



Kochuam puitute'n Relief Center mun chuam chuam vêna

To.

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P.O. Box - 107
D. Phailian,
Churachandpur - 795128
Manipur, India

ESTD. MARCH 2008
JUNE 2023

Hinna Vâk
Monthly Christian Magazine
AN ORGAN OF THE TANGPHAI PRESBYTERIAN CHURCH



Sermons:

- › I KIHUMBITNAU
- › LALPA HUIPI A HÂT TALUAI
- › PATHIAN THILTUP
- › LA PATHIAN KO IN

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A man pia nuam leh a la thak nuam ten Business Manager kianga hiatsak ding.

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Hinna Vâk ah thu kisua zosia hi Editor ngaidan a hi suak puai

Pauchapna Thupi:

1. Gamsung Buaina ziak ah haksat-na tuakte a ding in pauchap hitiu. A diak in Kochuam, i mi leh sa te, In leh lo nusia ah hung zâm, thina tuak leh sukgentheina tuakte â ding in pauchap hitiu.
2. Gamsung buaina hi a phalam ah a hung kiven vak theina ding in dawn hitiu.

**Kochuam puitute'n Relief center mun chuam chuam vêna**

KINEPNA GAM

"Lei sukgentheina ni jat leh, thil phalo ka tuak kum sung tawh kigûn in, ei kipak sak tan" (Sam 90:15)

Tuchung i buai nau hi mimal, insung leh khawtang a sukkhak chiat ziakin mitin mai kinepna gam chu Lalpa bep ah a um hi. I Pastor teu haw le pakchak a um thei ma ma ziang ua, numei chapang thakdaw lo theilo a hia, amau haw chun vang a bial mipi teu thawkna thawkpi in, a haksatna mun ah le Lal Jesu nungzui zel in pan a la sau sau ui ti mu a chun lungthim a nuam khawp mai hi. Khenhat vang chu gammuai thing nuai ah bial mite tawh an leh tui ngawl khawm, nekhawm leh khawsa khawm ah a um dan teu haw hi thil lopi tak a hi. I haksat thawkna teu hin kinepna gam ei tun hen la, miham gam a hinle Lalpa phatna mu kinem hitiu ti hi ka pauchapna a hi:

- Zia buaina hun hi unau kituaklo mitsawi hasawi ah ki-en tate kichamna phual hi hen la,
- Bukhing gual ah mekgawm theilo ah kigen i nampi â ding in buman gual ah ei châlmattu, i buman lei uh hi hen la;
- In leh lou leh nei leh gou, gam leh gua i chân tak teu haw sang ah gam phazaw Lalpa'n ei pia hen la,
- Pathian leh a gam â ding ah thisan leh hinna chân ta ten le a le tam takin malsawmna dawng tau hen.



Thigawpi ziak ah haksatna tuakte kithuapina

A chiata April thatawp lam ah huipi hât ziak ah mimal leh Kochuam In suksiat ah umte report Office ah hung lut dungzui in i Kochuam in Relief piak ding dan a bithiak zui in kithuapina ziagual hin hawpdaw a hi:

Sl. No.	Bial	Kochuam	Siatna tuak	Kithuapina piak zat
1.	D. Khawzim	Sainolian	Biakin	30,000
2.	Leilon	L. Munlui	SS Hall	20,000
3.	Leilon	L. Munlai	Mimal In 1	6,000
4.	Munpi	Munpi	Mimal In 7	27,000
5.	Munpi	Chongkhozou	Mimal In 3	12,000
6.	Munpi	Thingkeu	Mimal In 6	21,000
7.	Munpi	Puaktam	Mimal In 4	12,000
	Total	Biak in - 1 SS Hall - 1 Mimal In (ha siat) - 5 Mimal In (ha siatlo) - 16		1,28,000

Relief fund hi mimal In ha siatte kiang ah ₹ 6,000/- chiat leh a ha siatlote kiang ah ₹ 3,000/- chiat ah hawpgual a hi.

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Namkâl buaina ziak ah thuakte

Tuchung Manipur gam ah thiltung huaise tak, namkâl ah buaina in mimal leh Kochuam a sukkhâk dan May thatawp tiang ah report kimu ziagual a hi:

Sl. No.	Bial	Biakin kihâl/ kisusia	Pastor Qtrs. kisusia/kihâl	Mimal In kihâl/ kisusia
1	Kangvai	-	-	65
2	Imphal	6	-	60
3	K. Sharonphai	4	1	79
4	B. Phainuam	4	1	50
5	Chingmei	1	1	-
6	Sugnu	1	1	?
	Total	16	4	254+

Note: Report kichian hi Kochuam Secretary-te'n a hung piaklut thei ding uh i kinem ah, a thei phawt chun a vaima lam in hung pelut thei leu kipak um ina.

Relief Centre ah mi um zat leh May thatawp tiang ah Kochuam in kithuapina a lah kipiakdaw dan ziagual a hi:

Sl. No.	Relief Camp	Enkawltu	Mi um zat	Kithuapina Piak zat
1.	-	VPC Gen. HQ	-	1,00,00,000
2	-	ITLF	-	50,000
3		Bethel Camping Centre	-	20,000

June 2023

Sl. No.	Relief Camp	Enkawltu	Mi um zat	Kithuapina Piak zat
4	-	YVA Gen. Hqtrs	-	1,00,000
5	RMHS	YVA Compound Veng	284	50,000
6	SS Hall & HV School	YVA Gangpimual	437	50,000
7	Lingsiphai TD Block	YVA Haipi Block	321	10,000
8	Vungzagen H/S	YVA/YPA Mata	138	10,000
9	Donbosco H/S	YVA Town Unit	232	10,000
10	CCpur College	YVA Town & D Phailian Unit	212	10,000
11	JB School	YPA Dorcas Veng	70	10,000
12	Pearsonmun	YPA Pearsonmun	28	10,000
13	Zenhang Lamka	YPA Zenhang Lamka	70	10,000
14	Rengkai Govt H/S	HYA Rengkai	208	10,000
15	Hmar Veng	HYA Hmar Veng	76	10,000
16	YMA Hall	YMA Chiengkonpang	319	10,000
17	-	KIC, Tuibong	-	30,000
18	-	KKL Molnom	-	10,000
19	-	KKL Salbung	-	10,000

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20	Guwahati	Vaiphei Welfare, Guwahati	30	-
21	Shillong	Vaiphei Welfare, Shillong	298	-
22	Delhi	Relief Committee	60	-
23	Bengaluru	Mimal In ah um	10	-
TOTAL			2,793	1,04,20,000

Mimal/Kochuam ah kithuapina hi piakdaw a hi nai tadi pua, report a hung lut kim thei lam phatleh ngaitua hung hi'na.

Tu tiang ah Relief Camp ah umte â ding ah Kochuamte'n thil a piakkhawm uh report kimu dan ziagual a hi:

1. Phaipheng Kochuam in me ding gari khat, YVA General Hqtrs. ah a lah pelut u'i.
2. Leijangphai Kochuamten le YVA General Hqtrs. khut in me ding gari khat a lah pelut u'i.
3. Dumlian Pastor Bialte'n YVA General hqtrs. khut in anchang bag 6 tawh ₹ 4,200 a lah pelut u'i.

Kochuamte kihepina leh kilainatna ziak ah thilpiak i piakkhawmteu hi a lopi ah, kipak a um takzet hi. Maban ah le pangkhawm ah, hât tak ah sêmkhawm zel thei ding in Lalpa'n i ma'u ei pui zing hen.

Tu tiang ah Leilon Bial sung ah khua umte venbit a hi ziak un Pathian kiang in kipakthu gen hitin uh, maban ah le a bit zawm theina ding un pauchapna'n delzui zel hitiu.

I KIHÛMBITNAU

~ Rev. P.B. Zosaphara
Consultant, Mizoram Synod

*Pathian chu i kiselnau leh i hâtnau, lungkham lai ah
panpi vak ziang nâicha um a hi...
Tangte'n Jerusalem a ûm vêl gual in,
LALPA chu a mite kîmvêl in a um sek hi.*

Pathian thu chun: “Pathian chu i kiselnau leh i hâtnau, lungkham lai ah panpi vak ziang nâicha um a hi” (Sam 46:1) ti leh, “Tangte’n Jerusalem a ûm vêl gual in, Lalpa chu a mite kîmvêl in a um sek hi” (Sam 125:2) ti ei hil ah; zia thute hi vak zilkhawm ding in kisa’i tiu.

1. Pathian chu i kihûmbitnau a hi

Bible chun Pathian phat zia, kiselna leh kihûmbitna ding ah bel tâk a hi zia hi mun tam tak in ei hil ah, a thamuan um khawpmai hi. A langkhat lam ah chun kuate a hi diam uh hûmbit ah um sek, kuate a hi diam uh thamuang tak ah um sek ti chu ngaitua ngâi a hi.

Thuthung Lui ah chun Israelte chanchin tam tak i mu thei ua, Pathian kihûmbitna ding ah mang sekte chu Israelte a hiu ah, zia khawvel ah Pathian in a hiat leh a ngaisak inkuante a hiu. Lungkhamma a tuak tam ua, gâl a hau ua, gâlدو ding inle

a kuandawk deu zing sek u'i. Kihûmbitna ding a pawimaw sîn ua leh a hun hun in Pathian in a hûmbit sek ah, mimal tak inle Pathian chun ama â ding ah ginumte chu hûmbit in mal a jawl sek hi.

Zia thilte ah kipat i zildaw ding ua pawimawte chu:

§ Pathian chun a mite, ama têlchuanme ngîi inle haksatna a tuak uh a phal hi. Lungngâi leh beidawng tak ah kap leh thûm hut hut ah a um uh a phal sek hi. Gâlدو a haksat maizen tawh, gâlدو ding ah a

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kipatdaw veu sek uh ngâi
ding in a umsak sek hi.

§ A haksatna mun un Pathian
in a nusia ngai pua'i.
A gâldona mun ngei un
Pathian in a umpi sek ah;
hâtna, zawna lâ tawh a
kilekit sek u'i. Melmate'n
Jerusalem a ûmkîmvel lai
unle amau ûmvêltute ngei
chun thawm mak tak a
hia'u ah, hualkhum ah um
Israelte'n bangma a bawl
uh ngâilo in, gâlthuam tawh
nek leh dawn dingte nusia
in lâu tak in a taimang ziang
uh a hi.

§ Habakuk chun a nêk
hâwlna/ a kivâkna thil zosia
chu chân vek ding hilehle
“...ka hukdamna ka Pathian
ah chun kipak zel ingka” a
ti hial ah, a nei sun sun a
In leh Lo te chule chân vek
ding hilehle khawk a saklo
thu a puangdawk hi. Tichun,
Pathian in maljawlna tam
tak in a vuk a hi kha.

Ama â ding ah ginumte chu
Pathian in a hûmbit sek hi.
Joseph chanchin ah khan
Pathian â ding ah a ginum
zia i mu'u ah, thawkna
pumpelna ding a ngaitua

buai pua'i. Suangkul tiang
ah khum a hi kha. Himaleh,
a thawkna ah kipat khan
maljawlna thupi tak a
hung tung ah, a hun lai ah
vaihawmtu lopi tak a hung
hi ta a hi kha.

§ Daniel chu meipi lak leh
sakeibaknei kul ah selut in
a hi. Mihing ngaitua dan ah
chun a vaigei talaw deu chu
a hi sek ah, maleh, Pathian
lemguat dan ah chun a
thawkna mun ngei ua va
umpi ah, va hûmbit kha a
hi sek hi. Meipi sa ma ma
ziang sung ah chun khawvel
mite maksak di tak in a vâk
kual vel ua, a samzang uh
pakhat cha le a kâng pua'i.
Sakeibaknei kul sung kha
mun nuam tak chu hi kîi
pua'na. Midang a pailutteu
kha tual chu manlo ah a lah
puaitel ua, dam ah suakcha
kuama dang a um pua'u hi;
himaleh, Pathian in Daniel
chu sakeibaknei kul sung
inle a umpi ah, a venbit a hi
kha.

Pathian in ama â ding ah
ginumte chu a hepha zing
ah, a hûmbit sek hi. Pathian
hi chu a pha takzet hi!

2. Lalpa chu a mite kiang in a um sek hi

Pathian thu ah chun “Tangte’n Jerusalem a ûm vêl gual un Lalpa chu a mite kîmvêl in a um sek” ti i mu kit u’i. Jerusalem khua hi tâng in a ûmkîmvêl ah, a lâilung tak ah chun a khua hi a um hi. Melmaten va do sek maleu zia tângte ziak ah chun melmate â ding in tawi a haksa ma ma sek ah, amau â ding ah panmun lemchang ding a haksa; tângte chun Jerusalem khua chu a hûmbit sek a hi. Ziagual chet ah chun gingtute hi Pathian in ei vêngbit zing a hi ti i hiat uh a pawimaw hi.

“Ei ko in, tichun, hun dawnhu ingka” tipa chu Pathian a hia, i ko ua leh ei dawnhu ngei ngei ding a hi. I cha duat tak te’n ei ko phat ua leh i dawnhu ngei ngei sek ah, a dawt uh chu amau â ding ah thilpha a hi phawt chun i ngaituapiak ngei sek u’i. Ziagual ah chun mihing nasan inle i bawl sek uh a hia, kumtuang Pathian chun a chate kona chu dawnhu lo in thipsan mai mai lo hial ding a hi. I kiang un a um zing ah, i ko phat sin ua leh hung dawnhu ding a hi; thamuan a um khawpmai hi.

3. La lungkhamna Lalpa’n a hia’i

Pathian chu lungkham lai ah panpi vak ziang nâichâ um a hia, i ko phât sin ua leh ei dawnhu ding a hi ti a kichian hi. Khawvel ahin ama hiatlokâl ah bangma tung lo ding a hi. “La lungkhamnau zosia ama chung ah septhâ’u in, ama’n la khankhua ding uh a gel nai” ti hi hezing leuhin.

Sam 73 chun, “Pathian chu kihumbitna’n ka mang hi, a thilbawl zosia ka hilsawn theina ding in” a tia. Khawvel thil ah vahawmtu leh thuneitute chun vêngtu sepai a nei ua, mi hausate’n le amau vêngtu ding in mi a gawi sek ua, sum leh pai tam tak a seng sek u’i. Himaleh, ei uh Pathian gingtute hi chu sum sênglo hial in Pathian in ei vêng zing ah; buaina tak tak a hung um phatleh thuneitu leh vahawmtute’n le amau vêngtu sepaite chu a thamuanpi tak tak thei sek pua’u hi. India sung ngei ah le amau vêngtu sepai in a kaplup ka hia’i. Mi hausate le amau vêngtu ding ah a mi gawite’u in a suam uh leh a thalup hial uh le a um sek hi. Himaleh, ei uh gingtute hi

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chu Pathian in i phatna ding un bangkim ei bawlpiau zaw sek hi.

Gingtu masate thawkna thu Bible in ei hil chu thing-âtna ah ât tante, chemjam ah satlupte a hiu ah. Zia khawvel hi i khualzinna mun uh, umna det ding hilo a hi zia taklatna

ding ah ziagual ah chu sawisak ah um a hi dan uh ei hil hi. Ziate haw chun le Pathian hi kisêlna'n a mang ua, a lungkhamnau zosia a hil ua, Lalpa'n a dawnhu ah, tichun ginum tak in a thuak thei uh a hi. I lungkhamna zosiau hetu Pathian hi ko zing hitiu, ama chu i kihûmbitnau a hi ngal ah.

UBUNTU

South Africa gam ah khua khenkhat ah chun mi kua a hem khat in thil phalo a bawl/a bawlkhial phatleh, khawlai lailung ah chun ama chu pui in a nam chankhawmpite chun nini sung (two days) a kual in a ûmkhum ua, zia hunsung ah chun nidang ah a thilpha bawl zosia chu a ban ban in a gendaw thak piak sek ui. Mizosia hi a phalo a um pua, ahinla thil phalo leh bawlkhial a kinei sek hi ti hi a gindan uh a hi. Zia gual hun ahin pangkhawm in zia thil bawlkhial pa/nu chun a hindan diktak a pha zawk chu a hun neithei kitna ding in pan a lakhawm sek uh a hi. Zia pankhawmna leh tîlkhone chun gawtna, kophilna leh suk zalâkna sang ah NASA zaw ah mihing siamphat theina thupi tak a nei hi ti a ginchat dan uh chu a hi. Zia chu UBUNTU - mihing chanpite chung ah lungsiatna a ti uh chu a hi.

LALPA HUIPI A HÂT TALUAI

Mark 4:35-41

Rev. S. Lama Vaiphei
Executive Secretary

*Lalpa huipi a hat ta luai, tui kinawka sang ngal a;
Khua nasa takin a hung nim tai, panpitu ding dang umlo.*

*Ka kuang uh la tum di ei tai, nang lah la ipmu hen;
ka manthai diu khawksalo maw Lalpa,
Tho inla ei hukdam in.*

*Hui leh tui kinawka ten a thu a awi,
Chawl ta un.*

*Huipi hâng in gawpi zu maleh, vannim kawlphe leh huipi
bangmachan le lawng suse thei puana
lei leh van Lal lawng sung ah um kha a gin phawt uh chun.
Za takin a thu a awi chiat ui chawl ta un.*

*Lalpa lawng gual mai ka hi, khawvel ah ka um sung hin; Mangthai
din ka kigingcha zing hi, panpi ding a hung masian. Thepnate hi thiqua
gualin, ka chungah a tung zing;*

detlo tak tui kinawka chungah chia gual, van tunlo ding ka lau hi.

Thigawpi chawlsak gualin chawlsak un, chawl ta un.

*Kuang sunga la umzing gual khan keima ah la um zing hi ei panpi din,
Ziaziaka chun mithep hat Setan leh,
bangkim la chawlsak gingchan ko le ung,
ei do van nim te chawlsak in la*

(KLB No. 129).

Zia la hi Mary A. Baker in kum 1800 tawp lam ah a lah siam a hi. Mi tamtak in Lalpa lam ah khatlawnna leh halthaknan a lah mang tau hi. Kristian hinkhua ah haksatna i tuak teu hi zia tuanthu a hin a kichian ma ma hin ka hiai.

I dinmun siat ziau hi

Tulai tak ah Manipur gamsung ah i thiltuak uh hi gamdang ah mi ei hiat ding le zachak um hial khawp in i dinmun ah a

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sia, a dengdel a, a lauthawn um hi. Maleh i dinmun uh hi khawvel ah chanchinbu leh chanchinthak zosia ah puanzak a hi ta, khawvel in ei hiatpi a hi. Ginglo mite kinepna chu khawvel in ei hiatpi leh khawi lam apat a hem in panpina hung tung ngei ina ti a hia, gingtute vang chun Lalpa lei leh van siampa a pat panpina i kinem uh a hi.

Bial leh Presbytery haksatna tuak bik te chu: Phaipi Presbytery pumpi chu Euroquilo huisia in a mut ziakin, a sezo timai ding in a um hi. Phaipi Presbytery huamsung a hin Pastor Bial pali a um ah, a dinmun uh chu zia gual hi a hi.

* Imphal Pastor Bial a hin Biakin pathum New Moreh Biakin, New Lambulane Biakin leh Langgol Vaiphei Enclave ah Biakin te hi suksiat nailo dan ah hiat a hia, maleh Biakin dang zosia leh i kochuam te in zosia suksiat a hi ziakin New Moreh Kochuam tilo ngal chu Biakin ah kaiphak ding mi a um ta puau hi. Imphal Pastor hi dinmun lauum ah a um phat in

Aizawl lam ah a insung mite va thakdawk in tuhin Tangphai Synod Office ah room pakhat lua in a um hi. Pro Pastor hi Shillong a va tung ah tuhin S. Munnuam ah um ta ding ah guanggal ahi ziak in a um ding dan guanggal laitak a hi.

*

K. Sharonphai Pastor Bial leh B. Phainuam Pastor Bial ahin Biakin leh mimal in zosia haltum a hia, mi pani in a hinnau a chān bawk ua; chuleh, mi panga in pawngsual a tuak ua hiat a hi. B. Phainuam Pastor hi Meitei himaleh a Kochuam mipi te tawh gallau in a taikhawm ua, gamlak ah hun bang hem chan a giak nung un, gamgil zaw leh tang sang zaw ah lutto zel a ngai phat in bang ti ti a hem in Moirang lam ah a in a hung tung tai. Ama hi Chingmei Pastor Bial alaenzui ding ah ngansia ngal a hi. K. Sharonphai Pastor hi a bial mipi te tawh gamnuai thing nuai ah le kitawn pek in, tuhin Motbung Damdei College Hostel ah a cham nalai ua, Lamka a hungtun thei phatleh Office attatch

- ding ah kawi a hi.
- * Jiribam Pastor Bial a hin, Jiribam khawpi sung ah Convention Biakin a hung kihal ziakin Kochuam mipi zosia gallau in a um ua, bitna thei mun ah tai in, Bialtu Pastor le Aizawl lam a va tung ah, tuhin chu numei chapang lutkit zianglo maleu Bialtu Pastor makaina tawh posal lam chu a umkit tau hi ah hiat a hi.
- * Leilon Pastor Bial hi Pathian lungsiatna zal in, a lawm deu ah cheng a hi ziak uh le hin tin melma ten vel tamtak lu gua zing maleu a la kivengbit thei n alai ui. Maleh Biakin kikhawp leh bangma chu dawi gualin a um thei chuam puai. Bialtu Pastor hi a unaupa Kangvai lam ah buaina ziaka thi a um ban ah a paneu te damlo ah thi te um ziakin Lamka a hung tung ah, tutiang hin a um nalai hi.
- Lamka North Presbytery hi buaina hung kipatna mun a hi ziakin a sukkhak na tiang chu a huaise khawp mai hi.
- * Kangvai Pastor Bial ah Torbung leh Kangvai khua hi buai kipatni a kipat buai pan a hiu a, himaleh vangphat um tak in tuni tiang in Biakin, Pastor Quarters ti te haw a bit nalai hi. In kihal hi Kangvai ah in 50, Torbung ah 15 kihal in Gari le hunkhawp suksiat leh halsiat a hi. Vangsiat um tak in Kangvai ahin i Kochuam mi pakhat in a hinna a chān hi. Kangvai leh a sevel ah mite hi a insung miteu glatai in Lamka lam ah a um tangpi ua, maleh posal ten inlam a veng uh hi ah hiat a hiu. Kangvai Pastor hile a ji leh chate Aizawl lam ah va thakdawk in tuhin Synod Office ah room pakhat luain a um hi. Pro Pastor hi Lamka a inmun ah pansa in Pastor tawh kithua in galtaina mun leh a bialmun lam tiang uh a va vil zel sek ui.
- * Chingmei Pastor Bial hi Meitei ngen umna a hi ziak in buailo thei ding ah ngai himaleh buaina namenlo a la tuak tho mai ui. Biakin leh Pastor quarters leh

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Evangelist quarters te suksiat leh halsiat a hia, Pastor leh Evangelist tegel le Lamka lam ah amau In gelin a um phawt mai ui. Evangelist pu hi ama In ah kipat Kochuam etkawlna a thei dan dan ah a la pang ding leh Pastor hi Office attatch ding ah guanggal a hi.

* S. Kawtlian Pastor Bial hi in hal leh suksiat a um diak pua, maleh lungmuan thei hi ah a hiatlo ziak un numei naupang chu Lamka lam ah galtai in, posal ten in a ngak uh hi ah hiat a hi. Bialtu Pastor hile Lamka lam ah ama in ah um hi ah hiat a hi.

* Sugnu Pastor Bial hi buaina tawh kisukhalo gualin lang maleh lauthawn um deu guala a lat ziakin a bial mi numei chapang tamtak a galtai ui. Bialtu Pastor hi a ji leh chate thakdawk in, amah in thei dan dan in a bial lam a buaipi bawk hi.

Bial leh Presbytery dang hi chu buaiselo tadi ah ngai a hia, maleh gallai ah lungzinna leh galtai te buaipina in buai namenlo in a buaikit bawk ui.

Synod Office lam le dawi gual ah kihawn le a lemchang pua mi buaina na in ka buai ve mai ua, tulai tak ahin Finance department lam leh staff lemchang chang tawh sunma zel ka kai ui.

I gam politics chiato zel chun separate administration demand ding ti a hi. Zia hin a chûn khawm thisan naisan leh kial leh chak, kidona huaise zaw i masang un a um hi i hechiat ua, i Kochuam hile banggual ah kikaihuai to zel ding i hiu em ti hi hiat haksa tak a hi. Lalpa chun a Kochuam makhua ding gel ma ma ina tivang i kinem lalo uh a hi.

Khawvel tuisuagiat fawn lak ahin huipi zatchuam chuam a nung sek a hi.

- Ei un Pathian zangaina dawng ah hunnuam tak imat zing lai ahin sungkuan tamtak a chun thinnan tha a zak zing ahi.
- Khenkhatin a tui tui nekding i buaipi lain sungkuan khenkhat a chun thi leh hin kikal in damlon a leh accident ziakin kam ah meikhu suak hialin a beidawng ui.
- Khenkhat in, in leh lo

pha zaw sak ding buaipi ah sil leh chen mawizaw dawi ziak ah dawidan ki bangloah i kinial sau sau laiun khawpi kawtzing kal ah in leh lo neilo, sil leh chen ding neilo, nek leh dawn ding neilo ah gilkial ngawi ngawi ah hun mang a dimin a um zing ui.

- Khenkhat in birthday lawm, pass lawm, malsawmna tamtak dawn zal ah kipak tak ah i um lai ua hin hinkhua bei dawng ah mani hinna suktawp mai ding ngaitua ah buai a um zing ui.

Huipi a hat takluat hun a um sek hi

Lalpa Jesu ngei le pang in nungzuite chu kuang chungah khual a zin lai ua thiltuak uh ahi. Jesu panlo chung hile chu thil awm tak le hi maithei ahia, zia gual haksatna huaise tak a tuaklai uhi Jesu ngeile a lak ua aum lai ahi.

Tuifawn a sang ah, khua a thim ah, panpitu ding bei gualin a ki hiau a hi. I mimal chiat ua haksatna i tuak teu genkhawm ding ti leu hen gen ding hau talua a pau ding i kichu mai thei ui. Haksatna chiat chiat

ale i taksa ahem i hinna ahem hi a hun sukkhak guat takleh i beidawnna le a sang diak sek hi. I kuang (i taksau) i etleh tum vang vang ah a kilat hun a um sek hi. Jesu lam i ngat leh a la ipmu nalai. “*Ka manthai diu hi khawksalo a dia aw*” ti mai ding ah a kilawm hun a tam.

Huipi leh tuifawn te chung ah thunei Jesu

Khawvel ah i umsung ua hin zia lawng gual mai chu i hiu. Peter chun a beidawn in Lalpa a ko hi. Lailong hausapu Pu Paulal Gange laphuak chun, “*ka beidawn in Lalpa ka ko a, aw ginna tawm tin ka khut tun ei kai...*” ti in ala gen hi.

A nungzui te khan kum thum vel a nung a zui nung ua khan le a thilhithei zia ala hechian nailo uh hin a lang hi. Hui leh tufawn te zosia chung ah thunei Jesu kha tuni anâ i sep uh Jesu hi a hi.

1997 kum akhan Lalpa’n lâ pakhat ei pia, ziachu “*Damlaini tuanglam sau ahin samlo duthu ka chung a tung, thawkdan gelmaw in ka vai ngei, heisan ka lau chung Pathian lung in. Sim hui hung nung inla, aw mal hui nang*

HINNA VÂK

*le hung nungin, ka pak huan
hi hung mut inla, Lebanon
wine gim nam ding in” ti ahi.
A chang chang leh huipi hung
nun ding ka lau sek, a chang
chang leh ka ngakla sek, tuni
tiang a hinle ka lungthim a
kisual zing nalai hi.*

Eimau ah um Jesu kha

Kuangnung ah um Jesu kha a la ipmu ahi mai thei hi. Jesu nei hinna nuam iti zing lai ah bang ding ah eimau ah um Jesu kha imu mai a diam? Kuaman ei ngaisak lo leh, kingai imut a bailam khawp mai hi. 1997 kum akhan Dermthring EFCI kochuam ah ka va lawi sek a, Pathianni zingkal Sunday School ah ka imut suak sek dan chu kei leh kei le ka ki datmaw hial ahi. A kumkit 1998 akhan kochuam ka hung ding tau a, ka imut suak kha abei kei mai hi. A ziak pen ah ka hiat chu Lalpan kochuam etkawl di ei piak a khan ka lungthim ka pe ta, imut suak na hun a um ta puai. Mi biakin ah ka kikhawp lai a khan chu ka lungthim a la chawldam talua ahi ti ka hedawk hi.

Eimau ah um Jesu hile phawt thaw ngai hi ding helo ah ipmu a hi kha diam ki

enchian thak kit tiam hi tiu. I holimpi khât ta, ama dawnglo inle i khawsa thei deu taua, ngaisak a law zo talo khat ahi ta diam?

Lawng sung ah um Jesu kha hui leh thigawpi siamtukha a la hii. Banggual in hui leh tuifawn kinawk ziang leh le lawng suse thei puan ah Lei leh Van Lal Lawng sung ah um kha i gin phawt nak ua chun.

Thutawpna

Eima mimal bep hilo a chang leh kristian inkuan hi huipin a hung nam ah ling dul dul ah, lau leh kithing in ei kawi sek ahi. Huipi laulo laklaw te chun ka imut anuam bep hi atiu le ahi mai thei, a lau te a dingin vang um zia zang le umlo ahi. A laulo hi chu panpi ngailo ahi mai ah, tuni i buaipi ding ua i dawi chu lau ma ma ngal ah panpitukonachang helo te hi ahi. Lalpa i lawng sung ua chuang kha i phawn hal ua ahileh nang leh kei bep hi loin i gam le hi kochuam lawng sung a chuang zosian le a bit pha ding uh ahi. Zia hi i pauchapna ding uh hileh: “*Lalpa hung tho inla ei hukdam in! Lalpa ka gam uh ei sukdam piakkit in*” ti hi.

LA PATHIAN KO IN

Jonah 1:6

~ Rev. Ngurthanmawia Sailo
Synod Moderator, TPCS

Jonah hi Israel nam le hilo, Ninevi khua ah mite kiang ah zawlnei na sem ding ah ko a hi. Ninevi khua ah gitlona hi nasa ma ma ding ah ngai a hi- ginglotu a hiu a, ziagual chu himaleu a gitlonau chun Pathian bil a thawng thei a hi. Ziagual mite kiang ah Pathian in Chanchinpha hil ding ah Jonah a têl ziang hi thil mak tak a hi.

Bible ah i mu dan un Jonah chun Ninevi khua ah thu vak gen chu huphul ma ma a hi ginchâk a um a, ko a hilo na lam ah chia ding in Tarsis Lawng ah a chuang ziang ta a hi. Maleh sawllona lam ah chia Jonah, mi lulul chu Pathian in huipi leh guapi nasatak mangin a hun delzui tai ti i hiau ah, a chuanna Lawng chu kek zâk ziang ina ti lau um khawp in huipi leh guapi chun a nuai hi. Ziaziakchun, Lawng ah chuang te chun a Pathian chiat uh a ko ua, nasatak in a pauchap tau a hi ti i mu. Zia hun lai a chun Jonah chu Lawng ah a la ipmu, Lawng pute lungkham tak chun Jonah kiang a chun “Tho inla la Pathian ko in! la Pathian chun i mangthai lona ding un

ei ngaitua piak thei khak leh” ti in a Pathian ko ding in a dawn tau a hi.

Unaute haw, tulai i thil tuak zinglai uh thîl in ei un le Pathian i ko uh a hun takzet ta a hi. Khawvel ah hipi Covid-19 leng in ei hi buai a, mi tamtak in hinna i chân ua, i kikhawm thei puau hi. Zia hipi chun ei nutsia zinglai in, kikhawpnate ngaina gual tak ah i chia zing thei lai tak un tuhin Manipur sung ah nam leh nam (Thingtang mite leh Meitei te) kikâl ah buaina nasa tak a hung um ta, Biakna in ei hal piak ua, in leh khua te i kihalpiak ua, mi bangzât a hem ten hinna i chan tau hi. Nek leh dawn a haksa, malam hun ding sau tak i thîl vang chun i mabak

HINNA VÂK

u hi a thim ma ma hi. Ziagual dinmun, hun hksa tak ah i din zing lai ua hin zia buaina hi sukfel a hung hi vak theina ding in Pathian ko hi a hun ma ma tai. Ziaziakchun, “tho inla la Pathian ko in”. Unaute haw, ziagual hun hksa, hun buai um i tuak zinglai ua le Pathian ko na chang i hiatlo ah, Jonah gual ah ipmu nalai i hiu chun zia buaina ziak hin hksatna nasa zaw tuak zel ding i hiu. Tuhun hi simna tak tak tawh, Pathian lam ngai pawimaw tak takna tawh Pathian ko hun a hi.

Lal David hunlai khan Israel gam ah kisimpina nei a hia, zia chu Pathian dawilo gual tak ala hia, ziaziakchun Israel gam ah hipi a leng ta a hi. Mi tam tak a thi ua, zia gual hun a khan David leh a upa teu chun Saidip puan zil in lei ah a bawkkhup ua, Pathian kiang ah hipi chawl sak ding in a dawn ui. Zia ziak a chun hipi chu a hung chawl tai. Tuhin le nam leh nam kikal ah buaina ziak hin hksatna liantak i tuak zing ui. Zia buaina hi a hung veng thei na ding hin Pastorte leh Upate bep hilo in, kochuam zosiaten theitawp sua ah

Pathian i ko uh hi a pawimaw a hi.

Zia buaina ziak hin Biak in tamtak hal a hia, mun tam tak a chun kikhawp le i nei thei ta puau hi. Ziagual hi i dinmun uh a hiziak in i thagau lam hinkhua uh le a masawn lam sang ah a nungtawl lam ah a chia ding le lau um ta a hi. A hina tak a chun gingtute chu kipawlkhawm a, kimukhawm a Pathian pâk leh chawihawi khawm ding ah siam i hiu. Zia chu kochuam i hinau le a hi. Pathian pâk ah, chawihawi a, i thagau lam hinkhua uh kisuhât tua ding i hiu. Kochuam te le kikhawm lo ah eima ah vak um ziang hi chu thagau lam hinkhua masawn hi a hksa ma ma hi. Kochuam kingainat tuana leh ki hepituna te hile a keniam ut sek hi. Ziagual ziang ah kochuam te i chia zel ua chun kochuam hin hksatna tuak khai tiu ti le a lau um ma ma hi. Ziaziak chun unaute haw, tu hi Pathian ko hun a hi. **Zia buaina hi a hung veng ah, kikhawpna te le a ngaina gual tak ah i nei kit vak thei na ding un “Tho inla, la Pathian ko in”.**

Tulaitak ah i gam leh nam hi sukdam ngai in a sia a hi. I gam leh nam damna hi hausakna ah te, pilna a te, lopina te ah a um puai, politician hoi tak tak i nei teu hin i gam leh nam hi sukdam ding gua in pan nasa tak in la maleule i politician teu hin i gam leh nam siamphatna ding leh damna ding hi ei pe tak tak thei lou uh a hi. Himaleh i hiat ding ua ka dawi chu, Lal Jesu hi khawvel damna ding in a hung a, zia Lal Jesu chu kinepna nei pum ah thil leh et chu i damna ding uh a hi. “Pathian in khawvel a hepi ma ma ziakin, a Chapa changkhat neisun chu a hun pia tai; kuale ama ging taphawt chu mangthai lo ah, kumtuang hinna a nei ngei na ding un. Pathian in khawvel thiamlo chansak na dingin, a Chapa khawvel ah ahun sawl puai, ama ziak ah khawvel hukdam ah a um na ding in a hun sawl zaw a hi” (Johan 3:16-17) imu thei ui. Tu hun a hin khawvel damna ding ah i pawimaw pen uh hi hemil kha hitiu ti ka lau sek hi, khawvel damna dingin thiamna, pilna, lopina, sum leh pai, mihingte hin i mamaw sek

ui himaleh zia zosia sang in Lal Jesu i mamaw ui ti hi i hiatlo khak ding uh ka lau hi. Zia khawvel hin damna a poimaw a, zia damna chu khawvel in a piak theilo ziak in Pathian in a Chapa neisun, a lungsiat ma ma chu khawvelk a hin a hung sawl piak ah, ama ging taphawt te a dingah damna ei pia a hi. Ziaziakchun khawvel dam kit theina ding um sun chu Lal Jesu bep hi a hi. I gam leh nam damna ding in nasa tak in Pathian ko hitiu.

Tulai khawvel ah kithuamna dingah pha pen chu Lal Jesu Khrista hi a hi Romte 13:12-14 a chun, “Jan hi a bei vang vang tan khua hung vak ding eitai; ziaziakchun, khuathim ah thil hi te chu pai tha’n vak thuam in kithuam hitiu. Sun ah khawsa gual ah phatak in um hitiu; zu dawn buai leh zu kham ah umlo in, huk leh kidawicha umlo in, kina leh kithangsia umlo in; Lal Jesu Khrista a chun kithuam zawu inla, taksa utna te pitin dingin bangma bawl kiu in” ti i mu thei ui. Unaute haw, khawvel lemma leh muanna um na ding ah hin galthuam pha tak ah kithuam

HINNA VÂK

hi a huntawk puai, ting hileh vang USA khun a nei hawi ma ma hi, kidona lawng hawi tak tak, Tank hawi tak tak, kidona dingah lenna hawi tak tak a hau ma ma ui, himaleh zia galthuam hawi tak tak te hi khawvel galmuang saktu hilo in khawvel sudengdultu mai ala hiu, ziaziakchun khawvel lemma leh muanna nein a ding ah chun khawvel hi Lal Jesu in a thuam a pawimaw a hi. Kicheina lam ah Fashion hawi pen pen te a kichei malehin le i hindan in a zillo chun melhawi pi diaklo ding ihi, Lal Jesu ah kithuamna hi i melhawina pen ala hingei ahi. Galthuam hawi tak takte hin ei vengbit zing thei puai. I gam ua buaina i tuak laitak ua hin le i galthuam neiteu hin ei vengbit zing thei diak puau. Zia i buainau ah i kihumbitnau pha pen, i kithuamna ding uh chu i Pathian hi a hi. Sam 46:1 ah chun, “Pathian chu i kiselnau leh i hatnau, lungkham lai ah panpi vak ziang naicha um a hi”. Zia buaina apat hukhin ah i um theina ding un, “Tho inla, la Pathian ko in”.

Sungkuan tam tak ah Setan

nasepna ziak ah Khanglai tam tak te'n zu leh drugs a mat nasat ziak i he vek ua, ziaziakchun Sungkuan tam tak te i lungngai un i beidawng uh a hi. Zia i Sungkuan buaina hi sum leh pai leh lopina mang ah sukdam thei chi a hi pua, a sukdam na ding ah matchak pha pen chu i Pathian ma hi a hi. Ziaziakchun i sungkuan a dam theina ding in, “Tho inla, la Pathian ko in”.

I sungkuan haksatna zosia te a ma kiang i tut a, i gam a dam theina ding leh i gam ah muanna i nei theina dingin nasa tak in i pauchap ui, himaleh panpina i mu ziang mai lo chang le a um sek hi. Himaleh nang in a hun la ti lo lai ah amah in hun a ti hun ah panpina chu mu zawn la. Ziaziakchun Tho inla, sual ah tang lai la sungkuan te a ding, la gam leh nam a dam theina ding in, “Tho inla, la Pathian ko in”.

Tu hi pauchap hun, Pathian ko hun a hi, la sungkuan te a ding, la kochuam a ding, la gam a ding in “Tho inla, la Pathian ko in”.

PATHIAN THILTUP

~ Rev. C. Lalrinliana
Secretary
Tangphai Presbyterian Church
Provisional Synod

“Israel mite ka thawm chu ka kiang a hung tung ta’n, Aiguptate engbawl dante chule ka muchian ta ngal in”

Exodus 3:9

Israel chate kha Aigupta sal ah a um lai uh khan a genthei ma mau a. Aigupta gam ah um a hiu a, a gam uh a hi lo ziakin, nam dang a hi ziak un sukgenthei in a um ua, leng hat leh thilhithei tak nuaia cheng a hiu. Zia ban a chun tax tamtak a pia sek bawk ua, a ziak chu a leng khan building leh In lopi tak tak, thupi tak tak sak a buaipi sek ziak in sum tamtak a dawl sek ah, Israel chate khan haksa a sa ma ma ui.

Salte dinmun hi a niam ma ma ah, a thiu leh kuaman a kibuaipi man sek puau a, gim deu deu ah nasep kha a nisin nasep tangpiu chu a hi mai hi. A sakhuanau le bawl thei lo in a um ua, a ziak chu Aigupta te hin sakhuana a nei puau a, a lengteu chu chibai a buk mai sek uh a hi. Zalen tak ah Pathian a ho theilo uh hi haksa a sak ma ma uh khat chu a hi.

Tichun, Pathian chun Mosi chu a ko ah, Mosi kiang ah

chun Israel chate pauchapna a hiat thu a gen ah, amau puidawk ding in a ko a hi ti thu Mosi kiang ah chun a gen a hi. Zia Mosi kiang ah a gen hi thil pawimaw ma ma chu a hi, *“Israel mite kâ thawm chu ka kiang a hung tung ta’n”*, a ti a hi. Zia tak ah Pathian thu gen hi zil chian ngai chu a hi. Israel chate hi Aigupta sal ah hin kum bangzat a hem a um tau a, Pathian kiang ah le kap pum in vel bangzat a hem chu pauchap

HINNA VÂK

tei ding a hiu ah, hilele, hun sawt tak nung ah Israel mite kâ thawm chu ka kiang a hung tung tai a ti bep a hi. Zia hin ei zilsak chu Pathian hi numeite bep ko ding a hi pua, chapang te bep ko ding le a hi puai. I leng ua numei, pawsal, piting, chapang, teksia, nungak leh tangval te hin Pathian hi i ko ding uh a hi. I gam a buai ma ma ah, papi Pathian ngaisak lo te'n le Pathian hun ngaisak tei ina i ti lai in a ngai ngai in i um ua, tangval ten le sual sim in Pathian hun hawl tei tan ah i ti zing lai in Pathian lam ah kihei i tamlo tuak uh ka sa khawpmai hi. Pathian kona huaisia zawk hi ngak nalai ihiu em ti le ngaituana'n a um mai a hi. Israel chate gual hin kum bangzat a hem i zalen theina ding in i pauchap a pawimaw khak ding a lau-um khawpmai hi. Tuhun hi i leng ua Pathian i ko ding hun chu a hi.

Chun, i pauchapnau hi Pathian bil tung lo pauchapna aum ngei hi ti le a mu thei hi. Pauchapna hi Pathian tawh kihona a hi ziak in thinlung thiangtho a pawimaw pen a hi. A khawk pen chu i thinlung hi

a thiangtho zo ngai sek puai. Mani lawkna di bep ngaitua ah pauchapna te, mani lopina ding ah pauchapna te, mani bep kingaituana pauchapna hin Pathian bil a tung zolo sek a hi. Chun, pauchapna ah hin le dutuina i tasam ma ma tai. By-heart sa pauchapna hi a tam pen a hi sek a, mani maiphatna ding ah bawl mai mai, midang in ei mu thagaumi leh ti dawina mai mai ah pauchapna hi le a tam ma ma tai. Pathian dawina, Pathian mamawna tak tak, lungthim zosia ah Pathian kona hi a tawm deu deu ta a hi. Pauchap tam hi Pathian tawh kizawpna a hi puai, a pawimaw zawk chu Pathianin i pauchapna a ngaisak lo thei lo khawp ah Pathian i ko ding uh a hi. Mihing Dan gual mai mai ah bawl lo in Pathian dawina lungthim tak tak tawh Pathian i ko sek uh a pawimaw hi.

I pauchapnau ahin i hiat ding ah pawimaw chu Pathian hin a delay (Ei ngak sak) châng a tam khawpmai. Pathian hi robot gual ah i dawi dawi bawlsak chi a hilo a hi. Pathian hin plan, thiltup a nei sek a, zia chu a sukpitng theina ding

in haksakna haw hi a mang nuam sek hi. Thilpha zawk, thil hawi zawk i mu theina ding in haksatna chuam chuam te hi matchak ah a mat chang a um sek bawk a hi. A chapa neisun ngei le kraws ah a nusia ngam a hi. Thilpha zawk a tun theina ding in a chapa a thuaksak a hi. Israel chate le Pathian lamah a lunguh a hung kihei theina ding in Babylon sawrkal chu matchak ah hun mangin, ginglemi leng Cyrus chu Israel chate puidawk ding in matchak ah a hung mang kit zel a hi. Thil phalo, hawilo, kilawm lo mang phachuam thei Pathian a hi. A siatna siamphat a hi theina ding in suksiat be le a pawimaw sek ah, Pathian Lalgam a tun theina ding in Pathian in i thawk uh hi a phal ma ma a hi. A pawimaw zawk chu beidawng lo ah Pathian lam i et zel ah, i kinepna zosia

ama chung ah ngat a, Pathian i nai deu deu zel hi a pawimaw pen a hi. Pathian thiltup, a thil bawl guat hi pauchapna tawh thil zing ah, en zing ding in i kichial uh a hi.

A tawpna pen ah chun i Pathian thu apat i mu uh chu Pathianin i pauchapna te, mitthi luang pum ah Pathian i kona te hi a hemil pua, a hezing a hi. I pauchapna te hi a thawn ngai puai. Pathian vaihawmna ah hin i panglo uh a hi ti hi hezing hitin uh, Pathian in vai ei hun hawm piak dan chu pawm thiam mai a pawimaw sek a hi. I pauchapna dawnhuna hi i dawigual a hilo maithei a hi, hilehle, nang leh kei â ding ah pha pen in Pathian in i chung un vai a hawm sek a hi. Zia i buaina kal ahin Pathian tawh kitawn nun nei zel ding in ama i Pathian hi gunchu tak in ngak phawt mai hitiu.

*“Hinkhua hin midangte sawisêl lo ding ah ei zilsak hi;
Thamuanna la dawi chun nang leh nang kisang danglam ziang
in.*

*La kengphêk huitupna ding in khawvel pumpi dâpsuak ding
phêk a ngaipua, kengtawdap tuakkhat a huntawk hi.”*

KA KUMTUANG IN DING LEM TANGKA E...

Phuaktu : (L) Pastor Thangneikhup

Zia la hung pian daw dan hi gendan zat chuam chuam a um maithei ah, keima hiat dan a chun: Pawltak nung ah pawlzu tam laitak in lo a kuan ah, tuilo keu gêtgût lak ah nâ a sep lai in gua hawngpi thakhat in a hung ju, gua a hat ma ma ziakin lolai chu tui in a hung chup tai. Pawl sazu a kawsung ah nuam taka umte haw chu tui a lêt tâk ziak in a um thei ta puau a, a kaw sung ah kipat hung pawt in mun sang zawte a bêl ua, a kal luai luai lai ua chun, Rev. Thangneikhup chu Lalpa Thagau pawlna changin; “*Ka kumtuang In ding lem tang ka e, kumtuang suangpi Khrista chung ah lem in, a hun lai in theitawp in sâ'ng ka, ka umna lei hi hung bei pai tana*” ti in zia lâ lopi tak hi a hung piang tamai a hi a tiu a hi.

*Kumtuang hinna In det,
Khrista chu ka nei ta e,
Damlai thigua leh tuipi hung kinawk maleh,
Khrista zal in ei chûmphâk ta puan a.*

(L) Pastor Thangneikhup hi (L) Pu Nektinpau leh (L) Pi Mangneikim te ah kipat a chateu, Pawsal 6 (guk) leh Numei 1 (khat) te lak ah a lianpen a hi. Ngungâl lam Phailengzang, Kangpokpi District in a piang ah, a pa Dawi thiampu a hi ziakin nu leh pa kal in Pathian thu a lah awi a hi.

Hun hung chia zel in 1965 vêl in Langmaiching khua ah cheng (L) Pa Soitinlam, chanu 2 tin na Nk. Chinneikim tawh (L) Pastor Liankhopau Sannai in Kangvai KSP Biak In ah Kochuam dan Thiangtho ah kikhutsuina a nei ui. Kum leh hun hung chia zel in Phailengzang khua ah kipat in Langmaiching khua'n a hung pêmlut hi.

Ama Pastor Thangneikhup hi Pathian thu ngai khawk leh mi nunnem Lâ lam ah lunglêng mi a hi ziak in mipi dawisakna chang in Kochuam Upa ding in teldaw a hi. 1967 kum ahin Lâ ahun siam ah, zia a lâ siamte chu Tv. Th. Lalcha, Langmaiching, tutu ah Kangvai RCG Kochuam ah Senior Upa Th. Lalcha hi zan cheng leh ko in a awkai dan, a sakte chu midang in le zil dawthei di tupna'n, Solfa bul sakin tu hun tiang ahin mî'n a sak thiam deu te chu Lathiangtho 4th edition ahin No. 439, 440, 441 zia cheng hi a um hi.

A La siamte chu :

- 1) Ka kumtuang In ding lem tangka
- 2) Lal Immanuel hung nai kit in
- 3) Aw ka ngai na e ka chung khawpi

Zia 3 te hi labu ah mu thei in a um hi.

A dangte chu :

- 1) Aw ka ngai thangvan sang
 - 2) Dogâl khuambang do zawna din van thagau a ngai
 - 3) Khawvel tuipi kinawk, bangtin la pal galkai diam?
-

Khawvel in ei piak theilo duthusam tamtak i neiteu hi bukimna mun vangam a umzia ei hiatsaktu a hi.

Jesu hi nang â ding ah huntawklo a hi chun bangtik lai inle mihing leh thil zosia hi nang â ding in huntawk diak puan a.

La thiltup thupi dan chu Pathian a panlo leh lawsam ding bep hi hen.

Pathian dawilam bang a hi em ti hiat sang in, Pathian hiat a pawimaw zaw a hi.

~ *Anonymous*