a hinkhua’u ah a kipakna’u khan bukimna a um in i mu puau in, kipâkna, limna, leh thamuanna bukim a nei theina ding un leh kumtuang tiang ah thagaulam damna, thi thamuanna a chan theina ding un ti’n Chanchinpha hil ding in i sawl un, i kuan uh a hi.

**(2) Kochuamte:** Kochuam te hin Lalgam â ding ah nasemtute leh ginglote i ngaitua’u a, mitthi luang pum in Pathian kiang ah dawn in, i pauchap sek uh a hi. Bangziaak a hi diam? Pathian Lalgam kêklet a hi a, ginglote’n Pathian lopina a muchian ua, kumtuang damna a nei theina ding un ti’n theitawp sua in pauchapna’n i delzui sek uh a hi. Zia chun a suklat chu midangte hepina leh a

hinkhua'uh ah i buai zia uh a hi. A hi'nla, panpi ngaite panpi ah i kingai lai hin, "ei zawk hi panpi ngai i hikha em?" ti hi kingaitua hun takzet a hita'i.

## **(3) *Hepina tawh lalgam â ding ah nasep a pawimaw***

**hi:** Sawlchak Paul hin zia hi a muchian ma ma ziang a, "*Mihingte leh vansawlchak pau in thu gen maleng, hepina ka neilo chun, dâk gi a h'em, vaikhutbet gi a h'em gual bep ka hi.*" 1 Korinth 13:1 na chun hepina pawimaw zia chiantak in ei gen piak in, "Thupiak zosia lak ah lopipen bang a h'em?" tia Lal Jesu a dawt uh khan le hepina pawimawdân chiantak in a gen a hi (Mk 12:28-30). A nâ'u i seppiak te kha hepina leh dawisakna tak tak neilo i hi chun bangma a hi puai. Zia zia chun, Pathian ah kipat thil thawnpiak i chan uh hepina mangcha panpi ngâite panpi hi gingtute i mawpuakna'uh a hi.

## **(4) *Panpina chu Pathian ah kipat hepina a hi di a hi:***

Midangte panpi thei di chun hepina a pawimaw in, Pathian ah pat hepina chu hepina diktak a hisek hi.

Eima lawkna di ngaituana hepina lêm a umthei hi. Mihing in Pathian a bêldân dungzui in a thil thîldan a danglam sek in, Pathian pang leh panglo hepina le a umthei kit in, Pathian panglo ah midang te panpi le a umthei hi. Mihing hinkhua hin thil thak a dawng zing sek in, a lim um leh lungngai um, a nuam leh haksas, nicheng in a tung sek a hi. Zia hun phat chuleh Pathian hepina zia ah thilthawnpiak i chan hepina kha mangcha, panpi ngaite panpina hin a dawngtu leh a petu khanle lunggil tak ah kipâkna leh limna a chansak gêl gêl sek a hi.

Gingtu chun eima kihemil hial in midangte hinkhua hin a buai a ngâi in, a haksatna'uh leh beidawnna'uh a hiatchian a ngâi hi. I kiang kîmvêl mite ngaisaklona leh e i m a masialna hin "gingtu ka hi" ti kampau a pawt phat leh a ngaitatute â ding ah gingtute ngainêpna a piang sek a hi. Ziagual ma chun kochuam leh khawtâng inle gingu chun, Pathian ah pat pawt hepina tawh panpi ngâite panpi hi i

mawpuakna' u lianpente lak ah khat a hi.

## **2. Panpi ngâite panpi hi kipâkna a hi**

I chenna' u India gam dânpi (Constitution) hin piangsual gualphalote vênbit leh masawna di hindân tamtak a siam a. A diak in India Constitution Article 5-na kipan in 17 tiang vâng vâng hi khenchuam umlo ah hâtlo zawkte vênbitnalam a hi. Tamtak gen di um maleh, PWD act 1995 ahin person with Disabilities (Equal Opportunities, protection of Rights and full Participation) Act, 1995 a hi. Lampi chuam chuam in piangsual gualphalote ding in India gam vaihawmte chun malâkna a lah nei uh a hi.

### **(1) Pianphung a panpi ngâi, taksa pian bukimlo (Person with Disability)**

Mihing te mudân leh thîldân ah taksa pian bukimlo i tite' u hi eima dawidân ah tawivêl leh khawsa theilo panpi ngâite hi a hi' u. I hiat ding ua thil pawimaw ma ma khat chu, eima' u mit ah bukimlo ah i ngaite' u kha Pathian in dawitak leh kilawmtak

ah a siam a hi' u ti hi a hi. I pu leh pate' u chun “piangsual a kikhêl puai” ti' n a la gen sek uh a hi. Zia zia chun, Pathian in ama lopina kilat theina ding ah mihingte mitmu ah taksa pian bukimlo ah a siamte kha, Pathian mudân ah chun ei uh pian bukim ah kingâite sâng ahin bukim zaw le himaithei a hi' u. Zia zia chun, hepi leh panpi a ngaina' u ah panpi hi ei uh taksa pian bukim ah kingâite hin i mawpuakna' u a hi. La theina tiang ah panpi a ngaina' u la panpi khan ama' u kipâksak bep la hi puai, a siamtu la kipâksak in, nangma ngêi khale lunggil tak in la kipâk sek a hi.

### **(2) Lungthimlam ah haksatna neite panpi**

Mihing hinkhua pawimaw ma ma khat chu lungthim hisêlna hi a hi. Mihingte hin “lungthim haksatna ka nei kha pua' n, nei le nei pua' nka” ti thei kuama i umlo uh a hi. Mihing lungthim hi tawizing a hi zia in, i huntuak dungzui in i lim un, i lungngâi un, i lauthawng un, i kipâk un, i lungna' u in, i thamuang

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thei sek uh a hi. Zia laitak ahin, panpitu i mamaw takzet uh a hi. National Mental Health Survey te'n a tâklat dân uh chun India gam ahin piting lak ah 10.6% te hin lungthim lam ah haksatna a nei un, thingtânglam sâng in khawpi ah chêngte lak in atam zaw'i ti'n a la gen uh a hi.

Lungthim damlona neite lak ahin eima bep kingaipawimaw tamtak um in sui a hi. Midangte â ding ah phatchuamna nei ah, mite hinkhua a phalam ah danglamna tut-tu hina hin lungthim hisêlna lampi langsâltak a hi. Sawlchak Paul chun *“Zia ziak chun, thilpha hi chimchâk puai tiu; i kithada lo uh chun a huntak in ât ngêi di i hingâl un”* (Gal 6:9) ti'n thucha, vaithâkna thu a la gen a hi. Mithiamte zilchianna ah pat chun mi panpi sekte hi a lungthim uh a hisêl in, phatchuamna nei in a kihia'û in, khawvel ahinle a damsawt uh a hi ti hi a hi. Midangte panpi hin eima taksa natiang a le vangphatna tut-tu ahi ti chu muthei in a um hi.

Hisêlna hin taksa (*Physical*), lungthim (*Mental*) leh thagaulam (*Spiritual*) khêllam ah, midangte tawh limtak ah khawsak khawm theina (*Social health*) a huaikhawm vek a hi.

### **(3) Ginna lam ah haksate panpi**

Khawvel hung changkâng zel in, gingtute lak ah hin le haksatna tamtak a hung piang ta. Ziate lak ah khat chu, Pathian um ginchâklona hi a hi. A diak in khangthak tamtak te hi Khristian Insung ah hung piang in hung seilian maleu, a lungthim ngaituana'û ah dawtna liantak um chu “Pathian hi a um tak tak na a h'em?” ti hi a hi. Zia dawtna hin tulai khawvel ah thiamna sângtak nei, lungthim hât, bangkim suichian thei leh hawldawk thei ah kingâi khangthakte lak ah um in, zia chun a ngaituana'û puihuai ma ma hi in a kilang a hi.

Pathian hung umdân leh a um tak takdân genchian hi thil bailam a hipuan, ahî'nlâ, khawvel a changkângdân leh thil tung zel leh hung tung zel dite hi ei gingtute kingakna

Bible ahin a la umsa ngen ahi'n, thil danglam leh lopi tak tak hung tung te hin Pathian chu a umdân leh a thutiam ah det, danglam ngailo a hidan a sulang a hi.

Insung, kochuam leh khawtâng ah khawsak khawmna hin khat leh khat kipanpi tua thei a hi. Taksa leh thagaulam ah haksatna chu eima Insung, kochuam leh khawtâng ah pauchap kawm ah kipanpi tua thei a hi. Zia zia chun, Insung kochuam leh khawtâng hin Khristian hinkhua mabân sawn zelna ding hin mawpuakna a nei a hi. Banggual in panla di i hi diam uh? Eima mimal chiat ahin, mawpuakna ka nei hi ti lungthim nei leh, midangte panpi thei di leh midangte â ding ah malsawmna hithei didân ngaitua hi mitin in i mawpuakna'u a hi.

**Thukhakna:** Gingu hinkhua hin panpi ngâite panpi di, midangte â ding ah malsawmna hi di leh beidawngte henêm ding ah zilsak i hiu. Zia mawpuakna hi mitin chung ah kinga ahi'n, zia mawpuakna chu suhbuting ding in eima kihemil hial ah midangte hinkhua buaipi leh

a haksatna'u panpi di a hi. I Lalpa'u Jesu Khrista khawvel ah a hung khan khawvel mite gitlona ngaidam i hitheina ding un, a lopina zosia hung nusia in, Kalvari kraws ah khan a hung thi, tichun, ama ging zosiate'n hukdamna i chang theina ding un a hi a hung thi.

Zia zia chun, ama gingtute chun ama zilsakna, hepina, thunuaigawlina, kisûmtheina leh thuawina te hi mangcha'n mi nuainung zawte musit mailo a, i kiang leh kîm ah haksatna nei, beidawng leh panpi ngâite panpi ah, midangte â ding ah malsawmna hi di chu i kinep uh thi thamuanna i channa ding uh leh kumtuang ah thagaulam damna i chan theina ding uh lampi chu a hi.

Midangte panpina hin Pathian lungawina leh panpina dawngte bep a kipâk puau a, a panpitu â ding vâng vâng achun lunggil tak ah kipâkna leh thagaulam ah hisêlna, kipâkna leh gingu hina, malam kalsuan zelna ding ah ei kaibâttu lopi tak a hi.

Midangte panpi leh midangte â ding ah malsawmna hithei chiat ding in simtute zosia Lalpa'n malsawm ta hen! Amen.

# NEU KISA KIN

~ *Tv. S. Paukhanlal*  
*Compound Veng*

**Thumapui:** Ama sâng ah lianzaw ngen lak in a khawsa; a neuna mang ah tawtbawl lah beilo, ama'n lah kipak mêl tak in a la nuipei mai sek a, mi lak chu nuamsa tak a bang sek hi. Ahi'nla, a pindan a tun tak leh vang mi'n neu a sakna'u chun a kipakna chu sôm gual in a hung lia sek a, gawtui gual in a luang mang kit sek hi. Zia chun ama leh ama le neu a kisak sak a, neu kisak zia in mi kimuangngam tak hi lai kha kisitna'n a dim ta, mi pâwlnuam tak hi lai kha mi nêlumlo a suak tai. Chuleh, mi kipak thei tak kha gual ênna hinkhua mang in zâlkhun tiang ah lunggel vawng vawng sek mi a hung hitai. Ziagual mi chu la hi kha em? Bangchan neu kisa ah kûn nalai ding la hi em? Neu kisa kin! Thil phachuamlo a hi ti keima ngei inle ka tuak-hiat sa a hi. A zia neukhat bek he ding in zia thuzik chawmcha hi vak sim tia.

## 1. Neu kisak ti chu?

Eden huan ah kipat tuni tiang ah mihingte i chenhawmna'u ah hin milian leh mineu tena zat chuam chuam a kibelap zel hi. Mi'n ei tê lo kêl leh, ei leh ei le mi tawh kite veu sek te ihiu. Zia zia chun, 'neu kisak' ti chun pianken taksa neu kisaklam bep a kaww puai ti hiat masak a pawimaw hi. Kuale taksa neu zia, piansual zia, damlo zia, khawsak haksat zia, thil hikhial nei

zia, kochuam leh khawtâng tena ah ting zolo ah kihet zia, leh lam chuam chuam ah mi phazolo ah i kihetnateu zia ah 'neu kisak' te a huap sik sek hi.

Mihing chu 'kineusak' a pha, 'neu kisak' chu phalo kei a hi. Neu kisak hin lungthim a kipaksak thei pua, a thasiatsak zaw a hi. Neu kisak hin kingaisiatna, bangma ah mat tâklo leh tinglo ah kingaina a tut bepa; neu kisak hi lungthim hisellona chi khat a hi ti le

hiat a pawimaw hi. Chuleh, 'neu kisak' ti hi kingainamna tawh a kibang puai ti leh 'neu kisa kin' ti hin chapo ding ah zilsakna lam a kaww puai ti hiat a ngai hi.

## **2. Bangatia neu kisa la hem? Neu kisa kin!**

Mihingte hi Pathian mêl kibatpi ah siamte ihu (Thl 1:26-27). Himaleh, i dinmun uh a kibang pua; melse deu, melpha deu, lian deu leh neu deu ah siam ihu. Khenkhat vang chu pian sualna neite i hui. Ahinla, Pathian mêl kibatpi ah siam ihina' u chu sakmel bep hilo in, lemhiatna leh pilna leh thiamnate hile a hi. Pathian in mitin hi i dinmun chiat ua lungawina nei ding in ei siam a, lungawi theina le ei pe khawm a hi. "Pathian in a thilsiam zosia chu a en a, ngaitia, pha a sa ma ma hi" (Thl 1:31) ti hi ngal ah bangatia nang neu kisa la hem? Mi lian talawlo la hi inle, la hina gual gual khan la lul in, la mantam taww hi ti hezing in.

Norman Vincent Peale in, *"Lungthim ngaituana hi dik tak ah mat a hi chun thilhithehi tak a hi"* a ti gual ah zia khawvel

ah la um ziaak ngaitualo ah la umdan zawk la ngaitua ziaak ah neu kisa hi maithehi la hi. A hiloleh, banglam banglam ah le midang sâng ah neuzaw gual ah la kingai sek ziaak ah le neu kisa hikha maw lo di la hi. *"Ka mihing chanpita lungput diklo ziaak ah neu kisa ka hi"* la ti maithehi; himaleh, nang lungthim ngaituana mat diklo ziaak hizaw a hi. Sawlchak Paul in, "...ka nei taphawt chung ah lungawidan ka thiam tai" (Php 4:11) a ti gual in la lungthim ngaituana kha dik tak in mang inla, neu kisa kin!

## **3. Zia mite hi vak ngaitua tia**

A hina' u leh a dinmun ziaak ua neu kisa'n lungkia a la hileu a chanchin uh hiat hitalo di, Bible sung leh paw ah mi ettawntâkte chanchin hi vak ngaitua tia:

**(1) David:** David kha belam ching, galthuam le chiapi zolo a hi. Ama tawh te ah a neu bek ziaak in Philisitîn mihatpa Goliath khanle a lah simmaw mama hi. Himaleh, David chun ama naupan leh neuna lam enlo in a gin Pathian, sepai hawnte LALPA min in

## HINNA VÂK

Goliath kha a maitua a, zo le a zo ngei hi (1 Sa 17). Mi neu hi hih a khawkpen a hi pua; neu kisak hi a khawkpen hi.

**(2) Mosi:** Mosi khan le hiatna neilo, belam ching mai leh mi dangawk a hi ti a kihet zia in Israel chate Aigupta gam ah Pharaoh ah kipat va puidawk hial ding in neu a kisa, “Lalpa midang sawl zaw mai in” a la ti hial a hi (Pdt 4:13). Himaleh, Lalpa’n Mosi kite’na gual in Mosi kha a te pua, tinglo kha ting in a siam a, Israelte chate chu Aigupta gam ah kipat in a puidawk thei mai hi.

**(3) Paul:** Sawlchak Paul khan le, “Kei chu sawlchak lak ah a neupen, Pathian kochuamte ka bawlsiat zia ah apostol ti tak le ka hi puai” a la ti a hi. Himaleh, Lalpa ngai ah a neulo zia a i hechiat ui. Paul gual ah hun chiasa ah thil hikhial zia ah mihing leh Pathian ma ah neu kisa la hi khâk inle, neu kisa kin! Lal Jesu’n a tingte a ko pua, a kote chu a ting in a siamzaw sek hi.

**(4) Zakai:** Zakai kha mi niam a hi zia in, mipi tamtak lak ah Lal Jesu hung kha mu phalo a hi. Ama sang ah lianzaw ngen lak himaleh neu kisa mailo in a malam ah theichang lêk in a la kal hi. Zia kipat chun Jesu a muthei a, a mu bep hilo in, a In ah Jesu a tun zia in a In ah hukdamna a tun khawlaw a hi kha (Luk 19:1-10). Zakai kha khawtâng in migilo ah a ngai, sedawlte hotu le a hi. Zia zia chun, a hi’na leh a dinmun ah khan neu kisa’n Lal Jesu a la hawl tûn tûn lo taleh a In ah hukdamna tung pua’ntin, a min le hetkhâk hilo maithei a hi.

**(5) William Carey:** Kum 2024 December thabul lam ah khan ATC ah BD zillai, Final Year ten ‘Urban Exposure’ ka neina un Serampore College le kava pha’u a, College dintu William Carey-te lawicha’n lim haw le ka va en u’i. A lim, a thugenna Pulpit lui leh a van luite vak et mai inle William Carey kha mi neu a hi ti a kihe thei ngal hi.

Taksa ah a neu bep hilo, kum 12 mi a hi ah lekhasim chawl ah kengtaw khui ah sum law sek a hi. Ziagual mi chu a hi zia in neu kisa'n, a la lungke taleh India gam ah Chanchinpha puanzakna nasep (mission) hi zia tiang a tung nai khel dia aw ti thei hial ina.

**(6) Fanny J. Crosby:** "Pathian La ziktute Lengnu" ti ah um hial Fanny J. Crosby hi neu kisa mai mai lo mi khat chu vang a hi. Kum 1820 ah khan Inkuan genthei tak ah kipat in a piang a, kâl guk hipan in damdawi diklo nu khâk zia in a mit a thûm pan hi. Zia bep chu hilo; tha guk mi bep a hi lai in a pa'n a thisan kit hi. A chanchin ziktu pakhat chun, "Crosby hi feet 5 nuai lam, a ha le kû deu, melhawi beklo, hilehle kipak thei tak mi a hi" tî'n a zik hi. Ziagual ah mi neu chu himaleh, lekha thiam thei tak leh lâ phuak thiam tak a hung hi'n, La 8000 vâl a phuak daw man hi. Khristian La Bu ah hinle a La phuak 25 lam a um hi. Crosby chu kum 94 mi a hi in a thi, a thân suang

in "A hithei tiang chu a hi zotai; Fanny J. Crosby" tî'n a zik u'i. A chanchin la sim thei mai hile Crosby sâng ah vangpha zaw la hi'n, neu la kisakzing leh vang la hithei tiang nasan le hi zolo hi di la hi.

#### **4. Lungthim hiselna a pawimaw'i**

"Neu kisaklo theina ding in bang a pawimaw em?" ti dawtna dawnhuna pawimaw tak pakhat chu, "lungthim hiselna a pawimaw'i" ti hi a hi. A pawimaw chu bangti nei thei di? A nei theidan khenkhat vak sulang kit hitiu:

**(1) A pha lam lunggel:** Orison Swett Marden chun, "eima i kigeldan dan chu i hi'na a himai hi" a tia. Zia chu eima i kimudan leh hi ah i kigeldan dan chu a tak inle a kilang dawk sek hi tina a hi. Mihing lunggel chu thu a hung chang a, thu chu nasep in a hung zui kit a, nasep chun ga a hung sua kit sek hi. Zia zia chun, la dinmun leh la thiltupte chung ah a phalolam lunggel kha a phalam lunggel in theng sek in.

## HINNA VÂK

Chutilo ah, “ama kei sâng in a lianzaw, a thiamzaw, a hauzaw, a titzaw... ken bawl thei pua’ngka” ti lam bep la gel chun bangma tik in la thiltup mualsua puan la tin, neu kisa kumkhawtuang di la hi.

**(2) *Hina kipawm:*** Malai Greek mithiamte chun lungthim hiselna ding ah thil pawimaw a genteu chu- *nangma leh nangma kihechian inla, namgma leh nangma kipawm inla, nangmachu nangma la hi di a hi* tite a hi. Mani hilonapi hi gual ah kilat guatna hi eima kithepna mai ahi’n, a hisel puai. Khawvel ah hin midang hi gawte a buai sek ua, eima hi eima hingam a pawimaw’i. Pathian mit ah chun mi zosia hi i lul un i mantam chiat u’i. Zia ziak chun, la hi’na kha kipawm mai inla, “Pathian mitmu ah ka lul bek ziak in neu ka kisa puai” ti’n siamtu Pathian ma’n kikawitha lechin, mi lungthim hisel himai di la hi.

**(3) *Midang tawh kitelo:*** Midang têtna khawvel ah

um i hi ziakun midangte tawh kite hi thil bailam tak vang chu a hi. Himaleh, Thupilte 14:30-na “Lungthim chawldamna chu taksa â ding ah hiselna a hi’n; mitthîpna chun vang gu leh châng muatna a tut hi” ti a hi gual in midang tawh kite’na chun eima kisitna leh midang mitthîpna a tut tei sek hi. Thilsiam Thu 1:31-na “Pathian in a thilsiam zosia chu a en a, ngaitia, pha a sa ma ma hi” ti kha hezing in midang tawh kitelo in; nangma ah lulna Pathian in a kawi khan lungawi inla, mang phachuam ding in pan la thak zaw’n.

**(4) *A vâk lam ah thil thîl:*** I dawigual un i chung un thil tungzing pua’ntin, thil a hi di gual tak a hilo takleh a thimlam ah thîlna chun beidawnna khêl ei puilut puai. A vâklam ah thil thîl sekte hin haksatna a tuaklo diak puau a, a vâklam ah thil a thîl ham ham na’u chun kinepna thak a siam piak sek a hi zaw’i. Siamphat thei tâklo thil chu a hi’na

gual gual ah pawm a kizil  
ua, ziagual thilte ah chun  
a kihilungngai nuam puau  
a, thil pha leh phachuam  
dila in a lungthim uh a  
pe ham ham sek u'i. Vâk  
neucha le thim lak ah a  
kilat gual in a vâklam ah thil  
thîl mi hi gawzing in.

**(5) Pathian tawh kizawpna  
pha nei:** A chung ah  
kitâklang zosiate kingakna  
bulpi chu Pathian tawh  
kizawpna pha nei hi a hi.  
Sakhuana diklo deu leh  
thagaumidân bitlo deu a  
punna khawvel ah khawsa  
i hi tâk zia kun Pathian  
tawh kizawpna pha nei a  
pawimawpen hi. Pathian  
tawh kizawpna pha neite  
hinkhua chun thadamna,  
limna leh lungawina a um  
a; a hisel sek hi.

Mithiamten Pathian  
ngaisakte hi Pathian  
ngaisaklote sang in a  
lungthim uh a hisel a,  
haksatna chuam chuam  
le a masawn thiam zaw'u  
atiu hi ginchat um tak a hi.  
Sawlchak Paul in, "Lalpa ah  
chun kipak un, ti kit ngen

ingka, kipak un... bangkim  
ah kipakthu gen kawm in..."  
(Php 4:4-6) a ti hin Pathian  
tawh kizawpna pha a nei zia  
a suhlang hi. Chuleh, Paul  
gual tho in David, Mosi,  
Paul, Zakai, William Carey,  
leh Fanny Crosby te kha le  
Pathian tawh kizawpna pha  
neite chiat a hiu. Zia zia  
chun, bangcheng ngaitua in  
gen leuhin le, Pathian tawh  
kizawpna pha panglo ah  
chun khawvel hi neu kisaklo  
theilona gam a hi sek hi.

**Thukhakna:** Zia thuzik ah pat  
hin mitin in lungthim hisel/  
lungput dik nei a pawimawdan  
a kilang hi. Zia chu nei theidan  
chuam chuam um maleh a  
bulpi chu siamtu Pathian in  
ama kibatpi ah ei siam a hi  
ti hetchianna ah kinga a hi.  
A tawppen ah chun, mëlâm  
a hi pua, mi lian leh mi neu  
tilam le a hi diak puai. Hausak  
leh gentheilam a hi pua,  
midang sâng ah nuainun leh  
chungnunlam le hi diaklo in,  
Pathian khutsuak 'nangma'  
la hi mai kha nang â ding in a  
huntawk hi. Zia zia chun, neu  
la kisa sek em? Neu kisa kin!

## KNP HUANG



**CKNP in Kangvai Pastor Bial  
KNP vena**

**A hun : Ni 6 September, 2025**

Hun mangtute :

1. Pi Niangthianting, *Treasurer*
2. Pi Nemhawiphah, *Comt. Member*



**CKNP Bial Fan - Thembasuk  
Pastor Bial**

**Ani : Ni 12 September, 2025**

Hun mang tute :

1. Pi Kh.Thianniang, *Chairman*
2. Pi Neikhovak, *Gen. Secretary*



**CKNP in Panglian Pastor Bial  
KNP vethâkna**

**A hun : 13<sup>th</sup> September, 2025**



**CKNP in Dongjang Pastor Bial  
KNP vethâkna**

**A hun : Ni 20 September, 2025**



**CKNP in D. Khawzim Pastor Bial KNP vethâkna**

**A hun : Ni 23 September, 2025**

Hun mangtute : 1. Pi Niangthianting, *Treasurer*

2. Pi Niangdawitig, *Committee Member*



## **CONSULTATION AND TRAINING ON CHOIR CONDUCTING PROGRAMME**

CKKP saina'n a chiata Ni 17 leh 18 September, 2025 nite in Thangkai-Lungpau Hall ah Consultation and Training on Choir Conducting Programme hun lawktak ah matzaw a hi. Zia hun ah Instructor hi Pu H. Lalrinmawia, Senior Music Instructor, Mizoram Synod a hia, Branch tin ah pat leh Synod Choir member te apat mi 71 a pang thei u'i.

Ni 2 sung hi zingkal dak 7 ah kipat nitak lam dak 8 chan hun mat a hia, Synod Office leh Jubilee Kochuam te ei zintunna'n, zingkal leh nitak An nekden a hi.



A chiata Ni 2-5 October 2025 sung in Presbyterian Youth Fellowship 25<sup>th</sup> BIENNIAL CONFERENCE cum GOLDEN JUBILEE CELEBRATION chu Youth Recreation Centre (YRC) Falkland, Aizawl leh Thuampui Venglai Presbyterian Kochuam Biak In, Aizawl te in Central KTP leh Thuampui Pastor Bial-te zintunna mat a hi.

Zia hun ah hin Tangphai KKP apat in Delegates leh Synod Choir-te kigawm in mi 37 a kalsuan thei ua, Programme ah panmun kichang-Bible Reading and Prayer, Lapawl, Quartet leh Male Voice te hawitak in a va kisupiting thei vek hi.

Chun, Rev. C. Lalremruata, Consultant malakna in Tuikual Kochuam (Consultant umna Bial lui) in Pathianni nitak apat ei zintun ua, Pathianni Nitak Kikhawp leh Seppatni Khanglai Kikhawp in a kipang thei a, zia hun ah chun Tangphai Synod Choir in Lapawl hawitak a lem thei u'i. Seppatni nitum in Kochuam mun pawimawte- Synod Office, Synod Hospital leh ATC te ei fang piu a, lungdam a um takzet hi.