

SYNOD KIKHAWMPI 4-VEINA (2025)



SYNOD PUIPATE



SYNOD PUIPATE LEH FRATERNAL DELEGATES



CKKP COMMITTEE LEH SYNOD CHOIR



SYNOD HOSPITALITY COMMITTEE

To,

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Manipur, India



ESTD. MARCH 2008
DECEMBER 2025

Hinna Vâk

AN ORGAN OF THE TANGPAI PRESBYTERIAN CHURCH



JESU KHRISTA LEMNA LAL

- A gam in tawpni nei tapua'na
- Thilpiak Lopipen
- Pathian thu thilhitheina
- Kumthak ah hindan thak ah hin

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A SUNG AH THU UMTE

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SYNOD PUIPATE

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Hinna Vâk ah thu kisua zosia hi Editor ngaidan a hi suak puai

Pauchapna Thupi:



1. Tangphai Presbyterian Church Provisional Synod Kikhawmpi 4-veina chu lawting tak ah nei zaw a hi ziak in kipakthu gen hitiu. Chuleh, Synod puitu thakte leh committee bâk chuam chuam ah mawpuakna neite'n Thagau thiangtho umpina tawh a mawpuakna'u a zaw chiat theina ding un dawn hitiu.
2. Pathian mapuina zal in Kum 2025 kumtawp i tung kit ta, Pathian in mimal tin leh Kochuamte muthei leh mutheilo ah ei mapuinate ngaitua in kipak thu gen hitiu.
3. Kochuam tinte'n Khristmas leh Kumthak hi Thagau lam malzawlina tamtak tawh buaina umlo ah i mat chiat theina ding un dawn hitiu.
4. Naupang Sunday School Kumtawp Exam, Carol Programme-te lawting tak ah i nei theina ding un dawn hitiu.



SYNOD OFFICE STAFF RETREAT

CHAMNA LUAI

Hinna Vâk simtu dawi tak zosiate Chamna Lalpa Jesu Khrist min in Khristmas leh Kumthak Chibai ka hun bûk hi.

Assam & Arunachal Pradesh ah Missionary umte ding ah kum 3 dan ah Manipur ah pawt theina dan siam a hi lai in Manipur ah ka Kochuamten/khawteu in ka Inkuan un Khristmas mang di leh thugen ding in ei chial ua, ka khuau hi kum li val ving veng khawsung thu ah buaina a la nei a hi tau ah, Biak In le a chuam ah nei in a kikhawm chuam gel ua, khaw ni a hung suak tau. Ahinlah zia kum kim (June) tha ah chun **KICHAMNA LUAI** siam in kituak tak in cheng khawm kit in, khuah leh tui hina khat leh kochuam khat in a hung kigawm kit tau hi.

Khristmas ni zingkal ah ka thugen pat ma'n, *"Tukum ah Khristmas mang masapente chu kua khawte a hiu em?"* tiin dawtna ka siam leh kuama'n ei dawnhu puau ah. *"Khristmas mang masapen chu ei uh khawte i hiu"* ka ti leh a kihogu sau sau ua, mak a sa thei ma mau hi. A tawp in ka hilchian ah, *"Kicham thei talo ah kum bangzat a hem i um nung ua tukum June tha ah kicham kitna ankuang, CHAMNA LUAI la lah umkhawm uh kha Khristmas mang hi mai lo i hiu em?"* ka ti leh, *"A hi ei! Halleluia! Halleluia!"* mipiten a hun ti sau sau ui. Zia kum ah Khristmas kimang chu kum dang cheng haw sang in a nuam jawm, taksa leh thagau ah malsawmna tamtak dawng pum in thala tak in a kimang zo hi. Lungthim mun khat pu ah Khristmas a kimatkhawm zia in Chamna Lalpa nei pum ah Khristmas mat nawpdan tep khalo ei Pathian gingtute i um kha tawl diam? Vel tamtak mat nung ah le kichampilo tamtak nei pum ah mang kha la hi chun Khristmas mang maleh chun le Chamna Lalpa a hina diktak tawh mangkhawmlo la hi.

Khristmas hi kicham tak pum in mang khawm leuhin nawp a um ngei. Kum bangzat hiam liamta ah khan (1997) nam khat leh nam khat kikal ah kihiatthiamlona zia in kichamlo in kimudana, phubalak nawpna nei pum in leh kichamlona tamtak nei pum in

Khristmas i lah mang ui. A nawp leh nawplo di chu nam sung buai ma matdan kha vak ngaitua lechun hethei mai in la. State dang ah a la mangtute haw na tiang le a suhkha ma ma hi. Mudana nei pum leh phuba lak nawpna leh kichampi neilo pum ah Khristmas mat vang hin Khristmas matdan diktak chu a la hilo ngut a hi. May 2023 buai zaw ah kipat Khristmas i matteu hile buaima sang in a kikhezaw ma ma a hi. In leh Lo ei suksiat piaktu, Inlum leh khawsung ah kipat ei nawdawktu leh insungmite tawh zia khawvel ah kimutua kit talo ding ah ei kawî piakte haw mittha ah lang zing pum ah chamna lungthim leh kicham tak pum ah Khristmas mat hi thil bailam vang a hi pua'i.

Khristmas (December 25) ni bep ah Chamna Lalpa hung pian hedawk ah, Chamna Ankuang lui gua leh mi kichampi gua i hi chun Khristmas hung tun kit kâl ah bang ti ta di? Siatna nasa talaw lo di? Nicheng, hun cheng in Chamna lungthim nei zing lehin Khristmas (Chamna Luai) mang hi mai lo di i hi diam? Zia zia ahin Khristmas hi bang luai in la mang diam? La matdan pangai ah mat gaw zing la hem? A chung ah i gen uh khawte gual ah kicham masa zet ah mang la hi chun lawk ma ma di a hi. Nang in Chamna lungthim neilo ah, mi la kichampi lo chun Chamna Lalpa Bethlehem ah hung piang maleh la lungsung in mun neilo di a hi. Van thak bangzat pum in, sum leh pai tam tak tuak in, Biak In kâi in, lengkhawm in lâm lâm ma leh chun le a thawn hi tho tho di a hi. Nang leh kei in kum cheng in Chamna Lalpa a hung piang tai tiin i lawm ua, ahinlah, khat leh khat kikal a kihiatthiamna, kichamna, kihepituana um diaklo ei diam? Chamna Lalpa Bethlehem bawng In ah i pian sak ua, eimau lungsung ah i pian saklo zia uh a hi. Tuni hin mimal, insung, khawsung, Kochuam leh i nam leh i gam un **KICHAM DIAL DIAL AH UMKHAWMNA** a pawimaw takzet hi. Khristmas hi **CHAMNA LUAI** in i mang thei na diam uh? ***“Chamna Lalpa a piang tai Bethlehem ah”*** ti ah la i sak sek uh kha, ***“Chamna Lalpa a piang tai ka lung sung ah”*** tiin sa thei taleu hin kimudanate, phuba lak nawpnate, kingaidam nuam lonate leh kihiatthiam lonate haw hi bei tan'a. ***I Khristmas mat sang un i matdan uh kha a pawimaw zaw a hi ti hemil pua'itiu.***



Kochuam Huang

Synod Kikhawmpi

Pathian ei mapuina zal in Programme siam gual tak in Synod Kikhawmpi 4-veina chu ni 17-23 November 2025 sung in Gangpimual Kochuam Biak In, Gangpimual Pastor Bial zintunna'n lawting tak in matzaw a hi. Zia Kikhawmpi ah hin vaihawm palai 352 tuam vel chiakhawm in, Fraternal Delegates Mizoram Synod 2, CHT Synod 2, KJP Mihngi 2, Manipur Synod 2 leh Zou Synod 2, a kigawm ah 10 a hung pang thei ua, chun Rev. ST Kaia Vaiphei, A/S PCI, General Assembly le a hung pang thei hi. I Kochuam maban di leh chia zelna ah sep di pawimaw tak takte genkhawm a hia, kum 2026-2027 Synod Budget ding in ₹9,21,00,000 pawm a hi. Synod Kikhawmpi 5-veina chu Mata Vengpi Kochuam Biak In ah, Mata Pastor Bial in ni 16-22 November 2026 sung in zintun di a hi.

Auditors dite

Kum 2025 – 2026 â ding ah Synod Office leh department chuam chuamte ah sum endiktu (Auditor) ding in Upa Kaikhokam Vaiphei (Sr.), Jubilee leh Upa S. Tinlal (Jr.), Jubilee guat a hiu.

Pastoral Ministry thupi

Kum 2026 sung ah Tangphai Provisional Synod Pastoral Ministry thupi ding in Thutakna (3 Johan 1:4) ti hi têt a hi.

Office kikhâk di

Ni 20 December 2025 ah kipat ni 7 January 2026 sung hi Khristmas leh Kumthak chawl a hi dungzui in Synod Office kikhak di a hi. Kochuam thil pawimaw chi chuam chuam— Sunday School Zillai Bute, Nilai Zan & Beigual Thupi bu, Calendar, Pathian Gam Thilpiak bawm, etc. leh Office ah lâk di neite'n Office chawl hun masang ah hin lâk thei hi'na. Office kihawn hun sung hi 10:00 a.m.- 3:30 p.m. a hi.

Pathian Thu Exam

A hung tung di 21 December 2025 (Pathianni) hileh Sunday School Pathian Thu Examna nei hi di a hi. Dawtna leh dawnhuna lekhate chu Office in a hung thawtdawkt a, Bial Sunday School Secretary te'n a la ngaiven chiat hitiu. Kumkhat sung Pathian thu kizilte Examna hi lawting tak ah zaw a hitheina ding in Kochuam te'n pauchapna'n delzui hitiu.

Khristmas Carol Programme

Ni 19 December 2025 ah Naupang Sunday School Carol Programme di Office in a hung guanggal chu Kochuam tinten mangthei sau sau ding ah kineppi

i hui, Taksa leh Thagau ah lawting tak ah mang thei chiat ding in kisinga hitiu.

Hinna Vâk Agent chungchang

Kum 2026 sung ah Kochuam tinte'n eima Kochuam chiat ah Hinna Vak Agent thak dite min leh contact no. December 2025 thasung ah Synod Office ah hung pelut ding in i kichial ui.

Synod Palaite

PCI nuai ah Synod chuam chuamte 2026 Kikhawmpina ei uh Provisional Synod thasang ah va pang dite a hui:

1. Mizoram Synod

- 1) Rev. Summinlian, Synod Secy.
- 2) Upa Mangkhokhai

2. Manipur Synod

- 1) Rev. Luttinlel
- 2) Upa S. Thanglian

3. Zou Synod

- 1) Rev. S. Genlianpau
- 2) Upa Jamkhai

4. CHT Synod

- 1) Rev. Kamkhotinthang
Neihzial, Executive Secy.
- 2) Upa Kaiminthang

5. Tripura Synod

- 1) Rev. C. Lalremuata, Consultant
- 2) Upa Lallianthang

6. Karbi Anglong Presbyterian Church Synod

- 1) Rev. Vanlalchhuanga
- 2) Upa Lamnek

Synod Office Staff Retreat Programme

Synod Officer's Meeting phalpiak dungzui in Synod Office Staff Retreat Programme ni 25-27 November 2025 khan mat a la hi. Resource Person in Rev. Dr. R. Vanlaltluanga, Professor, Aizawl Theological College a pang hi.

Office Assistant lak thu

Synod Service Board 18:4 dt. 1.12.2025 chun Contract Basis ah Office Assistant sêm ding in Tv. Haulaljem, S. Kawtlian Kochuam, S. Kawtlian Pastor Bial lak a hi. A nasepna hi ni 8 January 2026 in zawm pan ina.

MZT Joint Advent Christmas

Manipur Synod, Zou Synod leh Tangphai Joint Synod Committee 11:1 11:1 dt. 29.8.2025 in kipumkhatna leh sephawmna phazaw um theina di kinem in Joint Presbyterian Synod khanglaite Advent Christmas fellowship matkhawm di a hung guanggal chu Kochuam mipi a lemchang taphawt pang ding in i kichial ui.

A hun : Ni 18 December 2025
06:00 p.m

A mun : YMA Hall, Hmuia Veng

JESU KHRISTA LEMNA LAL

(Isai 9:6)

~ Rev. Khuplemlal
i/c Leilon Pastor Bial

***Ei uh â ding in nausen hung piang in, chapa piak in i um ta
ngal un; a liangko in thuneina a um ah, a min in Lemguattu,
Mak, Pathian hat, Kumtuang Pa leh Chamna Lal chapa sak a
hi.***

1. Thumapui

Lal Jesu'n ei uh â ding ah khawvel ah a hung pianna hun Khristmas tha i tungkit tau hi. Khristmas i mat guatdan leh mang ding ah i kisingsakdan kibang chiat khel pua'na. Khenkhat in khawvella ah limna di, kipakna di, kisuklimna di leh nunnawp gual mai ah i mangthei a, khenkhat in thagaulam ah kisukhatna, Pathian pawlna leh Pathian chawihawina'n i mangthei ui. Khenkhat in lusûnna leh lunghelna i mangthei a, khenkhat in midangte â ding ah malzawlina'n i mang thei a. Khenkhat in midangte suklungngaina'n

i mangthei hi. I matdan uh kibang chiatlo maleh, i matna ziaak uh chu ***"Jesu Khrista Lemna Lal"*** a hung pian ziaak a hi.

Tuhun ah hin i thupiu "Jesu Khrista Lemna Lal" a piang tai ti hi a hi. Phalbi a hung tung ah, a boruak a hung vawt a, boruak thiange leh van thiange tak maite hin, a suh Khristmas diak a hi dia aw a tithei sek hi. December tha, tha vawtlai tak hi Jesu hung pian hun a hi em tilam hi i gennawp pen a hilo a hi. A pawimaw chu "Khristmas" hin bang a h'em ei hun puak piak? Khristmas a hung tun hun ah hin, Khrista Lemna Lal

hin i hinkhuau ah Lalna a chang em tite? Lemna Lal a hi gual ah hin midangte tawh kilemna hun ah i mang em?

I kichampi theilote tawh kichamna hun in i mang thei em? Sungkuan kicham theilote'n kichamna i mang em? Nupan kikal ah kilemlona neite'n, kilemna'n i mang diam? Zia hun hi kichamlo leh kilemlote'n kichamna leh kilemna hun ah mat thei a pawimaw hi.

2. Pathian leh mihing kikal ah Lemna a hi

Pathian leh mihing kikal ah kilemlona chu Lal Jesu hung pianna hin a hung sângdanglam ta, mihing in Pathian pawl a khawina hi a thuk in ngaidam theilo hial gual ah ngai thei a hi. Himaleh, Pathian hepina thuk leh hepina lopi tak chun Ama tawh i kilemna di lampi hawl in, a chapa dawitak chu zia khawvel mihingte sualna ah dimte chu kilemna lampi a hung hawl hi. Kum 33 vel Lal

Jesu'n a hung thawkna hi mihingte ngaidan ah chun thil hitheilo gual himaleh a Pa thuawina chu dettak ah tu'n, a hung thuak a, Lemna lampi a hung hawngta a hi.

Pathian chu a chapa thu-awina leh a thawkna ah chun lungawi in a chapa Jesu neitu leh gingtu zosia â ding in vangam luttheina lampi ei hawn piak tai. A chapa gingte zosia chu ngaidam in i um tau a hi. Gawtmun lau umzia i ngaitua in, Pathian Nasep lopi zia leh Jesu'n kumtuang hinna i nei theina ding ua a thawk nasat zia hi ngaidau maimai chi a hilo a hi. Van leh khawvel, Pathian leh mihing kikal ah Lemna siam in zia khawvel ah hin a hung vakvai a hi.

3. Lemna siamtu Khristmas

Khristmas lai, Lal Jesu pian hun ah khawvel ah thil tung tepte kham hi gen di tamtak a um hi. Khawvel Kidopina Khatna (World War-I) hunlai ah khan France gam ah Bristish Sepai leh German sepaite chu a kikap nasa mamau

ah, a gam uh venbitna ding in thi huam in a kido uh a hi. Zia kum ah chun Khristmas lai inle a kido uh chu a lah chawlsan diak puau a, nasatak in a kikap ua, a kidozing uh a hi. Khristmas ni tak ah chun maktak mai in, sepai hangsan tak tak leh gamngaina taktakte chu Khristmas boruak chun a zen ta, Gan ankuang ah nausen tawmtak ah hung piang Jesu chun sepaite lungthim chu sut gual in a sukha ta, Sepai pakhat chu kisum zo talo in, a duty na mun, a giakbuk ua kipat ah chun Khristmas lâ a hung sadawk ta mai a hi.

Zia sepai lâ sak chun a gâllangkhatlam ah a melma sepai khat lungthim a sukha mama ah, tichun a gâllam ah kipat chun a melmapa lâ sak chu a hung zawm ah, zia dakkal ngei ah chun hinna kilak piak ding ah kidote chu Lemna Palai Lal Jesu Khrista zal ah chun lâ sa khawm in, a kichibai ua, Lemna Lal Jesu Khrista zal ah chun melma chu a hung kiothei tau a hi.

Zia nung ah hinle Germany's 133rd Royal Saxon Regiment leh Britain's Seaforth Highlanders te chun Khristmas ni in football mang in kisuklimna nuamtak a nei zui ua. Germany lam in 3-2 in zawna a chang uh a hi. Melma kitite chu kilemna khau ah suikhawm in a um tau a hi. Zia zosia tunsaktu chu Lemna Khrista zal ah hung um Khristmas ni a hi. Khristmas ni ah hin thildang bangma ah buailo in, Khristmas in a tup Lemna lopi zia hi ngaitua in, Lemna palai ding in i kisingsa ding a hi.

4. Midangte tawh kilemna

Lal Jesu'n, Khawvel ah hin kichamna lensak ding ah hung a h'em ei ti kiu in, kichamna lensak ding ah hung ka hi puan, chemjam lensak ding ah hung ka hi zawi (Mat 10:34) a ti kit ah. Lemna Lal hingal ah, chamna lensak ding ah hung ka hipuai a ti kit ah, a mak mama a hi. Pathian thu hi a kikal a h'em ti mai le a bailam a hi. Maleh, Lal

Jesu'n a tuppen chu, mi kuanle ei hua'n, ei kilempi nuamlo maleh, ei un chu Lemna lungthim pu'n, mi dangte huatna leh suksiat nawpna lungthim paitha ah, lungthim thiangtho tak kilemna lungthim i put diu a hi. Mite'n ei mu peilo in ei hawten ziang leule, eimau in hepi leh duat tak ah i kilempiu a hi chun a lungthim uh sukdanglam in a um ngei ngei sek ua, kilemna a um thei sek a hi.

Malai apat in tuni tiang ah hin, gam leh gam, nam leh nam kidona i he tam mama tau a. Tuhun ah hinle, gam chuam chuam ah kidona a um a, Ukraine leh Russia te, Israel leh Hamas te, Burma gam ah tualsung buaina leh Manipur i gamsung ah kilemlona liantak a tung a hi.

Gam lianzawten galthuam hawitak tak leh matchak hawitak tak mang in amau sang ah neuzawte zo sek in a gamteu lakpiak sek maleu, a lungthim uh leh a lungthim put uh vang a zo un, a lakpiak theilo uh a hi. Lal Jesu'n a hileh chu

tawmna hinkhua mang in mite lungthim zaw a tup sek a hi. Lal Jesu gual ah tawmna hinkhua mang ah mite lungthim i zaw a hi chun, ei dotute lungthim leh taksa zaw in a um sek ah. Zia chun chamna leh lemna a tun sek a hi. Zia chu Lal Jesu'n a tuppen le a hi.

5. Thukhakna

Zia Khristmas hung tung hin, i Sungkuan, i Nupan kikal, leh midangte tawh i kal ua kichamna leh lemna a hung tung theina ding in, tawmna hinkhua nei ah, midangte huatna leh kilemlona lungthim pai mang ah, Khristmas in a hung tup "Lemna" lemna palai i hi gaw chiat di a hi. Mat 5:9 ah "chamna siamte chu mi hampaha hui, Pathian cha ah sak in um di a hi ngal un" a ti a hi. Pathian cha ah sak ah i um theina ding in chamna dawi bep hilo in chamna siamtu i hi a ngai a hi. Lemna Palai Lal Jesu gual in Chamna siamtu hi gua'n, ama Lal Jesu Khrista Lemna Lal hi ettawn pen in nei hitiu.

A GAM IN TAWP NI NEI TA PUA'NA

(Luka 1:32-33)

~ Rev. Siamlalron
i/c Sumtukphai Pastor Bial

"A gam in tawp ni nei ta pua'na" ti thupi hi Pathian thilmak bawl leh thilhitheina gingchalote â ding in thu hiatthiam haksa tak hi di a hi. Ahinla, Pathian thilhitheina leh Thagau nasep hechian ah gingchate leh hinpite â ding ah chun thu lopitak leh gingtute suhhattu a hizing hi. Zia zia chun, zia thupi hi Pathian Thagau pawlna tawh sim ah, sui ah, phatchuampi ngei ding in simtu zosia dawisakna ka lân masa a hi.

Zia thu hi vansawlchak in Mari (Jesu Nu) kiang ah a va gen a hia, a gengual ngei in a tak in a chung in a hung tung hi. Zia chu tuni tiang ah a hiatpitu leh a phatchuampi- Lal Jesu ging ah, a nungzuite i hung hizel tau hi. Zia bep chu hilo in Pathian thutiam guitunna leh masanglai ah jawlneite thu genlawk (Isa 7:14) guitunna le a hung hita a hi. **New Bible Commentary** in a hilchianna ah chun, *"A gam in tawp ni nei ta pua'na"* ti thupi a lopi leh danglam diakna chu- Mari kiang ah Vansawlchak in Jesu pian di

thu leh a hina di a va gen bep hilo in a chanaunu Elizabeth nauvawp thu a va genpiak kha a hi. Chuleh, a chângbullam ah Jakob suante (Israelte- Pathian mitêlte) chung ah kumtuang ah vaihawm di a hidan a gen piak ah, Pathian â ding in bangma a hitheilo umlo a hi ti thu le i mu a hi (Luk 1:37). Zia hin nial guallo in Mari chu Pathian dawichuam a hidan a kichian a, a hina a kimuchian sak ah, Thagau pawlna tawh vansawlchak thugen chu a pawm thiam ta a hi.

Zia thupi ah kipat hiatdi leh zildaw di ah pawimawte chu:

- 1. David kiang ah Pathian Thuthung guitunna a hi (2 Sa 7):** Zia thu hi Pathian in David kiang ah a suante pakhat in kumtuang dai di lalchutpha a hun tungding di thu a la tiam, zia chu jawlnei Isai in a hung gensawn kit kha a hi— “*A thuneina khangjel intin, David lalchutpha leh a lenggam chun kichamna umzing ta’na. Ama’n dikna leh thutak ah tungding in tudet zing ina; tu kipat leh kumtuang tiang in...*” (Isa 9:7), ti in. Zia hi a hi vansawlchak Gabriel in Pathian thutiam Jesu hung piang ngei di a hi tia a la puanlawk kha. Zia Jesu ngei chu a hi David chapa Jakob suante chung ah kumtuang ah vaihawm di leh a gam in tawpni neilo di ti chu a hi.
- 2. A lenggam chu banggual a hi em?** Johan 18:36 ah chun Lal Jesu’n, “*Ka lenggam chu zia khawvel hi a hi puai. Ka lenggam chu ziatak hi a hi puai*” ti’n kichian tak in a lenggam chu zia khawvel mite ngaituadan lenggam a hilo zia a genchian piak

hi. Zia tak ah lenggam kigen hi— (a) Thagaulam lenggam, Pathian lalna leh vaihawmna mun/gam a hi. (b) Zia lenggam chu tung ziang thei dinmun ah umzing a hidan leh, Pathian gam a naidan leh kisik ah gitlo haisan di chu Lal Jesu khawvel ah a lenlai ah ama ngei in a la gen pat a hitai (Mar 1:15). (c) Chuleh, lenggam kigen hi a tung nailo, Lal Jesu hungkit hun ah vân thak leh lei thak a hung dindaw/ phudaw di genna le a hikit hi (Tpn 21-22).

- 3. A gam in tawp ni nei ta puan ah:** Zia thu ‘tawp ni nei ta pua’na’ ti hin tu hun ah Thagaulam lenggam leh hun hung tung di a genna a hi gel gel hi. khawvel lenggam lopi tak takte chu a hung bei ah, sukmang in a hung um zel ah, Pathian lenggam chu hung lian deu deu intin, tawpni him nei ta pua’na. Khawvel lengte chu mangthai in hung bei zel intiu in, Leng Jesu chu zia khawvel leh khawvel hung um zel di tiang in hung lian

deu deu di a hi. Dotu leh melma hung tam zel maleh a gam hung lian zel intin, kumtuang tiang in tawpni nei ta pua'na.

Zia thupi pawimaw tak hin gingtute leh Lal Jesu nungzuitute â ding in kinepna hing ei siampiak a hi. Khawvel lal lopi leh minthang tak tak te chu a hun uh a hung bei ah, a mangthai pai sek ua, zia tawpni neilo lenggam kigen hin Pathian lopi zia kilatna leh a mite a ding ah kumtuang ah kinepna hing, setheilo leh buakkailo um chu a genchian hi. Zia lenggam chu khawvel sawlkar leh mihingte theina'n a suksiat thei maimai a hipua, a mite bep in a lua ding ah Pathian mun guat chu a hi zawi. Chuleh, zia thupi hin Abraham leh David kiang ah Pathian thutiam Lal Jesu Khrista ah a guitunna a hikit hi. Pathian lenggam— tawpni neilo chun Pathian mite a ding ah kumtuang kinepna chu thawngo ah um a hi ti ei muchian sak hi. “Zia ziak chun,

lenggam sukling theilo chu chang i hi tâk ziak un, kipakthu gen hitiu” (Heb 12:28) ti i mu gual un zia lenggam setheilo leh tawpni neilo chu Lal Jesu zia khawvel ah nang leh kei tan ding ah Pathian in ei hung sawl piak ziak in chang thei in i um tau hi.

Luka 1:32-33 hi nang leh kei â ding ah Pathian thupuan lopitak— Mari ah kipat in nausen hung piang intin zia chu Kumtuang Pa, lemna Lal Pathian, a mite â ding ah a la guatpiak, lenggam setheilo, kumtuang dai ding dintu a hung hita a hi. Zia ziak chun, *tuchung Khristmas hi kumhei a h'em, nunnawp a h'em gual mai ah ngailo in, nang leh kei â ding ah hung kipia, vangam ei chansaktu Lal Jesu pianchampha a hi ti he thak in, Pathian lopina ding leh Thagaulam malsawmna i chan thakna ding un lawk tak leh lawting tak in mang chiat hitiu.* Simtu zosia Lalpa'n malsawm ta hen.

THILPIAK LOPIPEN

(Johan 3:16 , 1 Johan 4:9-10)

~ Rev. Th. Samuel Vaiphei
i/c Panglian Pastor Bial

Thumapui: Khristmas a hung tung kit ta. Mat chula ngai ngei kit di a hia. Lal Jesu Khrista pianchampha chu bang gual ah lawm di i hui em? tia suangtuana i nei chiat ngei uh gingchak a um hi. Bible in lawp di thu genlo maleh le mang ngei hitu in. Ahinla, i lawp didan uh ngaitua phat a pawimaw khawpmai hi. Tu Khristmas hun ah hin Khristian, gingu diktakte gual in i mang nuam a hi.

Tuchung Khristmas ah hin, khawvel ah thildang zosia sang ah thagaulam ah thuk zaw, lim leh kipak zaw leh kihawng zaw, Pathian hepina hi i chan guat ding uh a hi. Lal Jesu Krista chu i hinkhua ua chanmun lailung leh lianpen a lua a, Khristmas hi Pathian apat thilpiak lopipen tunni a hi ti hezing kawm ah i lawp ding uh a hi.

Jawlnei Isai in Khrista hungna di a genlawkna ah chun, “**Ei uh** â ding in nausen/ chapa a piang ah.....(Isa 9:6) ti thumal kimu hi, English Bible ah chun, a vel in a gen nawn hi. Luka 2:11 na inle, “**Nang uh** â ding in...” ti in a gen kit hi. Zia

hin, Pathian in nang leh kei â ding ah thilpiak a hi ngei dan a suhlang hi. Pathian in khawvel a hepi mama zia in, a Chapa changkhat neisun chu a hung petai. Zia zia chun, gingu tute’n Pathian apat genchian zawlo khawvel ah a malsawmna thilpiak sangpen dawngtute i hinna gual tak un i mat diu a hi. Tulai khawvel ah hin Pathian hepina hih, lopi leh daw-um leh kipak um a hi zinglai in, i hiatlo kal in ngaiman zia ah ngainep leh ngaidau a bailam khawpmai hi. Zia zia chun, Pathian in a dawisakna ei piakte hih hechian ah, a hepina- ginna ah i dawnteu hih

i tukdet zing diu a hi. Zia chu i vawpdet nak uh chun, Lalpa'n i lungzingnateu ei sukkiam piak intin, i thawmhaunateu le ei suktai piak di a hi.

Khawvel hi, Pathian chung ah helte a hi zia un a hepina leh khawtuana changtaklote ahui. Maleh, a hepina lopitak zia in, thilpiak daw-i-um tak ei pia a hi. Kuale zia gothil lul tak mai dawng chun thiamchanlona pat zalenna mu'n tin, ama chu kumtuang in a angsung a chun cheng ngei in'au. Zia thilpiak hin khawvel kiheidan hi, a kinga takzet a hi. A zangaina hin, gingtute'n hinkhua a mat didan uh ningting tak in a pia zel sek a hi.

1. Hepina zia in a pia hi

Pathian in khawvel a hepi zia ah thilpiak a hi. Zia chu a lunggil thuk tak apat hung pawt hepina in a chapa ei piak a hi. Pathian hepina apat i hukdamna'u luandawna a hi zia in, nang leh kei in thil bawl zia leh kipiak zia ah chang ah kingaitua khial khak hin, i hiatlo kal in chapona ah lutkhak a bailam khawpmai hi. Gingtu â ding ah chun,

Pathian Hepina liau liau zia bep a hi ti hi i taksan ua bulpi kingakna lianpen chu a hi. John Calvin chun, *"Lal Jesu Khrista in i hukdamna bul a pat tâk chu ginglelna di him him umlo in ei suklang piak ah, zia Pathian apat dawngtaklote'n hepina i chan uh hih i pawm masangsia'u i lungthim uh chawldamlo in vakvai ina"* ti in a gen hi. Dawng taklo hepina zia in Pathian in thilpiak (*gift*) in a Chapa ei pia a hi. Pathian in ei hepi **ma ma** ti hin a kiphal zia, uai-ailo hial ah Hepitu Pathian mizia a hinna apat hepina zalzote i hidan uh a taklatna a hi. Galatia 4:4 na inle a gen kit a "a hunbi a hung tin phat in, Pathian in a chapa, numei suan in, dan nuai ah hung piang in **a hun sawl ta'i**. " A utna tak leh ama kiphalna tak in a kipia a hi (Gal 2:20, Eph 5:2). Zia hih a hi hepina chu.

2. Khawvel (changtaklote) Pathian thilpiak dawngtute a hui

Chanchinpha Johan lekhabu ziktu hin "Khawvel" ti thumal hi thildang genna'n mang

leh le, tuhin chu, Lal Jesu'n,
 "Khawvel a hepi mama",
 tihi Pathian in migilote,
 dawisakna changtaklote,
 leh i gâl mite natiang huap
 ah hepina genna ah mat a
 hi.

Pathian in a thilpiak
 lul tak hi miphate a hiloleh
 mi bawltheite hawl chuam
 ah, a piak guat ei pua, a
 piak ut leh guatte chu
 khawvel ah minuainungpen
 leh changtaklote a ding
 a ti zaw a hi. Tulai ah hin
 mimal lunggel ngaituana
 kikawi thiamdan (*positive
 thoughts*) leh hindan
 kipawm thiamdante (*self-
 affirmation*) hi khawvel hin
 a ngaipawimaw mama a.
 Ziagual ma chun, Kochuam
 mun khenkhat sung ngei
 inle mihiam ngaipawimaw
 zawkna zia in Pathian thu hi
 i ngainuam lamkai genna ah
 te, kamthiam ah pachakna
 ah te'n mun lua tam deu
 deu ta. Himaleh, i sual
 gitlonateu chu a bei diaklo
 a hi. Ahinla, Bible in lampi
 dang ei kawkmuchu a hileh
 i hinau diktak genchian in, i
 chan didawl dik takte haw
 chu Pathian in ei suklang

piak a hi. Zia chu, gitlona
 zia ah hansia dawngte i
 hizinglai un Pathian in a hepi
 hi ti hi a hi, a lopi a hi. Nang
 leh kei Pathian in gitlona
 zia ah a huatte, bangma
 hilo, hepi tâklote'n ziagual
 tuk ah hepina chanpha
 malsawmna i channau ah
 hin, kipakna châng i hiatlo
 uh chun i kingaitua thak
 takzet uh ngai ina. Gitlona ah
 dim hepitaklote chu delzui
 in, sukdanglam hinkhua in a
 siam hi. Martin Luther chun,
*"Thil ngainawp umtak mai
 chu, Pathian hepina chun mi
 hawlo in, a siam danglam
 zaw sek a hi. Pathian in
 migilote, nunsiate, mingolte
 leh mi zawngkhalte chu
 mipha, diktat, ching leh hat
 a hithei zawkna ding un a
 hepi hi. A lawkna di hawlo
 in a hepina luangdaw chun
 thilpha'n a zangvuk zaw'u.
 Zia zia chun, migilote chu
 etlawm a hi zia ua hepi a
 hipuau a; hepi a hi zia un
 dawi-um a hi zaw tau hi"* ti
 in a gen a hi.

Ephesa 2:1-5 chun
 ziagual hin a gen ah,
 "Nanghaw le, la sukkhial
 leh gitlonateu zia ah thi la

hi'lai uh khan, a hun hinsak la hiu a; malai khan zia khawvel dan gual hin la um un, beingawn ah thuneina la, thu awilo chate sung ah sêmingpa thagaudan gual ah chun la um ui. Malai khan zia awilo chate lak ah chu nei haw le, taksa leh lungthim dawigualte bawl in, i taksa nawpnateu gual in i um chiat un; midangte gual tho ah lungnatna chate piang i la hiu in. Ahinla, Pathian chun, hepina a hau dungzui ah ei la hepi zia in; i sukkhialnateu zia ah thi i hi zinglai un, Khrista tawh kigual in ei suhing ta'n, hepina ah sukhin la hi tau hi."

Romte 5:6-8 na chun, "I hatlo lai uh khan, a hun tak in Khrista chu, Pathian helote â ding in a hung thi ta'n. Midik thasang in kuama thi ngam khel pua'nau, mipha thasang ah chun kua a hem bek in thi ngam kha maw pua'na. Himaleh, Pathian chun ei hepina chu a latsak ah, migilo i hi'lai ua, Khrista chu i sik un a thi ta a hi.

3. A hepi tak Chapa neisun chu thilpiak in a pia

Hepi tâklote hepina zia in Pathian in thilpiak lopipen chu i gitlonateu dit leh ngaidamna di'n ama ngei kiphak tak in chapa, Jesu Khrista (Joh 10:30) ah hung piang in, thi huam in a hung kipia'i. Zia hin, Pathian hepina chu nang apat kinapna bei leh tawp umlo ah mihiamte hepina zia in a hung kipia hi. Mihiamte masialna hin Pathian hepina hih i gitlonau ngaidamna ding ah te, Pathian tawh kichamna ding ah te, nauchaga gual ah ei chawp hin na ding ah te, limna ding ah te leh malsawmna dang tamtakte dawn theina di'n i la ngaitua kha sek a, zia haw hi malsawmna lultak Pathian apat i chanteu a hi ngei nai, ahinla, zia malsawmna thilpiak dang zosia hung luandawna chu a chapa, Jesu Khrista ti i hiat thak a pawimaw hi. **"Ama ah"** thilpiak dang zosia hih piak a hi. Zia zia chun, Sawlchak Paul in, "I Lalpau Jesu Krista Pa leh Pathian chu pak in um ta hen. Ama chun van

mun ah te'n thagaulam malzawlina chitin in Khrista ah chun ei malzawl a," ti in a gen hi (Eph 1:3). Johan 17:3 na in, ti hin ei hil a, kumtuang hinna chu Thagau thiangtho thilhitheina ah Pathian leh a chapa Jesu Khrista i hiat thei uh hih a hi. Zia hepina zia in thilpiak lopi tak gochan ei piak bep hilo in, thiamchanlona apat zalenna leh, kumtuang ah ama tawh chengkhawm theina ding tiang in ei guat piak a hizaw'i.

Ziagual tak ah Pathian hepina thilpiak lopitak mai, a Chapa neisun Lal Jesu Khrista itlo hial ah ei piakna pianchamnpa ni hun ah hin, a phatna zosiate

ngaitua zing kawm in, Ama ah lim leh kipezaw diak ah a nikhua hi i mat diu a hi. I lungthimteu sukdanglam hi a, nidang sang ah lian leh kihawng zaw, midangte chung ah Pathian hepina leh khawtuana hi suklad zel a ngai hi. Zia zosia chung ah chun, Pathian hepi tau in.

Ziagual lungthim chu pua in, tu Khristmas hun ah hin, khawvel sakhuamite mat gual ah mang leh lawmlo in, Khristian gingu ginna diktak neite gual in, zia Pathian hepina thilpiak— a Chapa Jesu Krista ah chun lim leh kipak in, hepina ah ama kiang ah kilân in, chawihawina sang leh lopipen pia in, lawm hitiu.

**Khawvel in ei piak theilo duthusam tamtak i neiteu hi
bukimna mun vangam ah umzia ei hiatsaktu a hi.**

**Jesu hi nang â ding ah huntawklo a hi chun bangtik lai
inle mihing leh thil zosia hi nang â ding in huntawk diak
pua'na.**

**La thiltup thupidan chu Pathian a panlo leh lawsam di
bep hi hen.**

**Pathian dawilam bang a hi em ti hiat sang in, Pathian
hiat a pawimawzaw a hi.**

~ Anonymous

JOSEPH LEH KHRISTMAS

~ Rev. T. Zuanlal
New Lamka (G)

Jesu chu mite a gitlonau apat hukdam ding in a hung ah, zia ding ah chun Pathian in Mari leh Joseph a la têt in a la guat a hi. Joseph hi Pathian thilguan (plan) in a um a hi. Bible ah hin Joseph minpu hi 11 (sawm leh khat) a um a hi. Angel chu Joseph David chapa manglam ah hung kilak in Mari a zi hual chu kichenpi di laulo di leh a nauvawp Thagau Thiangtho apat a hidan hiatsak in a min ah Jesu sa ding in a hil a hi (Mat 1:21). Bible thu'n Joseph leh Jesu chungchang a gen hi vak ngaituakhawm hitiu:-

1. Joseph in Lalpa thugen chu a ngak a hi

Joseph in Mari tawh a umkhawm mau ah, a hiat phat in Lalpa thu chu ngak in a ngaitua ngal a hi (Mat 1:20). Zia tak ah ngaitua a ti hin a dinmun hi chang 19 na khan a genchian a hi. Pathian hun/ "Aw" a ngak a hi. Abraham in Pathian huntiam a ngak zopua, Ishmael (a min khiakna Sabiltung) a piang ah buaina a um a hi kha. Mi khenkhat chu kinaw ziak in a buai sek uh a hi. Jakob gen gual in ginna patepna chu a hi (Jak 1:2-3)

2. Joseph chu Pathian mu ah midik a hi (ch. 19)

Bible i sim leh Pharisaipa dik kisa ma ma leh siadawltu diklo kisa chung thu i mu, Pathian in mi kingaitawm chu a pawm a hi. Ama dik kisapa sang in Joseph chu midik a hi, Bible in a chuang ah, Pathian in a malzawl a hi.

3. Pathian Aw ahia a hi

Joseph in Pathian Aw ahia, a thu a mang ah, Mari chu zi ding in a pawm a hi (ch. 20-21). Ei hawn le Pathian hia'n, a thu ngaitua det det gaw leuhin Lalpa'n ei

mangcha di a hi. Jesu hi Bible in a piandan a gen hi, eimau lunggil ngei inle hung piang in hung cheng leh hukdam hi di i hui.

4. Pathian thu a mang hi (ch. 24)

Joseph in vansawlchak in a gengual ngei lunggil ah sa-ikna neucha le nei keilo in thumang tak in Mari chu a kichenpi ta a hi. Abraham khale Pathian in a ko ah khan bangma dawng buailo in thumang tak in a zui (Thl 12) gual khan Joseph le a hi. Tichun, Joseph chu Jesu Pa ti a hi kha, banggual vangphatna a hi tam le! Jesu khawvel ah a hung pianna hi khawvel ah Chanchin ngainawp umpen chu a hi. Ama'n sualna pat ei hukdawk a hi. Ei haw mang in khawvel in Jesu a mu thei zing a hi. Pathian thilguan chu sukpitin in a um ta a hi.

5. Pathian in na (job) a pia a hi (ch. 21)

Angel khan Joseph kiang in na lopitak khat a pia, zia chu Jesu min sak di thu a hi (ch. 21). Jesu min umzia chu 'Hukdampa' tina ahia,

Ama min lamna mun ah chu gamhuaite'n le a lau uh a hi. Min zosia chung ah min chungnungpen a sak hi.

6. Joseph in Pathian zai gunchu tak in a ngak hi (Luk 2:4-5)

Joseph hin Pathian aw a ngaithâk ah, a mat bep hilo in Mari nauvawpsuakvangvang chu ngilnei tak ah enkawl in nau pian hun di chu phatak in a ngak a hi. A pianna mun Bethlehem in a puitung ah, nausen bitna ding in Aigupta gamlam in a zammangpi kit ah (Mat 2:13), a zaw in Israel gam in a hun puikit ah (Mat 2:19), Nazareth ah a um uh a hi (Mat 2:23). Zia thu apat hin Joseph chu phunchiaklo a sep dite gunchu leh kipak tak ah sem piting a hi i mu a hi.

Simtu dawitak Pathian in a thil guanggal sukpitinna ding ah Joseph a matchak gual in eimau haw le ei mang nuam a hi. Jesu chu i lunggil ua, Lal leh hukdampa'n pawm chiat leuhin Pathian in khawvel â ding ah a thil guanggal sukpitinna thupipen a hi. Khristmas ni lopi hi mangtu zosia Pathian in malzawl ta hen.

PATHIAN THU THILHITHEINA

~ Rev. Eric Lienlalmuon
Bengaluru

1. Thumapui: Pathian chu ‘thu’ ahia, ‘thu’ chule Pathian a hi (Joh 1:1). ‘Thu’ chu Jesu Khrista ahia (Joh 1:14), a thu mangcha’n Pathian in thil bangkim a siam a hi (Kol 1:16). Pathian thu hin thuneina lopitak a nei ah, thil a hithei hi ti hi gingtute ginna khaikhawmtupen pakhat a hi. Pathian in a thu mangcha thil a bawlte leh mihiamte chung ah Pathianthu’n thil a hithei zia zilkhawm di i hiu.

2. Pathian thu chu bang a hi em?

(1) Pathian thucha mihiamte kiang ah gen, Pathian kipuanna, lekhabu 66, kum 1500 vel sung mi 40 vel in a zik uh lakkhawm, Pathian hatkhum ngei lekhabu thiangtho a hi (2Ti 16:17; 3:16). Kua’nle Bible hi Pathian thu a hi ngei hi ti a pawm chun, a thilhitheina le a pawm khawm ngal a hi.

2) Pathian thu chu Jesu Khrista a hi (Tpn 19: 13; Heb 1:3). Jesu Khrista chu mit ah muthei Pathian thu chu a hi, “thu chu taksa’n a hung chang

a, i lak un a hung cheng a” (Joh 1: 14). Zia Pathian thu chule Pathian a hi tho hi.

3. Pathian thu thilhitheina

(1) *A thu’n bangkim a siam*

a hi: Pathian thilhitheina kilatna lopipen pen chu, a thilsiamte apat hin a hi. Pathian in lei leh van leh a sung ah um zosia a siam hi (Thl 1). Zia a thilsiamte haw zosia hi a thu mangcha a siam vek a hi, “um hen” a ti leh um mai a hi (Thl 1:3). Pathian thu’n thil a hithei zia a kilang chian ma ma hi. Pathian in a thu mangcha thil zosia a siam bep hilo

in, a enkawl zawm zel a hi (Mat 6:26; Heb 1:2-3).

(2) Pathian thu chun hinkhua a sudanglam thei hi:

Pathian thu hin hinkhua sukdanglam theinakhawpthilhitheina a nei hi. Pathian thu hi a hing ah, a hiam bawh ah, hinna leh thagau, gutua leh theng kikhen khawp hial ah sun thei a hi (Heb 4:12). Pentikos ni ah Peter in thu a gen ah: Jesus Khrista hi kua a hi puandawna Judate kiang in a nei ah, Jesu kraws ah khetden a hi thute, a thawkitna thute, sual sim ding ah a tilkhona thute a gen ah, chun, Nasepte 2:25-28 tiang kha Thuthunglui pansan ah a gen a hi. Pathian thu laimugil pansan zel in thu a gen ah, mi 3000 gingu a hung kibelap ahi'u kha. Sawlchak Paul ngei kha le, gingu nasa tak ah sawisatu a lah hizing sek lai in Pathian apat thu a dawn phat in a hinkhua kilumlet in Pathian matchak lopitak a hung hi ta a hi (Nas 9:1-22).

Sawlchak Paul gual in kona a h'em, thu a h'em kidawng khel pua'na, maleh, eimau ah Pathian thilhitheina a hung kilat theina ding ah chun nisin in a thu ah i kituinu zing a ngai hi, zia tak chuleh siamthak ah ki-um intin, kihiatlosak theilo di hial khawp ah, muthei in i hinkhua'u hung danglam ngei ngei di a hi (2 Ko 5: 17).

(3) Pathian thu chun ginna ei nei sak hi:

Ginna i ti hi a law ah lawdaw thei a hi pua, pauchap nasat ziak ah nei ziang thei le a hi diak puai. Pathian thu i hiatna'u apat ginna nei thei bep i hi zawu hi (Rom 10:17). Paul leh Sila kiang ah suangkul vengpa'n "pute haw, hukdam ah ka um theina ding in bang ka hi diam" ti ah a dawt ah khan, sawlchak Paul in hukdam ah a um theina ding in "Lalpa Jesu Khrista ging in, hukdam in um in la" Nas 16:30-31 ti in kingakna ding Pathian thu ginna pawimawdan a lah khawkmua a

hi. Pathian apat i thildawtteu sukbutin a hi theina ding ah chun ama ah ginna ngat a ngai ah, zia ginna i nei theina ding ua chun Pathian thu ah i kibulphu'u ah, Bible ah thu ei tep piakte haw hi i pansat zel ding uh a pawimaw hi (Mat 7:7; Php 4:19; Sam 34:10). Zia zia chun, ginna dettak i nei theina ding un Pathian thu ah nisin i kituinu zel uh a pawimaw a hi.

(4)Pathian thu chun i bit theina ding in ei puihuai thei hi: “La thu hi ka kengte â ding in thaumei ahi'n ka lampi a ding in vak a hi” (Sam 119: 105). Mihingte hinkhua hi thimnuai ah khawsa gual i hiu, i masang ah bang i tuak di helawk thei kuama i um puau. Pathian thu tawh kituak ah kalsuan sekte chu a gammang ngai puau a, huitung tak in a tunna di mun uh a tung sek uh a hi. A chang leh i insung tawh kisai a h'em, mani mimal thil a h'em

ahiloleh i nasepna lam tawh kisai ah thupukna pawimaw tak tak lâk a kûl chang bang um sek ina, ziaphat chuleh i bawl khiallona ding ua ei kaihuai theitu, ei navak sak theitu chu Pathian thuhing hi a hi. Nisin i hinkua kaihuaitupen in mang thei leuhin a dawî um ma ma hi. Thimnuai ah thaumei vak hi mitthumte â di na tiang inle a pawimaw hi, amau in khua mu theilo maleu le, meivak a nei uh a hi chun, a chung ua midangte a tawikhial theina di lak ua pat in a bit sek uh a hi.

(5)Pathian thu chu i galthuam thupipen a hi: “Ei uh kigalvannate chu taksa thil a hipua'n, kulpi det takte phiatna ding ah Pathian thilhithei tak chu a hi zawi” (2 Ko 10:4). Thagaulam gal hi mit ah muthei hilo maleh, taksa bep hilo i thagau natiang thatthei gal lau um tak do zinglai i hiu ti hi hemil pua'i tiu (Mat 10:28). Kidona

phual (*battle field*) ah um i hui, i melma pa'u satan hi chawngalo in sakeibaknei kitum gual in a nek di hawl in a vak vel vel a hi (1 Pe 5:8). Zia chu a hi zinglai in, gingtu tam tak chu gal nei i hi lam lam uh le hepha keilo in i khawsa sek ua, bangti'n zotu hinkhua (*victorious Christian living*) chang thei di i hui em? Melma i do zaw theina ding un Pathian in matchak galvan thilhithei tak ei pia, zia chu chemjam hiamtua sang ah le hiam zaw hinna leh thagau gutua leh theng kikhen khawp hial ah sun thei a hi (Heb 4:12). Ahinla, banggual in galthuam pha nei lehin le a matdan i hiatlo uh a hi chun umzia nei diak pua'na. Pathian thu thilhitheina a hina gual tak ah i mat theina ding ua chun nisin Bible sim zing ah, ngaitua zui zel a pawimaw hi. David in "la chung ah thil ka hikhiallona ding in la thu ka lunggil in ka khawlkhawm hi" (Sam 119:11) a ti gual in,

Pathian thu'n i lungthim leh i ngaituanate luadim zing henla hileh, Jesu Khrista'n Pathian thu mangcha melmapa chung ah gualzawna a chan gual khan (Mat 4:1-11), ei hawn le zotu hinkhua dawi umtak chu chang ngei di i hui.

(6) Pathian thu chun zalenna ei tut thei hi:

Thutak chun suak ah kipat hun pawt sak ina" (Joh 8:32). Taksalam ah chun i zalen maithei, a hinla thagaulam ah vâng saltang i hithei hi. Saltandan chi chuam chuam a um thei ah, zu leh sa, khamthei tin cheng sal ah tan, kingaina sual ah tan, chapona sal, du-amna sal, huhamna sal, mani kingaisiatna sal, mani masialna sal leh a dang le um thei ina, zia haw zosia apat in Pathian thu thilhithei tak chun ei zalen sak thei hi. A thu chun i lungthim leh i ngaituana zosia luadim zing henla, a thu ah kaihuai i hitheina ding un Pathian thu hi a sun

a zan in i ngaitua ding uh a hi (Sam 1:2). “Suak hilo ding in Khrista chun ei thadawk tai; zia zia chun, ding det unla, suak ngawngkaw in tang kit ta kiu in” (Gal 5: 1).

(7) Pathian thu chun damna

bukim ei pe thei hi: Jesu Khrista lei ah a lenlai khan, a nasepte lak ah langsal leh pawimawpen pen pakhat chu damlo sukdamna nasep a hi. Chanchinpha palite (Matthai, Marka, Luka, Johan) apat i muthei chu Jesu’n kum thum sung na a sem (*ministry*) ah, mi 23 a sudam hi ti kichian tak in i muthei hi. Zia khêl ah chun Matthai 15: 29-30 na khan Jesu’n mipi tamtak a suhdam hi ti i mu’u, ahinla bangzat chet a hui vang a kizik puai. Tuni tiang inle zia sukdamna nasep hi Pathian in a mite mangcha’n in a sunzawm zel hi ti i hia’u hi. Jesu’n mi a sukdam hin mihiamte a hepi zia leh a khawtua zia bep a etsak pua, a

thilhitheina sukladna le a hi. Taksa damna, lungthim damnate sang ah Jesu Khrista’n a ngai pawimaw zawk, kraws ah a sukbutin thagau damna kumtuang dai di chu a hi. Zia chu a hi damna bukim Pathian thu’n ei kawkmuchu” ama ngei chun kraws ah khan a taksa ah chun i gitlonateu a pawtai. Ama beliamte zia ah sukdam in la um tau hi” (1Pe 2:24).

Pathian thu thilhitheina lopi tak mai hi nang leh kei in i mat phatchuam ah i hinkhua kaihuaitupen a hi theina ding in nitin a thu’n kituinu zing hitiu. A thu ah kipat in Pathian aw i he thei ua, zia i hiat theina ding ua chun Pathian tawh i kizawpmat zing ding uh a pawimaw hi. Rev. Vanlalzuata chun hiti hin a gen ah, *la phone la switch off a hi chun message dawng thei pua’nla*. Kithadalo in phatchuamngai tak in a thuthiangtho (Bible) sim in a aw ngaiven zing leu hin, a zal ah ei hawn le zia thilhitheina chu chang ngei di i hui.

KUMTHAK AH HINDAN THAK AH HIN

(1 Peter 3:10-12)

~ Rev. Thianginlim Vaiphei
i/c S. Munnuam Pastor Bial

“Hinna dawî leh nî phate mu nuam chun, thil phalo lak in a lei vêngpha hen la, a mûk le thepna thu genlo dîng in vêngpha ta hen. Gitlona kiheisan in thilpha bawl hen; chamna hawl in del pek hen. Lalpa mit chu midikte chung in a chu sek in, a nakhang le a pauchapnalam un a daw sek hi; ahi’n la, Lalpa mêl chun thil hi ’khialte chu, a do sek hi,” ti a hi ngal a.

Amasa’n Hinna vâk ah sua di thupi “Kumthak ah hindan thak ah hin” ti thupi zik thei dîng ah ei dawisaktute chung ah leh Pathian chung in kipak thu ka gen masa a hi.

Zia thupi sim zosiate thokit Lal Jesu min in Kumthak Chibai!

Tulai Khristiante lak ah zia hi a pawimaw’i. Leilung leh a sung ah thil umdan zosia ah Pathian thil bawlte ziak ah kipakna châng hiat hi malsawmna a hi. Hinna hi a petu â a hi gual in, Pathian vaihawmna nuai ah mat phat di a hi. Pathian in a siam ah, a enkawl zel a hi. Zia chu helo ah mâwk khawsak chu manthaina leh siatna a hi. Khrista ah thil bangkim a siam pha’n, a mite a hûkdawk ah, a umdan dîng uh vaihawm piak in dân umzia leh hepidan leh

lampi pha ei kawkmû hi en thak hitiu awle. Zia hun thak zel ah hin, a thak in kizil thak hitiu. Hinna hepi ah nî phate mu nuamtute â dîng ah chun zia hi a pawimaw hi.

1. Kum thak 2026 banggual hun ah mat di?

Kum 2025 sung khan banggual tak in hun la mang em? ti kawm in kinepna leh dawina ziak in thilpha bep ngâk in kumthak kipak-um tak 2026 chu i tung kit tau a hi. Khawvel buaina huipite’n

ei nuai vel in, sungkuan khat le kim tak ah kai dawklo ding ah kiginchâkna le a um hial sek a hi. Maleh, i Pathian phatna leh zangaina zia ah venbit ah um in kum bul chu i hung tung kit tau a hi. I chungua a thilbawl phatnate zia in Lalpa chu bang h'em i piak tâk ding le? I gitlonateu thupha chawi in, simna tawh kisîkna nei in Pathian in tuni tiang i hinnau ei hawi piak ziahte nungthîl in a dawidan ah hing ding in kilân thak hitiu.

Sam 90:12 na chun, damsung nite tiamdan zil ding ah dawtna i mu'û a hi. Ziagual hin Lalpa kiang ah i dawn seknau em? Mi zosia hin i hindan chu i kisiam vekua, i siamdan uh vâng chu kibanglo tak tak hi di a hi. Khawvel ah Pathian mi mat tâk leh lopi Paul chun, hunbi mang in Pathian a kihiahsak sek hi tî'n a gen hi. Nasepte 17 na kha i sim chun, i gam uh hinle zia hunbi Khristmas, Kumthak leh Good Friday ahte hin Pathian kipuanna thak, kochuam in i dawng zel ua,

halna hung kipatnate haw hile ziagual hun ahte hin a hisek tângpi hi. Mani ngei hile Pathian kiang in i kitiam sek uh a hi. Zia hunbi i nei uh chu i mangzo zing un, ziagual hunte hin eima ah bang ei tun em kingaitua thak hitiu.

2. Kum thak ah soal lak ah kivên phat

Bang zia ah soal lak ah kiven phat di a diam? Soal leh a kilâkna bul chu mani hi a hi sek zia in soal lak ah kiven phat di a hi. Ziate lak ah chun kam apat pawt chu mihing subuaktupen hi'n a kilang hi. Soal suhpung chu kam a hi zing sek zia in thugen ah pilvan di a hi. Zuau leh thepna zia in siatna a tung sek in, thu phalo zia in kidona le a tun sak thei hi. Mimal chiat in panla hitiu. Eima kiven phat hi a phachuam pen sek hi. Midangte mawchansak ah, phat law guat hi a felpen a hi diak pua'i. Hinna hi ama in a mawk siat thei pua'n, soal piandaw saktu hilo hih thil phapen chu a hi. Kilunggualona leh siatnate

hi mani masial zia k a hi sek in, thuphalo in mei gual in a kângse sek hi. “Thina mansua ah kâng tina a hi.” Zia chun a gennawp chu eima ah kângsia, midangte le suhsia kit. Zia zia k chun, hinna hepidan pha chu soal kipatna hilo ding ah eima kivenphat zing hi a hi.

3. Kum thak ah soal nusia ah thilpha bawl

Kum thak 2026 sung ah hin gingtute chitthei a pawimaw’i. Soal in mi a nai sek in, kivên mai a huntâwk pua’n, nutsia di a hi. Chun, nutsia mai chu phatna a tingzo pua’n, thilpha bawl a pawimaw hi. Haisan lam panglo ah nutsia mai chu a hâwm ahia, a siatbe diak sek hi. Nutsia leh sep nei a ngai hi. “I umna ding ua siam” a hin, zia chu tunglo ah um chu a lawting ngai pua’i. Sim minpu ding ah gâ a phût sek hi. Hinpi takzet a ngai in, a tak chan sak di a hi (Mat 12:44,45). Bang la hi em? Khristian hinkhua chun simna leh hinkhaw thak a lang in, thilpha bawl chun a hinkhua pumpi a siam sek

hi. Hinna hepidan lampi chu soal nutsia ah thilpha bawl a hi mai hi. “Kisuthiang inla, hawitak in kichei in” ti gual a hi. Chun, thilpha bawl hi soal nutsia theidan lampi chu a hi. Soal lamkhat ah haisan mai hi a huntawk pua’n, gingtu bawl di thilpha bawl a pawimaw hi.

4. Kum 2026 sung ah chamna hâwl leh del zel hi hin thak neina lampi a hi

Kum 2026 sung ah Khristiante’n chamna chun kilâwm leh mâm leh detdo a tâklang hi. Gingtu umdan ah Pathian leh mihing lam ah kituak tak ah kibûktuak a pawimaw ah, Pathian tawh kizawpna leh midangte tawh kipumkhatna a khâikhâwm gêl gêl hi. Zia laitak ah chun chamna chu del zel a ngai hi. Kisiampaha kawm ah kipiak hi a pawimaw hi. Mawk ngâk mai chi a hi pua, kaldaw ziang chi le a hi pua, hâwl leh delzui zel a ngai a hi.

Midang tawh kikâl ah kilemlona zosia paimang phal ah lemna siamtu hi zel guat di a hi. Kilemlona leh buaina him

him chu mani masial ziaak a hi tângpi sek hi; midang phût sâng in mani ki-en ah kisiampnat masak zel sek di a hi. “A thei hâm chun nangma lam ah” a ti kha. Midang dawisakna nei ah thawk huam ah kipiak hi lemna siamtu a hi. Lopi zawk kichu kâwm ah gendaw chi a hi pua’i. Lemna chun midang a tungding ah, a siampna sek hi. Hawlu’n la, del zel un. Zia kum thak ah hin bangkim kihuam in hâwl vek leu hin, chawlo ah i del zel chun mu ngei ngei di i hui.

Unaute haw, hun thak hung kihei dawk zel ah hin, eima lâwkna leh limna di bep ngaitualo in, Pathian nasep leh a kaihuaina chu en zaw hitiu. Khawvel lam ah i tâi nasau ah, i lim sawt diak puau. Tisa nawpna i del ua, i lim diak puau. Khawvel lam ah i kihei nasa tau ah, hinna hepitu â ding ah chun, a petu dawidan zui di a hi. Ni pha mu nuamte â ding ah chun, eima leh hun mat phat di a hi. Midangte kângsetu hilo ding ah kivên a pawimaw ah, thilpha bawl ah midangte â ding ah sep a pha’i. Midangte leh Pathian tawh kikâl siampna ding ah kalsuan zel a pawimaw

hi. Tu hun ah hin le, i hotu Lalpen Jesu Khrista nasep leh a thupiak chu zawm in, hinna thak in hing zel hitiu.

Hun hi *tape recorder* gual in a kipei zel ah, kum lui *roll* a tâwp khan bang a hung record khum em? Hêkdaw kit la ngam diam? Tu hin la hinna record chu a chia zing in, lim latu gual in la mêl a lâk chu banggual hi ding in la gingcha em? Vânlam pêngkul kut hung tung di a hi. La hinkhua ah Lalpa thilbawl chu banggual ah sukat a hi sek em? Kumtuang ah kipâwl khawmna ah chun, kikhawmpi thiangtho ah vaihawm ding in la hinna chu bang a hi em?

Pathian puina zal ah hun thak i tun uh hi kipak ziang hin a huntawk pua’i. Pha tak cha mang zel ding ah kisîngsak a pawimaw zaw a hi. Hun chiasa haksatna leh thil phalo zosia chu nusia in, i thawkna leh beidawnnate, kisîkna di thilte chu tâwp henla, lungthim thak tawh kumthak chuang gâlkai ding in kisîngsa zel hitiu.

Kum thak 2026 ah hin thak ah hing thei ding in Lalpa’n a thu malzawl ta hen. Amen.

KIPUMPIAKNA

(Rom 12:1-2)

~ Rev. Thanglianlal
i/c New Lamka Pastor Bial

Thumapui: Rom bung 1 apat bung 11 kikal ah hin Paul in, Khristiante thugin pawimaw takte a hung gen zaw in, bung 12 ah kipat in practical ah gingtute hin didan lampang a gen hi. Gingtute chun Pathian thu hiat bep hi a huntawk pua, a thu hiatteu chu a tak ah hinpi ah kalsuanpi ding a hidan a kilang hi. I Bible chângtel ua, Paul in, “zia khawvel dan gual ah hin um kiu in la, Pathian dawigual, a pha leh pawmtak... la lungthim uh siamthak ah um in hung danglam zaw tau in,” a ti hin, gingtute chu, Pathian â ding ah kipumpiak ah, taksa lat hi a bawl ding ua kilawm bep hilo, a bat uh a hidan muthei a hi.

1. Pathian zangaina i chan ziak ua a ma â ding ah kipethuk di i hiu

Paul hinkhua pumpi hi kipumpiakna hinkhua a hi suak ziang hi. “Pathian zangaina” a muchian ah, Bangkim kihua ah Pathian nâ a sep theina le Pathian zangaina ziak a hi ti a hiat ziak in, chân a kûlna mun ah a chân ngam ah, thawk a kûlna mun in a thuak ngam ah, Jesu min ah thi tiang hial le thawk a kihua hi (Nas. 20:24; 21:13). Gingtute i

kipumpiakna di ziak leh bulpipen chu Pathian zangaina i chan ziak a hi ti hetmillo di a hi. Sam ziktu chun, Pathian phatna thuk kit a nawp zia hiti’n a lah gen a, “Ka chung ah a thil bawl phat zosia ziak in, Lalpa kiang ah bang a h’em ka piak thuk ding...” (Sam 116:12-13) a tia, Paul in le, hin hi khrista â a hi ti muchian in, “A hingte chu a mau â ding ah a hinlo ua, a sik ua thi’ thokitpa â ding ah a hin zawkna ding un mi zosia sik in a thi tai” (2Ko

5:15), a ti a hi. Lal Jesu'n thi khawp hial ah ei hepi ziaak ah a hung kipiakna chu i taksau lân in i dawnhu thuk kit ngei ding uh a hi.

Lalpa'n kumthak ei pui galkai ah, mi tamtak in zia kumthak hi mu manlo in ei lah mualliam san ta, eimau hawi ziaak leh phat ziaak gen di bangma i neipua, Lalpa zangaina ziaak bep ah chan lopi tak chang i hui ti hemil puai tiu. Kum Lui ah i hun matdante, Pathian na i sepdante, i kimatchakna kawng chuam chuamte duthu a sâm zawlona, kisik umna tampi um ngei ina. Himaleh, hun liamsate kokit in i suhdanglam thei ta pua, eima ki-etthakna'n mang in hun thak ah hin panlak zawkna'n mang leuhin a dawi-um hi. Lalpa'n i hinnau ei zawpsau piak naklai ziaak hi thildang ziaak a hi pua, Ama â ding ah ki-mangtam ding ah ei dawi ziaak a hi. I hinkhua matdante, bangkim i bawl zosia ah Pathian hepina hi a têtuaakna'n mang thei leu hin, a ma â ding ah i kipiaknau le sang diak in tin,

Pathian nâ le a tamzaw sêm dawk thei di i hui.

2. La taksau chu kithawina hing ah lân un

Paul in, "Kithawina hing leh Thiangtho Pathian pawmtak ding in la taksau chu lân un" a ti hi, Thuthung Lui hunlai ah gancha that ah kithawina a lat sek uh kha tekhinna mang in, tuhin vang a thisa lân talo in mi a hinglai ngei lân ta un, a tina gual a hi. I damlai taksau hi eima â ding ah mangtalo ah, Pathian â ding ah mat di a tina a hi. Ziagual ah chun, "Thiangtho" ti umzia hile, a Lui ah chun gancha demna bei leh rawng kihel pawllo a lat sek gual un, Pathian â ding ah kisuhthiangtho ah eimau ah nungchang dik put tâk di a tina le a hi.

Unaute haw, Khrista zal ah hinthak neitute bawl ding ah a gen masatpen leh a pawimawpen bân ah thildang zosia khaikhawmna chu taksa lat hi a hi. I Bible in taksa a ti hi, mihing pumpi (Taksa, lungthim leh thagau) genna a hi (1Th

5:23). Khristiante chun, a taksa pumpi chu Pathian â a hi ti a hiat zia in a taksa, lungtim leh thagau chu Pathian nâ a sepna ding in a pedawk sek hi. (1 Ko 3:16; 6:19). Taksa ah i thilbawl zosia- Office ah sepna, dawr kaina, School leh College ah zilna, Workshop ah sepna, Lo kuanna, Govt. nasepna, nisin kilawfana, na lian leh na neu a leng in Pathian biakna i chansak vek di a hi. Pathian biakna i tiu hin a huap lian a, khawvel hinkhua i thilbawl zosia hi a huap suak a hi.

Kumthak ah hin Lalpa thu gual zel ah um ding in ei uh le kipedawk kit hitiu. I thawk di leh i chên di tamtak um ngei di a hi. Himaleh, Jesu nu Mari kipumpiakna hi entawn hitiu. “Lalpa la suaknu ka hi, la thu gual gual in ka chung in tung hen” (Luk 1:38) tî’n a lungthim pumpi hawng in a kipedawk hi. Mari dinmun hi thil haksa tak a hi. Pawsal nei masang ah gâi kiti chu Mosi Dan gual in suang ah selup thei a hi. Ahinla, a hangsanna leh mualpho ngamna hi a

ettawn tâk khawp mai hi. Mari kipumpiak gual ah hin ei uh le kipumpiak ngam leu hin Lalpa’n ei mang nuam a hi. Khawvel thil tak in le i thu mangtute chu dawisakna i pe sek ah, ziagual chun, Mari’n Pathian thu a matna zia in “Khangthak zosia’n mi vangphanu ei tî’nau” ti a kilawdaw hi. A châng leh Pathian thu zawp haksa i sak chang le hung um sek di a hi, ahinla, a min zia ah thawk i kihuamnate chun eima lam leh midangte tiang in lawkna thupi tak a tut ban ah, a Thagau Thiangtho chenchilna le i chang sek hi. Gingtute leh Khawvel mite kidanglamna chu Lalpa dawidan taphawt Amen! ti thei zel sekna hi a hi.

3. Bangtik ah le Pathian mat ding ah kipia’itiu

Mithiamte chun Kumbul January ni 1-7 sung hi Virgin Day tî’n a lah gen ua, zia hun hi uluk tak leh thiangtho tak ah mat di a tiu a, kumbul ah nupan kinaklo di, lawi leh pai leh sepkhawmpite tawh kisuklungnatlo di tite leh thil phalo dangte bawlo di a tiu

ah, a kisûm hâm hâm sek u'i. Gingtute chun, Kumbul bep hi ngai pawimaw di a hi pua, kumtawp chan le hilo, i damsung hinkhua zosia hi Lalpa dawigual bawlina ah mat di a hi. Khawitak mun hileh, i nisin hinkhua i kimatchakna zosia ama dawigual ah mat zel di a hi.

La phuaktu'n, "La hun suhthiangtho in la, Lalpa â ding in mang in" a ti gual in Pathian dawigual in i hunteu mang phachuam leu hin kisikna neilo ding i hi. Pathian in mi zosia kiang in hun mantam ei pe chiat ah, a lian a neu, mi hausa leh mi zawng, mipil leh mi mawl kuama a chang tam leh a chang tawm ti um chuamlo in kibang tak in hun pha ei pechiat hi. Kum thak ah zia hun a thawn ah i dawnteu hi mat thiam kizil in a phachuam thei dipen in mat gaw chiat leuhin a dawum hi.

Khawvel mun chuam chuam i et chun, kidona leh siatna huaise tak tak a tung zing hi. Tuma deu (2025 November

tha) ah khan Nigeria gam ah Khristiante mi 1000 vâl huaisia tak ah pawng tha a lah hiu. Delhi (Red Fort) mun ah le tunaicha khan, migilote'n Car bomb a sukpuak ua mi 10 vâl in thina a tuak ban ua, mi tamtak a kisukha baw k u'i. Sakhuana lampang inle, India bep hilo gam chuam chuam ah Khristian Sakhua huatna a pung nasa, sukgetheina a tam deu deu hi. Lal Jesu'n, "Sûn a hi petcha hin ei sawlpa na ka sep di a hi; zan hi di ei tai, zia phat chuleh kuama'n na sem thei ta puan au" (Joh 9:4), a ti gual in, khawvel hi a pha ta pua, hun haksa i palto deu deu ta, Lalpa â ding in kimang nuam tun-tun leu hinle i kimang theitalo a hi. Paul in, "La hindan uh chu mingawlte gual in um kiu inla, mipilte gual in pilvang tak in um zaw tau in. Nite hi a phat tâklo zia in hun lemchang a tam theipen hawl zing un..., " (Eph 5:15-17) ti'n ei lah gen hi. Zia zia chun, i hun pha neisunteu a tam theipen Lalpa nasepna mang in, thilpha bawlina'n mat gua'i tiu. John Wesley chun, "La theidan lampi zosia'n, la theina mun zosia, la thei

hun hun ah, la bawl piak thei taphawt kiang ah, la theina tiang tiang in, thilpha la bawl piakthei taphawt kiang in thilpha bawl piak sek in” ti’n uag tak in bang tik hun ah le thilpha bawl di chimchaklo ah bangtik lai ah le thilpha bawl ding ah kimansa um zing di a hidan a lah gen hi.

Pathian â ding ah i kipumpiakna daltu liantak chu, eimau ah gitlona umte hi a hi. Gitlona hin ei subuai a, ei suhchautu leh Pathian ei gamlat saktu’n a pang kha sek hi. Hebrai ziktu chun, “Ei suhnawkphak leh i chung ua bek zing gitlonate paitha’i tiu.” (Heb 12:1), a ti gual in, gitlona chuam chuam, Pathian dawilo, Thagau Thiangtho huat zawng leh Pathian ngaimaw thil i kawlteu hi paitha’i tiu in Pathian â ding in kisuhthiangtho in kipedawk

thak hitiu. Sual apat zalenna chun, hinkhua zangkhaina, kipakna leh limna ei pia’ntin, kipumpiakna tawh Lalpa na chu sem thei di i hi.

Thukhakna: A tawppen ah chun, kipumpiakna ti hi a mai mai a hi puai ti hetchian a pawimaw hi. Thina leh hinna kikâl ah thupukna siam tawh kibang i hi ziak in mawk ngainep thei di gual a hi puai. Pathian â ding ah i kipumpiaklo chun, setan â ding ah kipumpiak kihi mai di a hi. Pathian zangaina dawngtute i hi tâk ziak un, kipak thugen ah i thil neiteu bep hilo i taksau pumpi hi Pathian â ding leh a matchak ding in i piak phal diu a hi. Kipumpiakna hinkhua kiti chu khatvei kipiakna a kichai ziang hilo in, nisi’n i dawitelna ngei ua kipiak zel zawkna ah kinga di a hi.

“La makhua ding gelchian theilo ah, lungkham leh lungthim buai tak ah la um phatleh a nung la zui, la masang ah a la chia masa Pa kha en in, Ama’n nang â ding ah lemguatna fel tak guatsa a nei sek hi”

~ *Brittany Moses*

KHRISTIANTE BUAUPI DI DIKPEN

~ *Tv. Donglalmuan*
Pillangkata

Khristian ginna hin Biak In dai-up sung ah a h'em, Pathianni biakna bep a huap puai. Hindan a hia, gingtute ngaituana, tawidan leh khawvel thil tak takte dawnhudan siamtu a hi. Khrista zui ding ah kona hin mihing hinna lampi zosia ah - khawtâng, sum leh pai, politics leh thagaulam thil ah mawpuakna a huap a hi. Zia tak mun ah diktak ah hin chu khawvel seta leh diklo lak ah Pathian hepina, dikna leh thutak latsakna a hi. Jesu'n, "Lei chi leh khawvel vâk la hui hi," a ti gual in (Mat 5:13-14). Zia hin Khristiante chu Pathian lopina di leh mihingte phatna di hinna lampi zosia ah gasua ding ah ko a hui tina a hi.

1. Khawtâng hinkhua: Hepina na leh vaihawmna dik hinpi

Khawtâng hinna ah chun Khristian gingtute chu hepina, dikna leh lainatna ah ki-unauna siam ding ah ko a hui hi. Tulai khawtâng hin haksatna tamtak a tuak ah, ziate chu kikhen chuamna, numei leh pawsal kikal ah thagum suana, chi leh nam kikhendanna, gentheina leh khawtâng kikal ah buainate hi a hi. Zia thil tamtak kal ah hin Khristian mitinte hi

Pathian melpu ah siam i hi zia un (Thl 1:27), za-umna, za leh ngaisak a phuu ti hiatthak sak zing sek di a hi.

Jesu ngei in mi gentheite, phâk, numei, sedawltute leh Samari mite-khawtâng ah musit ah umte tawh kithua in khawtang ah kikhendanna a suhbei a hi. Samari mipha chanchin ah (Luk 10:25-37) Jesu'n invengte hepina chun nam, sakhua leh kikhendanna gamgi a pumpel hi ti a

latsak a hi. Zia zia chun, Khristiante chun mi zosia huapzo hepina a nei uh a ngai ah, pâmpai ah umte leh sukgenthei thuakte tawh dinkhawm di a hi.

Etsakna'n, India gam dinmun ah chun Khristian gingtute chun nam chuam chuam kikhendanna dodalnate, numei leh pawsal khenchuamlona te, leh sungkuan sukgentheina a h'em, mihing zawkna (*human trafficking*) a h'em tuakte panpi in khawtâng dikna (*social justice*) a suhpung thei uh a hi. Kochuam hin khawtâng hinkhua phatna lamkai ah zilna, hisêlna etkawlina leh naupang nu leh pa neilo etkawlina leh kisiampatna programme phachuam tak mai ah mang in a sem thei a hi. Sakhaw dik tak chu Jakob 1:27-in ei hiatsak gual in, "Chaga leh meithaite chu a lungkham lai ua etkawl di" ti hih a hi. Etsakna'n, kum 1900's lai vel ah India gam ah missionary pakhat Amy Carmichael chu hangsan tak in naupang numeite

chu Devadasi chawndan (*numei naupang Hindu te'n temple ah nasem ding ah a latdaw teu*) ah kipat a lah hukdawk a, Pathian cha a hiziau a taklang a hi. A nasep chu Pathian ma'ang ah mi zosia lulna a kibatdan leh Khristian ginna hiatpitu a hung hi ta a hi.

Zia khêl ah chu, Khristiante chu nam a h'em, khawtâng a h'em kikal ah buaina a um hun ah chamna siamtu (Mat 5:9) hi ah ngai a hui. Jesu'n ngaidamna leh kipumkhatna ettawn di siam in, kichamna siamtu gual ah a tawi ding uh a hi. Zia zia chun, gingtute khawtâng mawpuakna chu, lungsiatna leh hepina bep hilo in, hepina leh dikna mangcha ah khawtâng hinkhua sukdanglam hi a hi.

2. Sum leh Pai lam: Ginum tak ah etkawl leh Vaihawmna dik

Sum leh pai lam hi Khristian hina kilatsakna di mun a hi. Bible chun thil zosia hi Pathian â a hi ti chian tak in ei zilsak ah: "Lei leh a sung

ah thil um zosia hi Lalpa â a hi,” (Sam 24:1). Zia zia chun, gingtute hi neitu hilo in enkawltu a hui- Pathian thil neite enkawltu i hui.

Ginum tak ah enkawl ti umzia chu eima hausakna, thiamna leh hun lemchangte chu mani masialna bep ah mat hilo in, midangte phatna ding ah mat tina a hi. Tulai khawtâng hin chu lawtinna chu thil nei leh hausakna mangcha in a te sek ua, zia chun, du-amna, nekdukna leh matsualna a tut sek a hi. Khristiante vang chu ziagual thepnate dodal ding ah ko i hui, sum leh pai lam ah a kikâl ua ginumnate, diknate leh thilphalnate nei ding ah ko a hui. Thupilte 11:1 chun, “Lalpa chun tena diklo chu a hua, tena dik chu a kipakpi lam tak a hi,” ti in ei hil a hi.

Nasepna mun ah chun nasemtu gawitute chun ginum tak ah a etkawl ua, law diktak a piak ding uh a hi. Khristian nasemte vang chun, a sepgimnau hin Pathian a chawihawi hi ti hia in taima tak ah a ha sep ding

uh a hi (Kol 3:23).

3. Politics lam: Thutak leh vaihawmna thuhetu

Politics hi ginlana tawh i thil zing sek ua, maleh, Khristiante chun zia dinmun hi a ngaidau thei puau, vaihawmna hin mi zosia hinkhua a sukkhak zia in, Bible chun gingtute chu “Khawpi vangphatna hawl” (Jer 29:7) leh “vaihawmtute thunuai ah um” (Rom 13:1) ding in a fui a hi. Maleh, thuneina nuai ah kituklut ti umzia chu thipbekcha diklona pawm tina a hi puai. Malai zawlneite gual tho in gingtute hi khawtâng ah Zawlnai Aw a hi ding uh a hi- thuneitute kiang ah thudik hangsan tak ah gen, sukgentheina leh mihing kibatlonate maitua.

Khristiante politics ah kimang hi party ngainatna lam hilo in ei gingtute â ding ah chun i ginnau taklatna panmun khat a hi- dikna, lemna, thutak leh lainatna a hi. Gingtute hi vaihawmna pha, fel leh chian, leh mi dinmun nuainung zawte

humbitna di dan siam ding ah ko i hiu. Etsakna'n, Khristiante chu vote khiakna ah te, campaign-na ah te, a hiloleh dân siamna ah te a pang uh chun, mimal a h'em, nam lam a h'em duhthusam sang in Khrista ziltin in a kaihuai ding uh a hi.

India gam dinmun, nam thil ah politics chiapi (*communal politics*) leh nekjukna ah kigawlna mun ah chun Khristian gingtute hi ginumna lam ah ettawn thei a hi ding uh a hi. Sakhua zalennate, mi zosia zil theina te, nasep zâ dante a genpi thei uh a hi. England gam ah William Wilberforce gual puitute chun, a Khristian ginna ah kipat zildawk saltanna dotu chun ginna kaihuaina nuai ah politics lam ah kizawp matna chun namte a suhdanglam thei hi ti ei hiatsak kit a hi.

German Pastor Dietrich Bonhoeffer chun hangsantak in Adolf Hitler sawlkar chu a dodal a. A thugen hin tuni tiang in gingtute a tilkho thak a hi:

“Thil sual ma-ang ah thip tak ah um chu sual a hi”

Jesu ngei inle Pathian vaihawmna diktak ah zungkai politics ah chia didan (*political awareness*) a latsak ah- sukgentheina chi chuam chuamte chu a dodal ah, sukgentheina tuakte â ding ah zalenna a puang a hi (Luk 4:18–19). Zia zia chun, tulai ah Khristiante hin politics ah kipat ah pawtdawklo in, thutak, kingaitawmna leh Lal nasepna mang ah sukdanglam a ngai a hi.

4. Thagau lam: Pathian tawh ginna leh kichanauna thûkzaw

Khawtâng, sum leh pai, leh politics thil bawl hi a pawimaw mama lai in, zia zosia chu thagaulam suangphum dettak ah kipat ah hung pawt chiat di a hi. Gingtu leh Pathian kizawpmatna hi hinna lampi zosia â ding in pilna, hiatna leh kaihuaina bulpi a hi.

Thagaulam ah khanletna chu mimal kipiakna kipat ah kipan a hia, nisin pauchap, Pathian thu

sim Pathian tawh kipawlna. Jesu pauchap ding in a chuam in a pawtdaw k zing sek a hi (Mar 1:35), ziagual tho ah chun a nungzuite le a pawtdaw chuam k zing sek ding uh a hi. Khrista tawh kizawpna hing neilo chun khawl nungchang leh thagau lam ah a haksatna kal ah dingdet thei a hi puai.

Thianthona hi thil pawimaw dang a hi. Peter chun gingtute chu, “Thiangtho un, kei le ka thiangtho ngal” ti in a fui a (1 Pe 1:16). Zia hin hindan lampi zosia thianthona, kingaitawmna leh thutak ah a hin di a kaw k a hi. Umchan diklona, ginumlona leh du-amna ah dim khawvel ah hin Khristiante chu danglam ding ah ko a hui- a hindan uh leh dawitelna ah latsak ding in ko a hui.

A tawppen ah chun Khristian thagau hinkhua hi a mission lam a kaw k hi (*missional*). Mimal Pathian ngaisakna ah a tawp pua, thilbawl in a luangdaw k zaw a hi. Thupiak lopi (Mat

28:19–20) chun gingu tinte chu Chanchinpha hil di leh Pathian hepina hiatpitu hi ding ah a ko hi. Thagaulam ah gingu piting chun ngilneina, ngainatna leh Lal nasepna thil hi mangcha in midangte le a chial daw k a hi.

5. Khristian Hinna Pumpi

Khristian hinna hi mun chuam chuam ah khen thei a hi pua- khawtâng, sum leh pai, politics, leh thagaulam a huap vek hi. Mi zosia hi a kizawm chiat a hui ah, Pathian tawh mi pakhat kizawpna apat in a luangdaw k vek a hi. Ginna hin gingu hinna pumpi a siam di a hi- mi pakhat in midang a etkawldan, sum a lawdawdan, khawtâng hinkhua ah a pandan leh Pathian a biakdan.

Kawng bangkim ah “diktak ah thil hi” ti umzia chu:

- *Khawtâng hinkhua ah:* Mi zosia Pathian cha gual ah hepi leh pawm.
- *Sum leh pai lam ah:* Dik tak ah thil hi te, thilphal tak ah kihawpzakte, leh thil neite pilvang tak ah matte.

- *Politics lam ah:* Thutak leh diktak ah hin di, nekgukna leh sukgentheina dodal.
- *Thagaulam ah:* Pauchapna, thianthona leh mission ah zungkai hinkhua nei di.

Mikah 6:8 in a khaikhawm gual in:

“Aw mihing, a pha kiti chu a hun hil tai; Lalpa’n nangma a hun phûtna chu, diktak ah bawl leh lungsiatna ngainat ah, thunuaigawl tak ah la Pathian tawh kitawn hilo a hem?” a ti a hi.

Tawpna: Khristiante hi hepina, dikna leh kingaitawmna tawh hinna ah hin khawtâng

hinkhua hi a phalam in a pui sek hi. Du-amna, kikhenzakna leh nekgukna ah dim khawvel ah hin gingtute hi kinepna leh ginumna ah ettawn tâk ding ah ko i hiu. Paul in Kolossa 3:17 ah ei hiatnawn sak gual in “i thil hi tapo, thugen a h’em, thil hi a h’em, ama ziak in Pa Pathian kiang in kipak thu gen kawm in, Lalpa Jesu min in hiu in.”

Ziagual ah chun, gingtute chun Khristiante’n hinna lampi zosia i maitua didan uh diktak chu Khrista zilsakna diktak gual ah hin- ginum tak, hangsan tak leh lainatna tawh mihing hinkhua zosia ah Pathian vâkna tut piak hi a hi.

Khristmas ah hin Khrista chu la gêlpha na em?

Tumasang deu ah khan, University thupi deu mai khat ah Psychology Professor pakhat chun a student mi 40 te chu patep ding ah a kisa. “Khristmas” ti thumal hi zik un a tia, tichun a zik vek tau a. Tuhin zia “Khristmas” ti thumal zaw ah chun zia ni tawh kituak in la lungthim un bang a hung kilang masapen em, a kilang masapen pen chu zik un a tia.

Chawmkhat zaw ah paper-te chu a lakkhawm zaw in a en ah, ziagual hin “Khristmas” thumal chu a belap ui: **‘tree’, ‘presents’, ‘turkey’, ‘holiday’, ‘carols’, ‘santa claus’** tite in, kuamacha’n **“Jesu pianni”** ti ah hung zik a um puau.

Khualbûk a chan zawlo gual ah khan tulai hinle Khristmas matna hin mun a chang zo talo a hi.



WOMEN EMPOWERMENT AND UPLIFTMENT PROGRAMME

Ni 6 November 2025 in Hill-Town Presbyterian Kochuam Hall ah PWF guanggalna One Day Program on Women Empowerment and Upliftment Programme (WEUP) chu lawtingtak in mat a hi. Zia hun ah hin Tangphai Provisional Synod huapsung ah Pastor Bial a tamzaw apat in KNP member 200 vâl a kichiakhawm thei hi.

Resource Person leh Topic:

1. Pi Chinlianhat, Manipur Finance Service:
Economic Empowerment (Financial literacy, Entrepreneurship, Livelihood Opportunities)
2. Nk. Manjulie, D. Th. Researcher ATC:
Awareness of Laws and Policies Supporting Women’s Rights

**KNP VAIHAWM KIKHAWP 10-VEINA
2026**

A mun : D. Khawzim Kochuam Biak In,
D. Khawzim Pastor Bial
A hun : Ni 27 February 2026 - Ni 1 March 2026
Thupi : ***“Pauchap thil hitheina”*** (Esther 4:16)

NAUPANG SUNDAY SCHOOL **KHRISTMAS CAROL - 2025**

Programme

A hun : Ni 19 December 2025

Puitu	: Asst. Superintendent i/c NSS
Pâkna Lê	: NLB 84 (<i>Kumsûl liam nung</i>)
Pantu	: Sacrament Department
Lapawl	: Intermediate Department
Special Item	: Primary Department
Solo	: Sacrament Department
Bible châng gen	: 1. Beginner Department 2. Junior Department
Lapawl	: Senior Department
Thugen chawm	: Kochuam in guat hen
Lâ sak khawm	: NLB 76 (<i>Ngai un vân mi tângsap chu</i>)
Hun khakna	:
